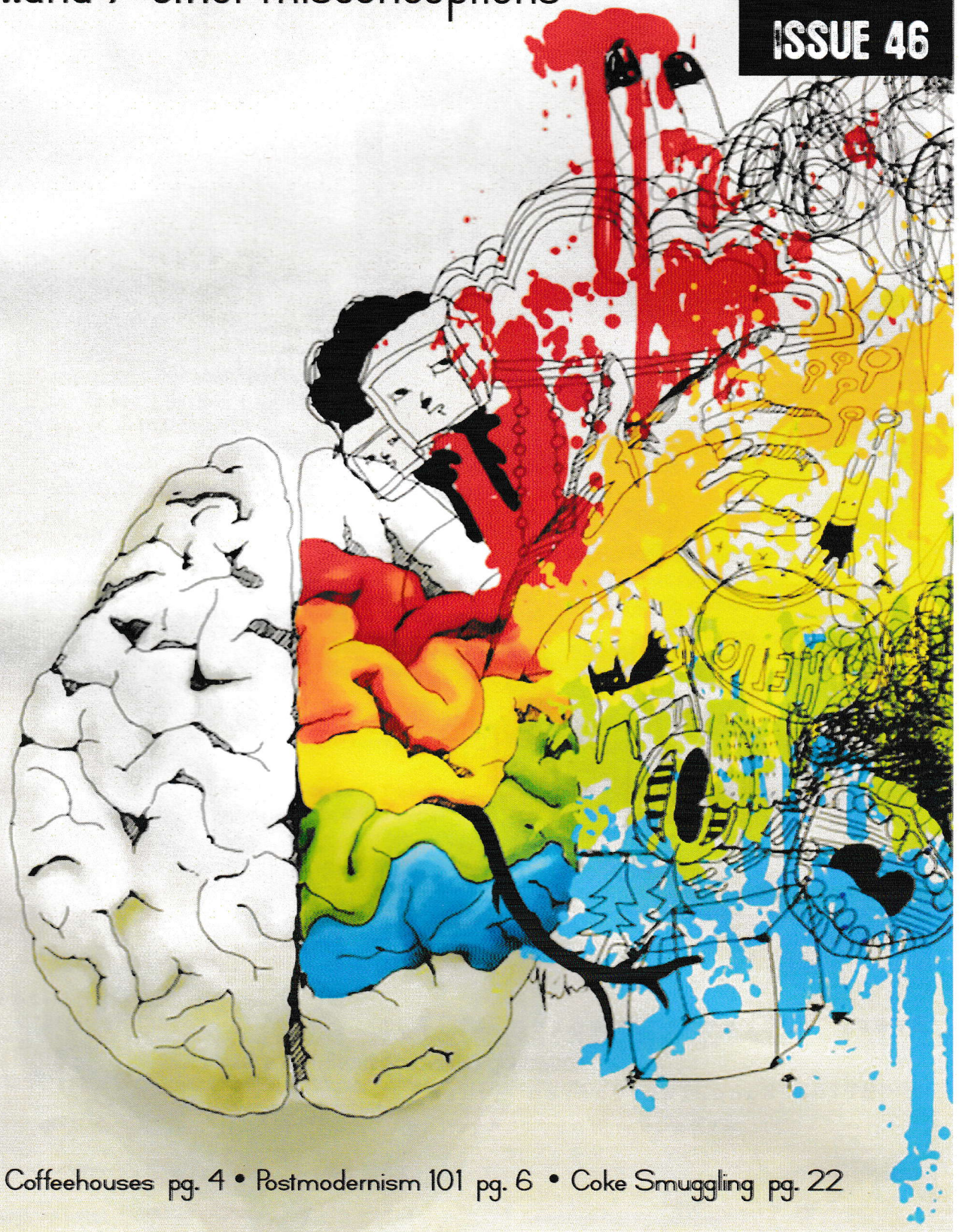


Christians Don't Believe in Science

...and 7 other misconceptions

Pg. 12

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ISSUE 46



Jesus Fellowship of Believers
 an intentional christian community

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SERIOUS
 CHURCH FOR
 SERIOUS
 CHRISTIANS

SUNDAYS: 10:30AM • WEDNESDAYS: 7:00PM

Just 2 Blocks from UW-Stout. We're the campus Church.
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Street Level Ministry at UW-Stout Presents:

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 LUKE**

FRIDAY
 APRIL 29
 7:00 PM



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 FREE LIVE MUSIC

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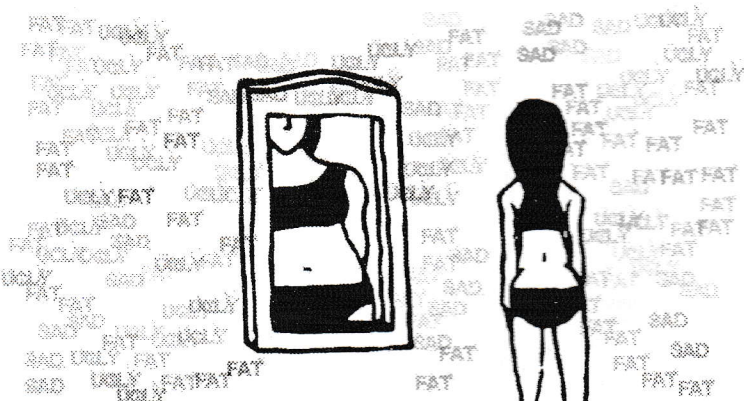
THE BLIND MUNCHIES
 MUSIC & COFFEEHOUSE

www.theblindmunchies.com
 streetlevel@uwstout.edu
 621 wilson ave., menomonie



A New Creation

addiction recovery program



WHAT DO YOU SEE...WHAT IS THE TRUTH?

Every Thursday Evening At 7pm

Blind Munchies Coffee House
 621 Wilson Avenue, Menomonie, WI
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BAR 101.7 FM



Support Local College Radio

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www.streetlevelministry.com/burningdogradio
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Christians Don't Believe in
Science
 ...and 7 other misconceptions

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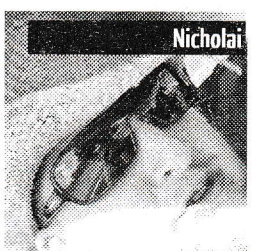
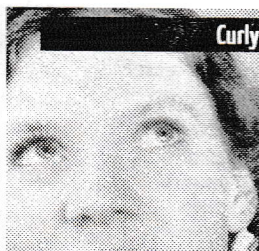
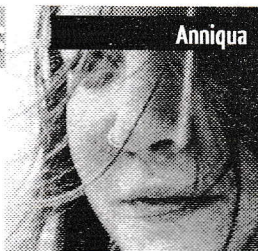
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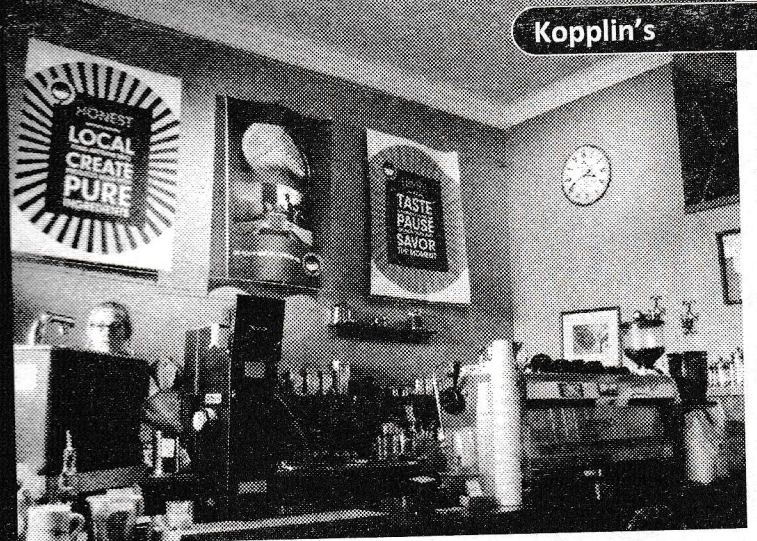
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christian student organization

STREET LEVEL MINISTRIES
 menomonie, wisconsin UW-Stout

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wotsmagazine@gmail.com



Kopplin's

4

The Blind Munchies Coffeehouse crew, made up of volunteer baristas and *Word on the Street* magazine writers, spent a full day exploring the Twin Cities in search of fresh ideas and inspiration. We found that the lively metropolis has a lot to offer when it comes to quality coffee, charming décor, and amiable service. Here's a sample of what we encountered on our tour.

Nina's Coffee Café

The hiss of steamed milk, clack of laptop keys, and hushed conversation form the initial scene in Nina's Coffee Café. Exposed brick and high ceilings give Nina's (pronounced "Nine-ah's") an air of sophistication. Mustard yellow and candy apple red walls dotted with original canvas art provide both dexterity and warmth for her quiet customers. Old and new combine through the use of modern track lighting in contrast with rustic, wood floors.

Ideal for writers and young professionals, Nina's provides the necessities: fresh coffee and thinking space. Soft music blended with the steady drip of coffee and hum of exotic language in quiet conversation offer a reprieve for even the most wandering of minds. One of the main seating features is a balcony niche for two along with an accompanying piano that is suspended above the rest of the coffeehouse. One of Nina's specialty drinks is their Thai Coffee. A blend of Ethiopian roast coffee, espresso, sweetened condensed milk, and hazelnut syrup, this drink combines just the right amount of caffeine and spicy flavor without being too syrupy.

The Angry Catfish

Bicycles and coffee: two essentials for any urbanite. The Angry Catfish offers both gears and beans in a simple, yet contemporary setting. The roomy interior is similar to a contemporary garage. Exposed air ducts and a corrugated sheet metal ceiling give The Angry Catfish an edge that most traditional coffeehouses lack, although its exclusivity may limit potential clientele. For those who prefer to unwind with their coffee, a comfy arrangement of couches similar to a living room is an obligatory feature. Bar stools along the window provide plenty of natural light for reading the latest bicycle magazine.

Bold, full-bodied drip coffee and every kind of bicycle accessory imaginable make this a hotspot for hipsters. Those unfamiliar with the scene should be encouraged to try their sweet chai latte. A more experienced individual may want to sip one of their manual drip coffees. The Indonesian blend coffee is meticulously brewed by the cup to give it the most flavor possible. For those who aren't fond of

coffee, they have record-breaking bakery items. Croissants and Danishes the size of your head will be sure to fill you up and satisfy any sugar craving.

Kopplin's

Anyone looking for an escape from the congestion of American life would be happy to stumble into the little niche of Kopplin's Coffeehouse. Similar to a European café, Kopplin's offers its customers much more than just a hot cup of coffee. Original nature photography livens up the sage green walls, and Christmas lights paired with deep wood floors add a flush of warmth. Young couples and groups of friends find the cozy atmosphere of Kopplin's to be an excellent place for conversation.

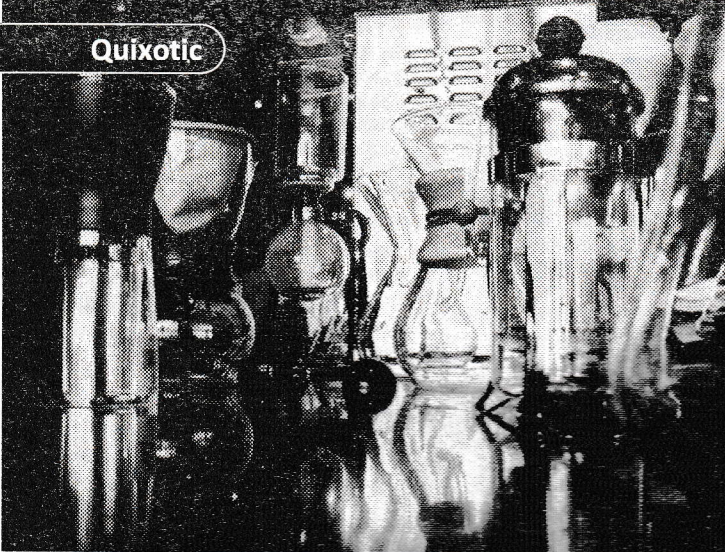
They feature a smooth Ethiopian coffee, a must-have for those who drink it strong and black. A dark chocolate mocha is an alternative for those who are looking for something sweet to sip. Made fresh with organic dark chocolate, this mocha will please any chocolate lover. If coffee isn't your thing, try Fentiman's fizzy fruit drink. Sure to give you a kick, this lightly fermented (0.5% alcohol) drink is made with fresh fruit and natural sugar. A gift shelf tucked into a corner is a distinct feature, stocked full of organic chocolate, coffee, and baked goods. Kopplin's makes it possible to get away for an afternoon without traveling halfway across the world.

Quixotic Coffee

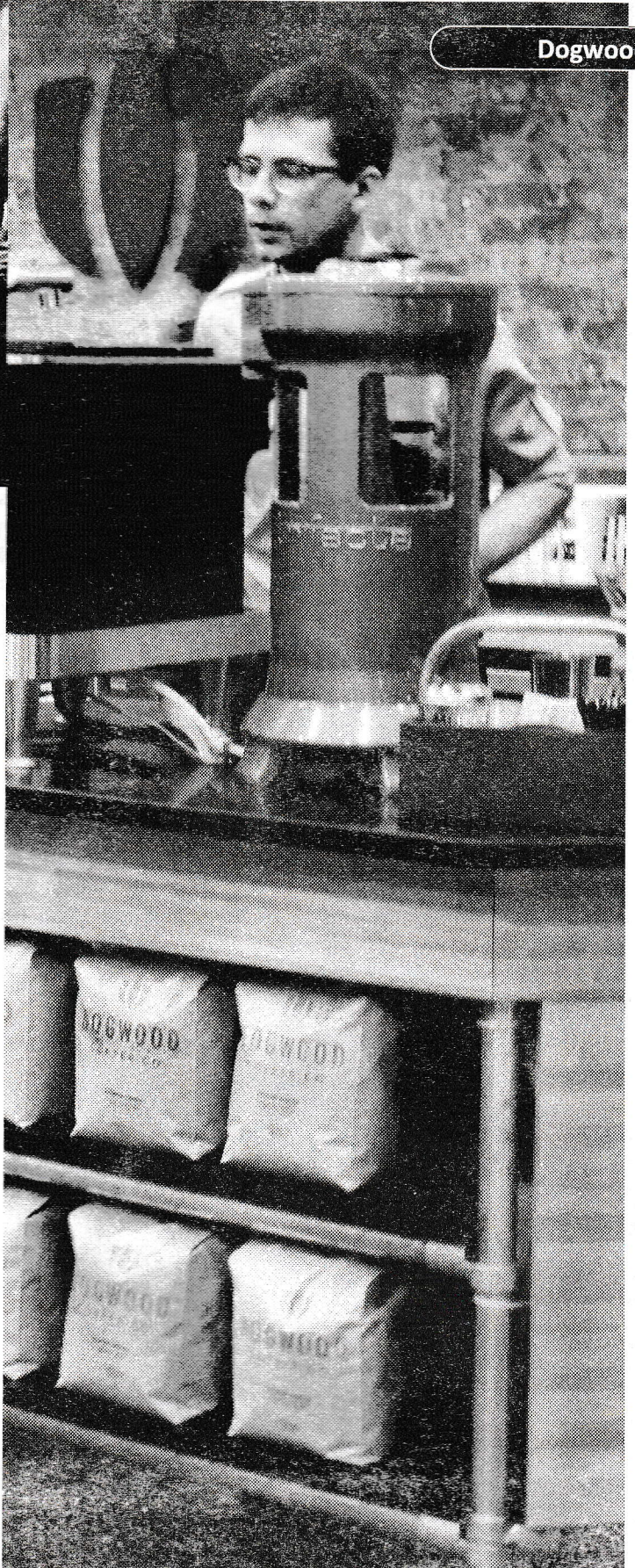
Professional and refined, Quixotic Coffee brings the typical coffeehouse to an entirely new level. This posh establishment is both spacious and contemporary. Brick red walls, soft track lighting, and plant life bring both energy and vitality to Quixotic. Small tables ideal for two and a comfy couch corner provide accessibility. For those interested in brewing their own coffee at home, they sell various types of coffee makers and presses. If you're looking for a bite to eat, Quixotic is not the place to go, but they will whip up the creamiest latte you've ever tasted.

The typical clientele ranges anywhere from young professionals to middle-aged businessmen. A private glass room in the back of the café is available for conferences or groups. Professional baristas will give you the scoop on the latest coffee trends while creating a masterpiece for your own tasting pleasure. Their frothy Con Miel Latte, made with honey, espresso, and steamed milk, is anything but ordinary. In addition, no latte or mocha goes unadorned. Intricate designs in the foam topping of the espresso transform each cup into a work of art.

Quixotic



Dogwood



Dogwood Coffee Co.

In the middle of the bustle of Hennepin Avenue is the Dogwood Coffee Co., ideal for that mid-afternoon caffeine fix. Dogwood embraces a spacious, modern design. Concrete floors and exposed brick walls complete the montage of this contemporary coffeehouse. A closer look will reveal several colorful rubber ducks hidden among the bricks. Large hanging lamps illuminate a cozy seating area in the rear of the café.

Because of its location at the entrance of a mall, the clientele is relatively varied. Dogwood is clearly designed for those who grab their cup of coffee to go, as their seating is relatively limited, although they provide side street seating in warmer months. The espresso is a must for the experienced coffee buff. Strong, bitter, and bold, a shot of this stuff isn't for beginners. If you're looking for something to take home, you can pick up a bag of fair-trade coffee beans for the road.

Dunn Bros. Coffee

If you're curious about where it all began, a stop into the original Dunn Bros. Coffeehouse will give you a bit of insight. The building itself is anything but modern, but there is plenty of seating including tables, couches, and bar stools, giving you ample arm room for sipping that extra large coffee drink. Warm lighting illuminates displays of antique coffee roasting equipment—a window into the rich history of coffee brewing. Dunn Bros.' clientele is just as rich as their past. College students, families, and elderly couples all flock to this genial coffeehouse. Evenings of live music cater to every age group, making Dunn Bros. a hotspot for local musicians.

Dunn Bros. will serve you up a hot cup of coffee, roasted right on site. They feature a creamy Chai Latte and an array of tea leaves for those who prefer something a little lighter. A wide selection of baked goods is always available to complement the coffee.

The Twin Cities have much to offer when it comes to a fresh, innovative cup of coffee and an escape from the congestion of everyday life. Distinguished coffeehouses peppered around the city are ready to give you that one-of-a-kind experience. Whether you prefer a simple shot of espresso or an elaborate mocha, there's a coffeehouse standing by to serve it up.

Postmodernism 101

Navigating the subtle influence of a powerful worldview

My Way of Life

Is it possible that your life could be defined by a philosophy you have never heard of? We are molded and formed from youth; it happens so gradually that most of the time we don't know where our morals and beliefs come from. It is becoming more and more popular these days to be subjective when it comes to the topics of truth and history. Where do we go from here? Do we cling to what we've been taught (what's comfortable), or do we allow those beliefs to be challenged? Let's delve into a philosophy that's shaped the ideals and values of modern culture: postmodernism.

6

What is Postmodernism?

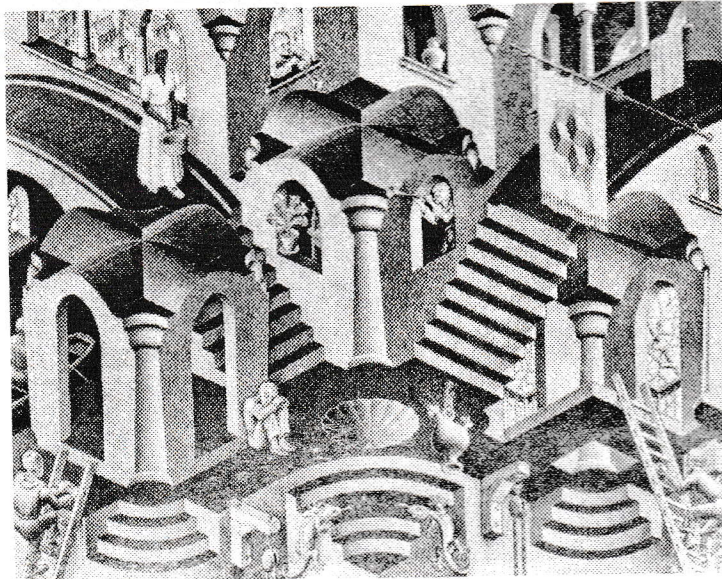
In the late 17th century, people in Europe found themselves questioning the previously accepted norms of their daily lives. They realized their lives were heavily reliant on tradition. Unsatisfied with this way of life, they started to question their traditional institutions, customs, and morals. Up until this point, they had held strong beliefs in rationality and science. This

Is it possible that your life could be defined by a philosophy you have never heard of?

unsettled mindset led to an era known as Modernity, which came shortly after the 18th century Age of Enlightenment. Modernity lasted only a short period of time, and during this era, industry and science boomed until World War II came along. With conflict came changes. People wrestled with their morals and core beliefs in the harsh awakening of WWII, which left even the uneducated individual pondering what used to be common knowledge. This disillusionment birthed and ultimately defined postmodernism.

Modern Man vs. Postmodern Man

It is important to clarify that even though postmodernism



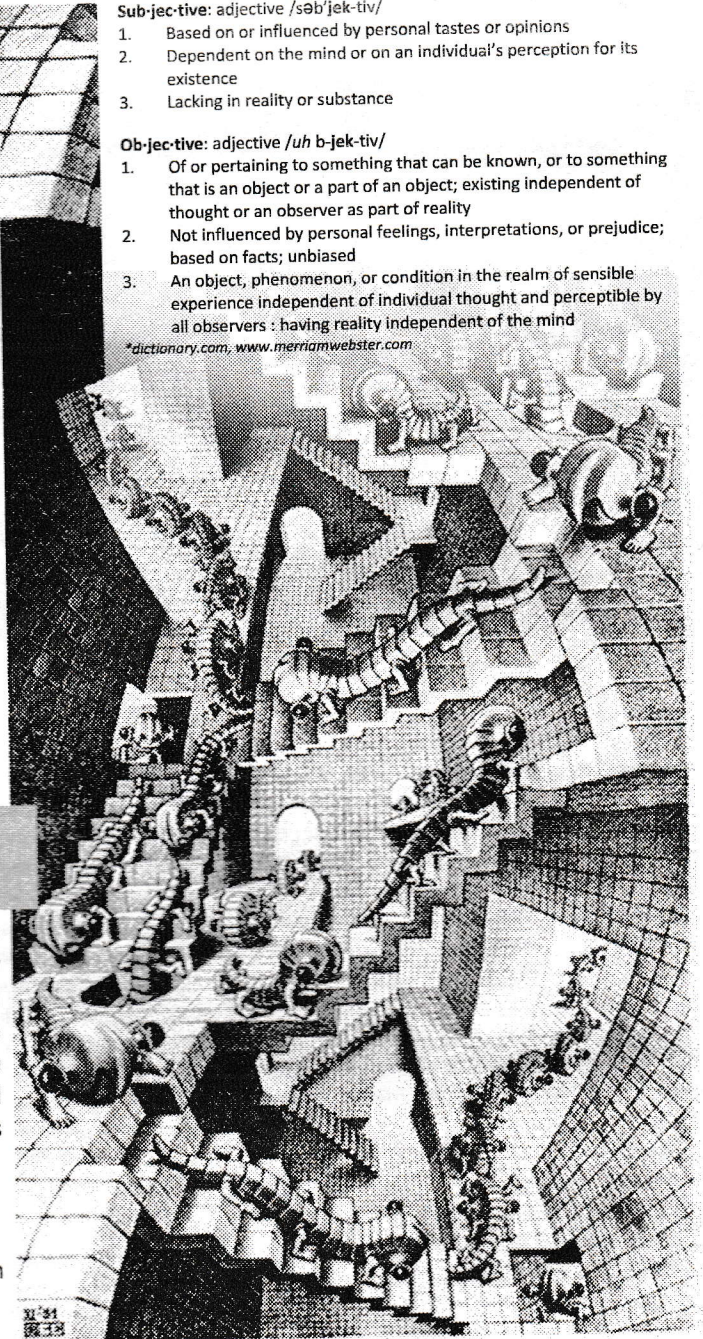
Sub-jec-tive: adjective /səb'jek-tiv/

1. Based on or influenced by personal tastes or opinions
2. Dependent on the mind or on an individual's perception for its existence
3. Lacking in reality or substance

Ob-jec-tive: adjective /uh b-jek-tiv/

1. Of or pertaining to something that can be known, or to something that is an object or a part of an object; existing independent of thought or an observer as part of reality
2. Not influenced by personal feelings, interpretations, or prejudice; based on facts; unbiased
3. An object, phenomenon, or condition in the realm of sensible experience independent of individual thought and perceptible by all observers : having reality independent of the mind

*dictionary.com, www.merriamwebster.com



piggybacked off modernity, the core beliefs of these movements are contradictory. Modernists still hold onto objective truth. A modernist believes that truth is solid and knowable. A simple modernist would tell you that at their very core, they hold onto the ideas of truth, unity, authority and certainty. A postmodernist will strongly disagree and fly the flag of subjective truth. For the postmodernist, their individual perspective of truth *becomes* truth. Though postmodern philosophy widely accepts differences in every aspect, they will fall under the authority of none and will speak of no certainty in life. This theory rejects any meta-narrative (*a universal explanation for history, experiences, social and cultural phenomenon*) and refuses to concretely define anything.

Why Should I Care?

Postmodernism is not just a belief or a religion. It is a lifestyle, providing its own worldview. It is a hope that there is no objective truth, and a belief that we make up our own reality. Postmodernism clings to that which does not rock the boat; those things that match with our instinctive lifestyles. It allows us to believe that we can alter history. Although they may not admit it, postmodernists belittle history by assuming that we somehow know much more than the real people and real experiences of the past. Postmodernism allows us to be free from authority structures or at least think that we can create our "perfect world." It provides a way of life where our feelings are essentially the foundation upon which we base right and wrong. Ultimately, though, the postmodernist does not necessarily believe that the words "right" and "wrong" exist because each situation must be viewed through the lens of personal perspective.

Postmodern thinking envelops our culture and threatens at times to swallow it whole in one satisfied gulp. From college lecture halls to the newest blockbuster movie, you can see the effects of the postmodern way of life. We now have a strong emphasis on visual imagery. Trust and faith go out the window, and suddenly we can be free to pick and choose where we stand in any situation, despite the evidence.

Pitfalls of Postmodernism

A postmodern worldview sounds pretty good for today, but how do you explain tomorrow? We like the concept of developing our own truth, but where is the line? As postmodernists, how would we explain the heart of a man guilty of genocide? Is he guilty? Do we have the power to decide if he is guilty or does he decide for himself based on his

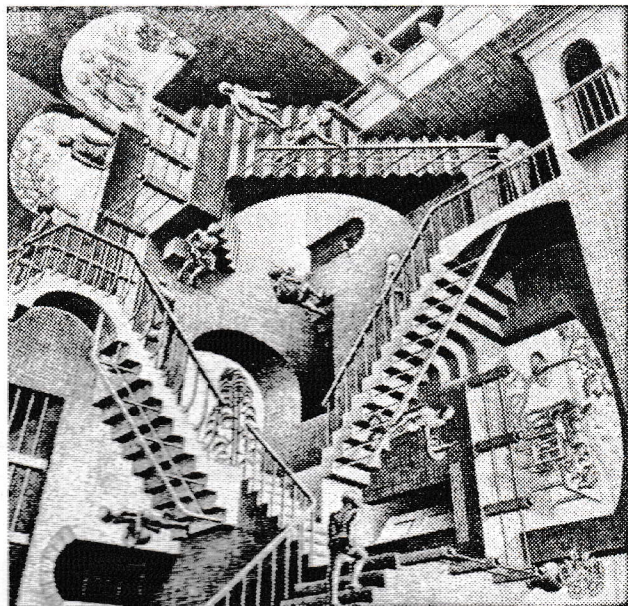
This theory rejects any meta-narrative (a universal explanation for history, experiences, social and cultural phenomenon) and refuses to concretely define anything.

perception of the situation? Many of these ideals unravel when you put them in the context of everyday life. If we believe in multiple, subjective "truths," how do we deal with these situations?

So What?

Like frogs in slowly boiling water, our generation has been subtly indoctrinated with postmodernist patterns of thinking from the moment we first watched TV, read a book, or began attending school. It is critical that we take a bold look into the evidence base for what we believe. Humans like to leave things muddy, undefined and painted in shades of gray; it's easier that way. If clarity existed, would you even want to know? Clarity *does* exist for those willing to seek it out. Take a closer look at postmodernist theory and evaluate if what you are buying hook, line, and sinker is genuine. Many ideas encompassed by postmodernism lead nowhere and eventually leave you in a world that makes no sense. Sit down, open your mind, and check the evidence.

1. "Wikipedia." *Modernity* N.p., n.d. Web. 28 Mar. 2011. <<http://www.wikipedia.com>>.
2. "Wikipedia." *Age of Enlightenment* N.p., n.d. Web. 28 Mar. 2011.
3. "Wikipedia." *Postmodernism*. N.p., n.d. Web. 28 Mar. 2011. <<http://www.wikipedia.com>>.
- 4-5. Zacharias, Ravi. "Postmodernism." *www.ligonier.org*. N.p., n.d. Web. 1 Apr. 2011.



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Quiz: Are You a Postmodernist?

Postmodernism is characterized by the way one views the world. We've included the quiz below as a litmus test. You may be surprised by the extent to which your thinking is influenced by postmodernist theory.

1. **Agree or Disagree-** Truth is defined by your feelings. You create your own truth. It need not invade or line up with someone else's truth.
2. **Agree or Disagree-** We cannot oppose the truth; we should always stand for it.
3. **Agree or Disagree -** Ultimately, our pressing desires should determine where to go in life.
4. **Agree or Disagree-** There is only one God, and He is knowable.
5. **Agree or Disagree-** Foundations and founders mean little. We build our own worldview and define history by our own experience of it.
6. **Agree or Disagree-** It is possible for God to open a person's mind to understand the meaning of the Bible.
7. **Agree or Disagree-** Everything should be seen or experienced personally before it is believed.

Results

If you answered "Agree" to questions 1,3,5,7 you view truth as subjective and based on individual perception.

If you answered "Agree" to questions 2,4,6 you tend toward objective truth as a barometer for your lifestyle and choices.

LOCAL EVENTS CALENDAR

Academic

Friday, April 22 – Monday, April 25
Spring Holiday – No Class

Tuesday, April 26
Classes Resume

Tuesday, May 10
Classes End

Wednesday, May 11
Study Day – No Classes

Thursday, May 12
Evaluation Week Begins

Saturday, May 14
Commencement

Wednesday, May 18
Evaluation Week Ends

Sunday, May 29
End of Contractual Year

Summer Session 2011

Monday, May 30
Memorial Day – No Classes

Tuesday, May 31
Pre-Session – Classes Begin

Sunday, June 12
Pre-Session – Classes End

Monday, June 13
First Four-Week Session Begins

Monday, July 4
Independence Day Observed – No Classes

Sunday, July 10
First Four-Week Session Ends

Monday, July 11
Second Four-Week Session Begins

Sunday, August 7
Summer Session Classes End

Monday, August 8 – Sunday, August 28
Post-Session Classes

Athletic

Thursday, April 21
Baseball vs. UW-Oshkosh (DH)
Menomonie, WI - 1 p.m.

Friday, April 22
Baseball vs. UW-Oshkosh (DH)
Menomonie, WI - 12 p.m.

Tuesday, April 26
Baseball at Saint Mary's University (DH), 2:30 p.m.

Wednesday, April 27
Softball at UW-La Crosse (DH), 3 p.m.

Friday, April 29
Men's Golf at Edgewood College
Spring Invite, TBA

Saturday, April 30
Men's Track and Field at Saint Mary's Open, 10:30 a.m.

Women's Track and Field at Saint Mary's Open, 10:30 a.m.

Baseball at UW-Superior (DH)
12 p.m.

Women's Tennis vs St. Norbert College, 2 p.m.

Softball vs UW-Whitewater (DH)
3 p.m.

Women's Tennis at Saint Mary's University, 5 p.m.

Women's Golf at UW-Eau Claire
Spring Invite, TBA

Sunday, May 1
Baseball at UW-Superior (DH)
12 p.m.

Softball vs UW-Oshkosh (DH)
1 p.m.

Women's Golf at UW-Eau Claire
Spring Invite, TBA

Tuesday, May 3
Baseball at Hamline University (DH)
3 p.m.

Softball at Hamline University (DH)
4 p.m.

Friday, May 6
Men's Track and Field at WIAC
Championships, 12 p.m.

Women's Track and Field at WIAC
Championships, 12 p.m.

Baseball at UW-Stevens Point (DH)
1 p.m.

Softball vs WIAC Tournament, TBA

Saturday, May 7
Men's Track and Field at WIAC
Championships, 10:30 a.m.

Women's Track and Field at WIAC
Championships, 10:30 a.m.

Baseball at UW-Stevens Point (DH)
12 p.m.

Softball vs WIAC Tournament, TBA

Tuesday, May 10
Men's Golf vs NCAA Division III
Men's Golf Championships, TBA

Thursday, May 12
Softball vs NCAA DIII Regionals (May
12-15), TBA

Friday, May 13
Men's Track and Field at Eagle Open
4 p.m.

Women's Track and Field at Eagle
Open, 4 p.m.

Baseball vs WIAC Championships
TBA

Saturday, May 14
Baseball vs WIAC Championships
TBA

Wednesday, May 18
Baseball vs NCAA Division III
Regionals, TBA

Thursday, May 19
Men's Track and Field at NCAA
Qualifier, 4 p.m.

Women's Track and Field at NCAA
Qualifier, 4 p.m.

Baseball vs NCAA Division III
Regionals, TBA

Friday, May 20
Softball vs NCAA DIII Championships
(May 20-23), TBA

Thursday, May 26
Men's Track and Field vs NCAA DIII
Championships, TBA

Women's Track and Field vs NCAA
DIII Championships, TBA

Friday, May 27
Baseball vs NCAA Division III
Championships, TBA

Men's Track and Field vs NCAA DIII
Championships, TBA

Women's Track and Field vs NCAA
DIII Championships, TBA

Saturday, May 28
Baseball vs NCAA Division III
Championships, TBA

Men's Track and Field vs NCAA DIII
Championships, TBA

Women's Track and Field vs NCAA
DIII Championships, TBA

Sunday, May 29
Baseball vs NCAA Division III
Championships, TBA

Entertainment

Tuesday, April 19
Winter Farmer's Market
Menomonie United Methodist
Church
2703 Bongey Drive, 9 a.m. – 1 p.m.

Wednesday, April 20, 27
Peter Phippen – Grammy nominated
flutist – FREE
Shanghai Bistro, Eau Claire, 6 - 9
p.m.

Friday, April 22, Saturday, April 23
"All I Really Need to Know I Learned
in Kindergarten"

Mabel Tainter Theater, 7:30 p.m.

Friday April 29
"This is Luke" Free Concert
Blind Munchies Coffeehouse, 7p.m.

Friday, April 29, Saturday, April 30
"All I Really Need to Know I Learned
in Kindergarten"
Mabel Tainter Theater, 7:30 p.m.

Sunday, May 1
"All I Really Need to Know I Learned
in Kindergarten"
Mabel Tainter Theater, 2 p.m.

Wednesday, May 4, 11, 18, 25
Peter Phippen – Grammy nominated
flutist – FREE
Shanghai Bistro, Eau Claire, 6 - 9
p.m.

Thursday, May 5
Dr. Aaron M. Durst & Amanda Durst
Mabel Tainter Theater, 7 p.m.

Friday, May 6
The Ekaterinburg Trio
Mabel Tainter Theater, 7:30 p.m.

Saturday, May 7, 8
2nd Annual Flea Market/Rummage
Sale, Irvington Campground

Saturday, May 14
The Menomonie Five
Mabel Tainter Theater
7:30 p.m.

Wednesday, June 1
Peter Phippen – Grammy nominated
flutist
Shanghai Bistro, Eau Claire
6 - 9 p.m. - FREE

Recreation

Wednesday, April 20
Stout Adventures
Full Moon Paddle
9 – 11 p.m.

Friday, April 29 – Sunday, May 1
Stout Adventures
Canoeing the Bois Brule River
Northern, WI

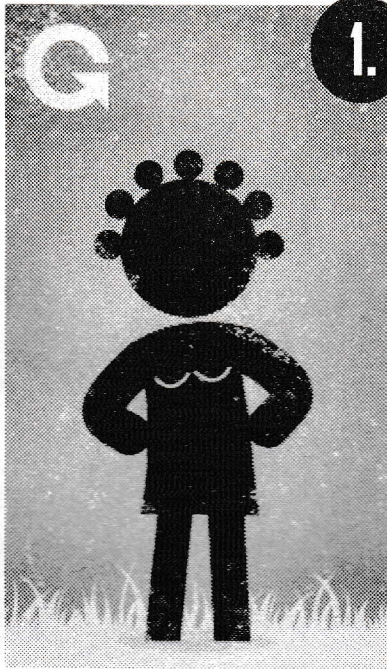
Stout Adventures
Rock Climbing Trip
Devil's Lake State Park
TBA

Wednesday, May 4
Stout Adventures
Dutch Oven Cooking Clinic
6 – 8 p.m.

The Girl Effect

The Girl Effect is a new organization at UW-Stout and is an affiliate of the organization founded by the Nike Foundation, *The Girl Effect*. They strive to bring education, health, wealth and more to girls and women living in poverty stricken countries. Why the emphasis on girls? Less than two cents of every international aid dollar goes to a girl, and because of this, many women end up stuck in the cycle of poverty which includes illiteracy, becoming child brides and mothers, being vulnerable to HIV, and more. Money that is donated through *The Girl Effect* goes directly to girls and women. It could help them buy some chickens which would enable them to sell eggs and gain an income, or it could cover the cost of school so that they may gain an education and go on to work in the community or own a business. *The Girl Effect* has found that the women in these communities reinvest 90% of any income back into their families and communities, which strengthens them as a whole, compared to only 30-40% that the men reinvested. *The Girl Effect* is essentially causing a ripple effect that is causing many positive outcomes!

This spring is the first semester that *The Girl Effect* is active on UW-Stout's campus and in the town of Menomonie. They are hoping to start off strong. Students can watch the daily email and other publications on campus for when their meetings are held. The goals of the UW-Stout chapter of *The Girl Effect* are awareness, education and fund-raising. Students and community members alike can get involved. Contact Keyana Silverberg for more information at girlffect@uwstout.edu or check out www.girleffect.org. On this website you will find moving videos, statistics, and stories of girls and their struggles and triumphs.



1.

Stout Adventures

2.



Stout Adventures is an outdoor activities program that provides a variety of trips, events, and clinics for any level of participation. They have explored close to home on the North Shore of Superior and have gone all the way to Utah and Alaska. Peek at their online photo gallery for the sights that accompany these adventures. A few other opportunities include, but are not limited to:

- On campus climbing:** Stout has an outdoor Challenge Course and an Indoor Climbing Gym.
- Free Week:** At the beginning of each semester, Stout Adventures provides a free week to climb on the indoor wall.
- Clinics:** These are also available and range from Adult CPR and AED clinics to Kayak roll clinics (how to properly roll a kayak)
- Rentals:** They also rent out a variety of outdoor equipment.

Stout Adventures continues on strong through the summer months:

- A canoe trip and a rock climbing trip are planned for April 29th-May 1st.
- There are a plethora of summer options for incoming freshman, one of which is kayaking on Lake Superior.
- For the 2011-2012 winter break, a trip to New Zealand is available for all.
- No experience is needed to venture out on one of these trips because they are eager to teach you all you need to know. Visit: <http://www.uwstout.edu/urec/adventures/index.cfm> or email urec@uwstout.edu for more information.

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How to Doctor a Tee Shirt

A t-shirt is so many things: a comfortable outfit, a memento from some long-ago high school sporting event, a bartering item between siblings, a reminder of the friend who gave it to you. When our t-shirts inevitably wear out, we donate them, rip them into rags, or pass them on, but the jersey knit fabric of a typical tee has the potential to be the backbone of so many fun, completely inexpensive DIY projects. On a snowy Saturday a couple months ago, a bunch of us got together to stretch, rip, sew, combine, and snip our gathered pile of t-shirts in need of a transformation. Taking a cue from the awesome book *Generation T, 108 Ways to Transform a T-shirt*, and fusing it with our own style, here's what we came up with.

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10

Twisted Sister

This one is perfect for a really hot day and when you refuse to sacrifice style.

Supplies:

A fitted tee
Scissors
Safety pins (or needle & thread)
Chalk

1. Cut sleeves off just inside the seams.
2. Working from the backside of the t-shirt, cut a gentle convex arc from the base of one armhole across to the other.
3. Tuck this flap up through the neck hole (from the inside of the shirt out) so that it twists slightly. Don the tee and finish wrapping the remainder of the flap until it's all nice and bunched.
4. Safety pin or sew in place so that you don't have to un-do the piece every time you wear it.

(Alternative: We created a razorback look for a more modest fit. Using the flaps created from a razorback cut, create the desired neckline.)

The Weave

Refreshingly easy with a retro result.

Supplies:

A fitted tee
Scissors
T-shirt scraps
Chalk

1. Starting at the shoulder, mark and cut horizontal slits about 1½" inches apart that flow down the shirt in 3 "columns." The first column should run straight down from the shoulder, with the next two angled increasingly diagonally.
2. Knot a long t-shirt scrap at the top and then weave in and out of the slits so that the knot anchors the weave in place. Repeat for all three. Let the ends hang outside the shirt, or knot again for a more secure fit.

(Alternative: Cut sleeves and neckline out for a retro tank instead.)

Pillow Fight

Because a surplus of pillows is always a good thing...

Supplies:

One XL t-shirt
Scissors
T-shirt scraps or a bag of pillow stuffing
Needle & thread

1. Turn the tee inside out and mark the outlines of a rectangle as big as you can make it.
2. Cut through both layers to create the panels for both sides.
3. Using a running backstitch or whipstitch, sew the edges together, leaving a 4" opening.
4. Turn right side out and stuff with t-shirt scraps if you have enough, or else use pillow stuffing.
5. Sew the opening shut. Throw at somebody.

(Alternative: Use a panel from another t-shirt to create a contrasting design.)

Bring an old friend back to life: save the tees.



Hoodie

Adding a hood to anything makes it that much cooler...

Supplies:

2 T-shirts (one that fits & one larger)

Scissors

Measuring tape

Straight pins

Needle & thread

1. Cut out the neckband and sleeves (just inside the seams) from the fitted tee. Measure the circumference of the neck hole and divide by 2.
2. Turn the larger t-shirt inside out and flatten so that the sleeve hole is on top. Using the number from step one, mark that measurement along the bottom length of the shirt and mark with a pin. Mark 14" up from the base corner and mark with a pin again.
3. Through both layers of the t-shirt, cut an exaggerated convex J shape from one pin to the other. (Leave the straight side uncut).
4. Using a whipstitch, sew the curved edges together leaving the bottom open.
5. Now cut through the fold on the straight edge and turn the whole hood right side out.
6. Pin the center of the back of the hood to the center back of the neckline of the fitted t-shirt. Continue pinning until the two corners of the hood nearly meet in the front. Sew together with a whipstitch.

Rose Accessories

These t-shirt roses can lend themselves to a variety of other projects. Affix to a headband, bag, t-shirt, or just toss them onto a table for an eloquent touch.

Supplies:

T-shirt sleeve

Scissors

Needle & thread

1. Cut a 7" x 2" strip, fold in half, and sew along the open edge using a basting stitch.
 2. Ripple the surface by gathering the fabric over the tread. Secure by sewing over the last couple of stitches.
 3. Roll it up and sew in and out of the base to complete.
- (Alternative: Sew two opposing colored t-shirt scraps to the base of the rose. Knot open ends around your head for a funky headband.)

Patch It

Probably the most common t-shirt scrap project, it's also one of the hippest.

Supplies:

A favorite tee with an awesome design that is, alas, too small.

Scissors

Needle & thread (although a sewing machine would be much faster)

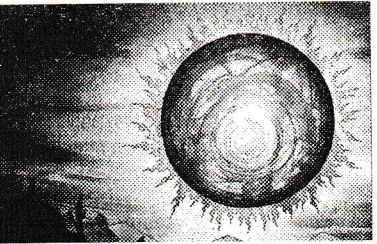
Straight pins

Sweatshirt/bag/whatever you wish to adorn

1. Cut around the design leaving big enough edges to work with.
2. Pin patch into place on desired object. Make sure pins point all in the same direction
3. Sew patch on with a running stitch. Flaunt.

Christians Don't Believe in Science

...and 7 other misconceptions



12

Before you read this article, give yourself a quick self-test. When is the last time you got your information from a reliable publication? Where do you go when you want answers to a question? Does it matter more to you that the answers are factual or that they are quick and easy to find? To get reliable information, people used to peruse libraries and search through volumes of text in order to properly research a certain subject. Today, our generation is telegraphic instead of typographic because we gather the vast majority of our information through the images we summon onto our screens. Even email is old news with the advent of gadgets and their apps. With the availability of innumerable websites, the way we get and process news, information, and updates has changed drastically. For answers, we *Google* it. For chitchat, we *Facebook* it. For research, we *Wiki* it.

Assumptions are easily made about major topics, including Christianity, because the instantaneous nature of the Internet equates to immediate answers that might

not necessarily be true. The truth becomes what the elusive "they" say combined with *my* worldview, *my* opinions, headlines on some website, a satirical opinion posted here, and some inglorious image uploaded there. Instead of delving into a claim such as, "All Christians vote Republican," we're apt to add that tidbit to our way of thinking without having any substantial reasons to back it up. The following is a list of common claims and assumptions about Christianity you may have heard or even believe, but never really looked into before. We encourage you to look into this article too; poke it, prod it, research it and make sure it really stands up before you swallow what it says.

Lie #1: Christians Don't Believe in Science

We all live on the same earth. We see the same trees, same stars, same animals, and same soil; so when Evolutionists and Creationists debate, it is not with different evidence but with the very same material. The difference is that we view it through two opposing histories: Christians with God's design as explained in the Bible and evolutionists with change over billions of years. In other words, each of our histories act as a lens through which everything is filtered in order to determine what is true. To say Christians do not believe in science is ridiculous especially when looking at what the Bible says. In the book of Job, written about 4,000 years ago, God draws a fierce picture of His power by describing the wonders of the earth He has created. Job 26:7 states "He hangs the earth on nothing." Another particularly staggering verse is Isaiah 40:22, "It is He who sits above the circle of the earth, and its inhabitants are like grasshoppers..."³ Here, God tells of the spherical nature of the earth through the prophet Isaiah about 2,750 years before the Greeks even hypothesized it! Christians believe and embrace what God has created, including genetics, astronomy, medicine, etc. because God's glory is evident in all of it. In fact, many of the pioneering scientists counted themselves as Christians, for Christianity's strict adherence to the rationality of one God requires that science follow that same fundamental concept.⁴ Today, science owes a Franciscan bishop and the first chancellor of Oxford University, Robert Grosseteste (1175 – 1253) for the introduction of the scientific method.⁴ Other Christian scientists, all in the pursuit of glorifying God, include Nicholas Copernicus, Johann Kepler, Galileo, Isaac Newton, Louis Pasteur, Gregor Mendel, and George Washington Carver, names that are instantly familiar.⁴ Psalm 19:1 proclaims, "The heavens declare the glory of God; and the firmament shows His handiwork."³ Go to www.answersingenesis.com for an in-depth look at the topics covered here.

Christians Who have Contributed to Science:

Leonardo da Vinci (1452-1519)	Contributed to the study of human anatomy, optics, physics, etc.
Copernicus, Nicholas (1473-1543)	Wrote <i>Revolution of the Heavenly Bodies</i> ; proposed the heliostatic theory
Vesalius, Andreas (1514-64)	Called "father of modern anatomy"
Galileo (1564-1642)	First to use the telescope to study the skies; discovered phases of Venus
Newton, Isaac (1627-91)	Discovered the law of gravity; also credited with inventing calculus
Pasteur, Louis (1822-95)	Founded microbiology; discovered bacteria and nullified spontaneous generation
Mendel, Gregor (1822-84)	Laid the foundation for modern genetics
Lister, Joseph (1827-1912)	Found that antiseptics reduce infection
Carver, George Washington (1864-1943)	Developed numerous by-products from peanuts and sweet potatoes

Lie #2: Christianity Oppresses Women

The Freedom From Religion Foundation based out of Madison, WI, produces pamphlets with lists of Bible verses that they claim make "the Bible a handbook for the subjugation of women," the major culprit being Genesis 3:16, "To the woman He said: 'I will greatly multiply your sorrow and your conception; in pain you shall bring forth children; your desire shall be for your husband, and he shall rule over you.'"¹ In the pamphlet, this verse is interpreted as, "Woman cursed: maternity a sin, marriage is bondage."¹ The truth is, when Eve first sinned in the garden of Eden, she chose to separate herself from God (Genesis 3:6). Adam deliberately chose this

path as well when he willingly partook of the fruit she offered him, so God laid out the consequences because He is a God of justice (Genesis 3:6, 14-19). For women, God instigated pain in childbearing, and from that same vein, He cursed the ground so that man would have to struggle to scratch a living from it (Genesis 3:17). In no way did God imply that maternity was now a sin, just as harvesting a crop from the ground was never a sin.



Women do not somehow have an unequal share of the consequence of sin. Both Adam and Eve were cast out of the Garden of Eden, and both were to endure the consequences that God dealt them. Further, the interpretation that submissiveness to a husband is like bondage must consider Ephesians 5:25, which states, "Husbands, love your wives, just as Christ also loved the church and gave Himself for her."³ How did Christ love the church? Jesus submitted to the Father in obedience, and in doing so, He gave up His life so that those who believe on Him might live. That kind of love is the same that He asks husbands to give to their wives. A wife must submit to her husband because it is the role designed for her to fulfill that same kind of radical love.

While He was on Earth, Jesus related to women as He created them – equal reflections of God's image. For example, Mary Magdalene walked with Jesus during His ministry on earth, traveling and contributing to the needs of the group. While nearly every other disciple fled in fear when Jesus was arrested

While He was on Earth, Jesus related to women as He created them – equal reflections of God's image.

and then crucified, she remained steadfast. She also discovered Jesus' empty tomb three days after He was crucified because she had come in devotion to anoint His body (John 20:1). Mary was subsequently the first to see Jesus after His resurrection. In an age where women could not even testify in court, the fact that Jesus first revealed Himself to Mary Magdalene shows His incredible love for her and for all women. It must be concluded, especially in light of the world's cultural practices up until Christ's appearance; Jesus Christ set women

Lie #3: Hitler Was A Christian

James 2:24 states, "You see then that a man is justified by works, and not by faith only."³ When Hitler was in power, he murdered millions, and his final act in this life was a double suicide committed alongside his wife. No one can know whether someone is a Christian; that is between God and that person, but it is possible to surmise whether or not a person lived like one. A list of the evidence of a Christian life is found in Galatians 5:22-23, "But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law."³ No man, Hitler included, can declare himself a Christian under a façade that bears no indication they have been born again. God has the power to remove sins as far as the east is from the west (Psalm 103:12), but this cannot happen unless that person is willing to acknowledge their sinful state and repent before God. In stark contrast, Hitler declared himself a Christian to reassure the German voters who declared that they too were Christians, or at least sympathetic to Christian causes, as a political maneuver designed to placate any fears that his campaign was inhumane.² His claim guaranteed a swift rise to power.² Of such men, the Bible says in 1John 3:8-9, "He who *sins* is of the devil, for the devil has sinned from the beginning. For this purpose the Son of God was manifested, that He might destroy the works of the devil. Whoever has been born of God does not *sin*, for His seed remains in him; and he cannot *sin*, because he has been born of God."³ Nearly all the German citizens under Hitler's power were either convinced or coerced into following his leadership.² In the end, among other deadly consequences, it led to their own nation being destroyed by inflation and devoid of a leader who had once promised utopia.² As it was with Hitler, so it is for all people; Jesus said that claiming to be a Christian without a change in your life and heart is not true Christianity.



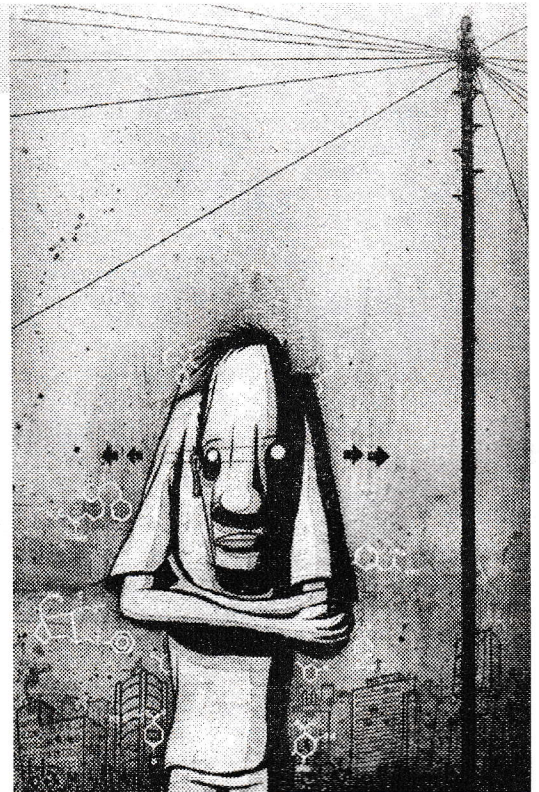
Sin: The Greek term and tense for the word "sin" used in 1John 3:8-9 is one that denotes a life "without law" or without conviction. It literally speaks of continually committing sin without feeling the need or desire to repent.

continued on page 14...

Lie #4: Christianity Causes Guilt

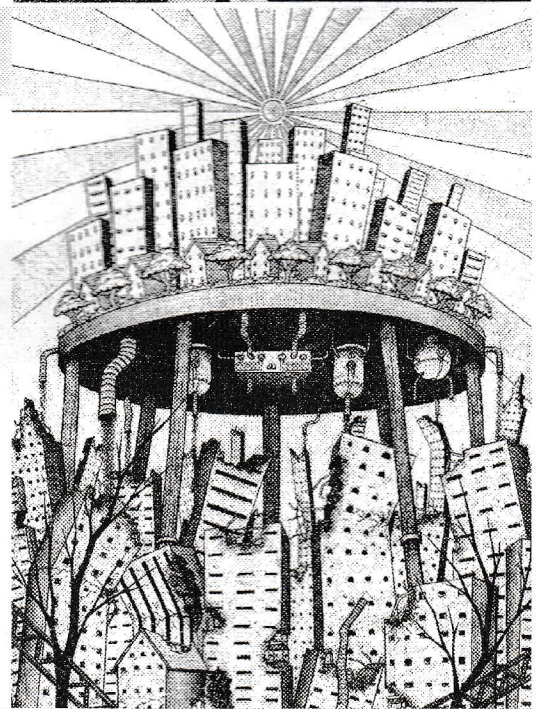
Religion apart from God is an ugly lens to peer through when viewing the world. Much of the religious world tells you about your sickness but never presents the cure. In light of this, many people view the church as an overbearing institution that demands every individual to conform to its upright, holy standards. When you look at Christianity as a "religion," you reduce the purpose of "church" to nothing more than a guilt-trip belief system that exists to make hesitant people submit to God when they would rather not. The true Christian church is referred to in the Bible as the body of Christ (1 Corinthians 12:27), the family of God gathered together to carry out God's mission *because they want to*. The Christian faith states that you are born again when you believe in the redemptive power of Christ's death and resurrection to cleanse you of your sins (which, incidentally, requires you to come to *your own conviction* and agree with God that you are a sinner. Without that, you cannot become a Christian). With a new heart and new desires given to you by God, His church gives you avenues through which you have the opportunity to apply your desire to live for and serve God. To clarify, Christianity doesn't *cause* guilt; we are *already* guilty because of the way we have chosen to live our lives. It is God's Spirit that reveals *the source* of the feelings of guilt. Then He presents to us a way out. God sent His only Son to die in our place so that we might live a forgiven life if we believe in Him (John 3:16). With new life in Christ, it's not out of obligation, guilt, or any other perverse motivation that we serve Him, but out of true love because of what He has done for us. We're not perfect, and we feel convicted when we mess up, but that conviction proves God is within us, guiding us just as a loving father guides his children towards a better way.

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Lie #5: Real Christians Vote Republican

Philippians 3:20 says, "*For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ.*"¹³ As Christians, we view the earth as a temporary land and eagerly await the day we get to go home to God in heaven. Romans 13:1 says, "*Let every soul be subject to the governing authorities. For there is no authority except from God, and the authorities that exist are appointed by God.*"¹⁴ So whereas "Republican Christianity" is all about "Taking America back for God," true Christianity is about trusting God with every ounce of our being because He is in control, even over anyone who is appointed to the government. We are not, therefore, called by God to incite public outrage against a Democratic president, buy bunches of gold bars, or legislate morality. This is not taking America back for God; it is a misguided and unscriptural mustering up of political strength to force a nation that doesn't overtly believe in or follow the God of the Bible to become a nation with strictly Christian ideals. Sadly, this moralistic political fervor tends to push people away from God, therefore defeating the purpose of the gospel. Besides, Jesus didn't come to perfect the kingdom of this world, He came to establish a new one (Revelation 12:10). Therefore, the person that declares his or her citizenship in the Kingdom of God must have their number one allegiance to God. Our first priority is to love people and speak the truth to every individual He puts in our path so they may see Him in us.



Lie #6: Christians Caused the Crusades

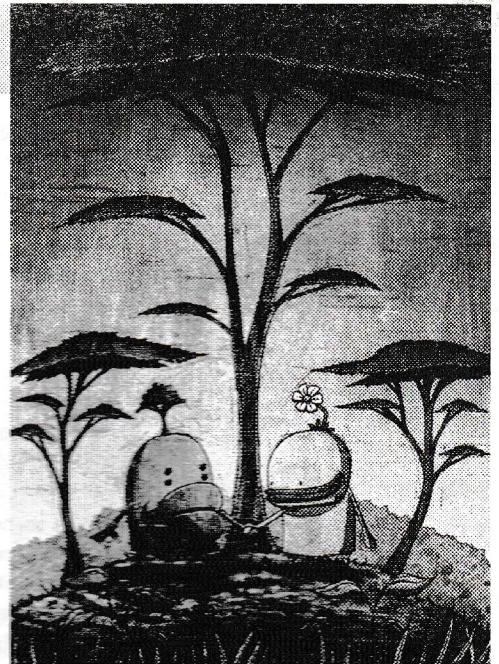
Up until Constantine legalized Christianity in 381 A.D., thousands of genuine, practicing Christians were martyred for their faith in ruthless, barbaric ways. Only a year later, in 382 A.D., the first "heretic" against Christianity was put to death. This zealotry to force Christianity upon all unbelievers developed into the Crusades, a bloody and violent rampage conducted against unbelievers, all done in the name of the Lord. Like Hitler, it is not difficult to surmise that, based upon the actions of those individuals responsible for the Crusades, they were not aligned with the teachings of Christ. Throughout the Crusades, there were faithful Christians who dared to call out those performing these ruthless campaigns. They were nearly always slaughtered along with all the rest of those who disagreed. In Matthew 5:39, Jesus teaches, "*But I tell you not to resist an evil person.*

But whoever slaps you on your right cheek, turn the other for him also."¹⁵ It is a demonic irony that those who called themselves Christians during the Crusades ruthlessly cut off unbelievers' heads. It is beyond unfortunate that the Crusaders never understood this basic truth: God's kingdom is furthered by hearts trusting in Jesus, not through physical force.

Lie #7: Christians Think Sex is Taboo

All the way back in Genesis, even before original sin, God designed marriage. When God created Eve out of Adam's rib, Genesis 2:23 - 24 describes the marriage between them: "At last!" the man exclaimed. "This one is bone from my bone, and flesh from my flesh! She will be called 'woman' because she was taken from 'man.' This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one. Now the man and his wife were both naked, but they felt no shame."³ When Adam and Eve had sexual relations with one another after their expulsion from the Garden of Eden, Eve exclaimed, "I have acquired a man from the Lord!" (Genesis 4:1). Not only has one purpose of sex been explained, to produce children, it has been immediately attributed to God! Sex was created for pleasure as well, so it's designed to occur only within a marriage because it equates to oneness and total knowledge of the other person. Consider Song of Songs 7:6-7, which says, "How fair and how pleasant you are, O love, with your delights!

This stature of yours is like a palm tree, and your breasts like its clusters."³ Also, Hebrews 13:4 states, "marriage is honorable in all, and the marriage bed undefiled"³ basically making marital sex a place of enjoyable pleasure. So if Christians considered sex taboo or dirty, then it's not because they researched it in the Bible. Sex as sin begins only once it is removed from the beautiful relationship of marriage. 1 Corinthians 7:18 warns the believers in Corinth who were committing sexual sin: "Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against our own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God brought you with a high price. So you must honor God with your body."³ God sees that sexual sin affects the our hearts and minds when we commit it. If you are honest with yourself you would agree that your first experience with sexual



sin brought inner shame and maybe regret. Over time our hunger for sex eventually makes us calloused toward the heart-felt convictions that shamed us the first time.

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Lie #8: The Bible Has Been Changed: It Can't Be Trusted

In the Bible, approximately 40 different authors over a span of 1600 years tell the same story: the fall of man, his separation from God, and God's redemptive plan to save mankind through Jesus Christ.⁵ Compare this remarkable unity to the Koran, which has one author and was written over a couple of years. Prophecies of Jesus' coming and His death were written in Isaiah 53 more than 700 years before the events described came to pass.⁵ Jesus' life, which undeniably occurred according to innumerable secular accounts, fulfills over 330 messianic prophecies.⁵ The odds of just any eight of these having occurred in the life of one man was calculated by mathematician Peter W. Stoner to be one chance in one hundred million billion.⁵ All of the gospels were written within 90 years of the death of Jesus Christ.⁵ There have been attempts over the centuries to assimilate "discovered" teachings into the Bible, including an ancient text written 300 years after the death of Christ called the "Revelation of the Magi," which claims that the Star of Bethlehem was actually the Christ child. God has made it clear, however, that anything written outside of what is clearly His Word is heretical and not to be believed. Revelation 22:19 says, "And if anyone takes away from the words of the book of this prophecy, God shall take away his part from the Book of Life, from the holy city, and from the things which are written in this book."³ All of the New Testament was written within the lifetime of the apostles

who physically walked with Jesus while He was on Earth. 2 Peter 1: 16 states, "For we did not follow cunningly devised fables when we made known to you the power and coming of our Lord Jesus Christ, but were eyewitnesses of His majesty."³ The Apostle John argues his testimony of Christ claiming all the Apostles were "eye-witnesses".

The historical accuracy of the Bible is only part of the evidence that supports the authenticity of the Bible. Consider the lives of the apostles who actually walked with Jesus. If what they had written in the New Testament was a lie to gain them status or recognition, why did all of them except the apostle John die gruesome, martyred deaths? To name a few, Matthew was killed by a sword in Ethiopia, Mark died after being dragged by horses through the streets of Alexandria, Egypt, Luke was hanged in Greece, Peter was crucified upside down, and James the Just (half brother of Jesus) was clubbed to death in Jerusalem.⁴ The Apostle Peter is a great example. If he contributed to the bible as part of a "conspiracy" then you would think he would come out looking a little better in the story. Instead, he denies Jesus, is rebuked by Christ numerous times, and is called 'Satan' by Jesus Himself. No, the apostles, and all martyrs since then, died because as they truly believed the Word of God; the Bible. Jesus said to Pilot before His execution, "For this cause I was born, and for this cause I have come into the world, that I should bear witness to the truth."³ (John 18:37)

This list falls drastically short of the vastness of the knowledge that is contained in the Bible. Theologians have dedicated their entire lives towards inspecting its pages and pursuing its claims, all while understanding that the Bible was not written as a code that only the wisest among us could comprehend. Its pages are filled with words that even a child could understand. Pause then, and read it. Pray to God that He would clear your head of all the preconceived notions that this world has thrown at you in an attempt to cloud your understanding of God's love and convince you that it is all impossible nonsense. While it is easy to listen to what everyone else is telling us, you will be amazed at how wonderfully clear God makes Himself when you stop long enough to listen.

¹ Gaylor, Annie Laurie. *Why Women Need Freedom From Religion*. Nontract No. 10. Madison, WI: Freedom From Religion Foundation, Inc., 1993. Print.

² Keysor, Joseph. *Hitler, the Holocaust, and the Bible: A Scriptural Analysis of Anti-Semitism, National Socialism, and the Churches in Nazi Germany*. Athantos Publishing Group, 2010. Print.

³ *Nelsons' NKJV Study Bible*. Nashville TN: Thomas Nelson Publishers, 1997.

⁴ Schmidt, Alvin. *How Christianity Changed the World*. Grand Rapids, Michigan: Zondervan Publishing Company, 2004. Print.

⁵ Strobel, Lee. *The Case for Christ: A Journalist's Personal Investigation of the Evidence for Jesus*. Zondervan Publishing Company, 1998. Print.

a word from the barn...

NICK THE HICK

Today's Topic

FAIREST OF THE FAIR



16

Now fairs been around for a while. 4 days durin the summer ya get to trot around lookin for somthin to do to keep your interest and to fatten up. Now last time I was at the county fair I did a little thinkin and well.... You know by now where that goes. Before ya'll think its bad I got both sides pinned so be easy. First the bad. I can't help but to waltz around the pole shed with my other half, look over at the stands (changing table with the thanksgiving sheet on it) and think, man I wonder if these political booths actually get anybody to stop in. I mean every time I go past there people just stand there and nod at ya. I look

elephant ears awaitin them right outside! Although I ought to mention that one of them people gave me some cheesy curds- ya know the greasy ones- and I voted for him twice but that's a different story for a different day. Actually I sat an overnight in jail with him one night for bad drivin. Okay that's nough. But the food on the other hand, ooo boy I tell ya, good thing the fair is on payday usually because we plan on spendin it. You can't help but to wash down 6 fried oreos, cheese curds, a gyro (if your into that kinda thing), deep fried snickers, pickles, nachos and corn dogs with a 64 oz mountain dew along side your cotton candy. And that's just one round, and ya see there are 12 rounds at the fair, and when your done you will be big and round. Or in this day I should say "more efficient." See I always look at it this way, when the zombies come, because they are comin, its gonna be the bigger more efficient people who live. That's how I figure it with my new system. Every time you go to the county fair you add four years to your life. How is that for a life insurance plan? Sounds pretty good for me. Well that's enough for now, I got some research to do on how to make myself a life insurance agent.

and grin, and think, but then it hurts and I gotta move on. Aint they got anything better to do? For cryin all mighty theres rides, monster trucks, fried

christian student organization

STREET LEVEL MINISTRIES

menomonie, wisconsin UW-Stout

I was born this way.



I have too many questions.



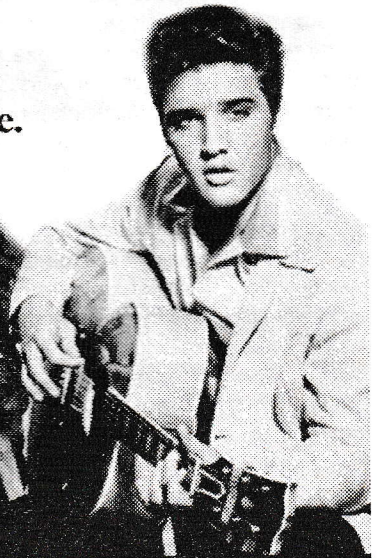
I'm too far gone.



I don't have time.



I'm dead.



What's your excuse?

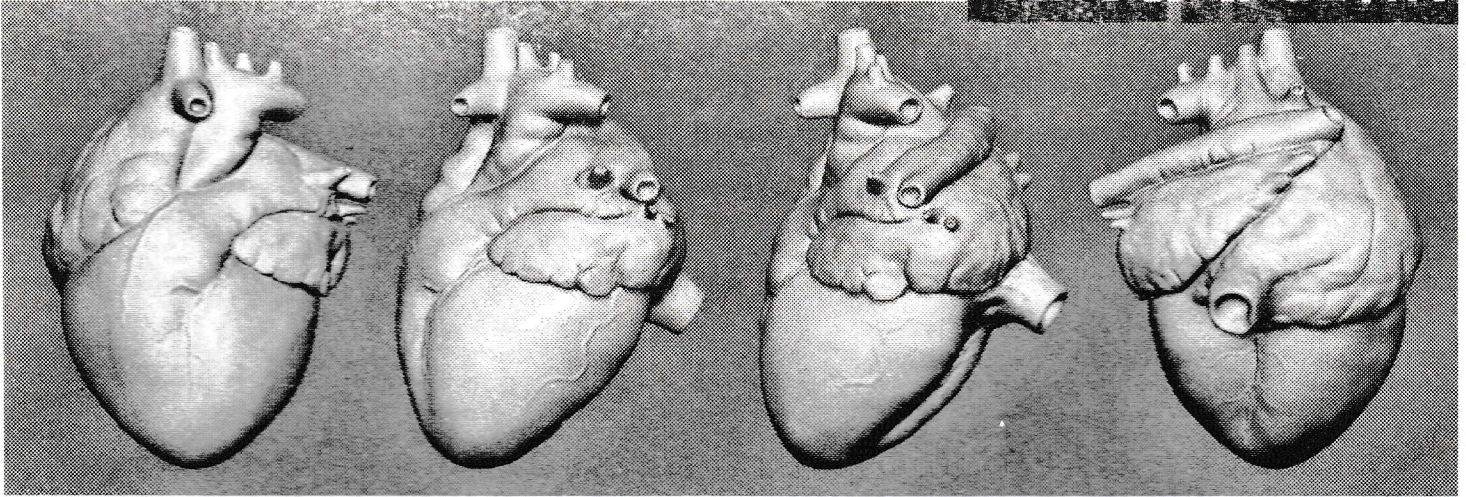
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Wooden Heart

Lyrics by Dan Smith of Listener

We're all born to broken people on their most honest day of living and since that first breath...
 We'll need grace that we've never given. I've been haunted by standard red devils and white
 ghosts and it's not only when these eyes are closed these lies are ropes that I tie down in my
 stomach, but they hold this ship together tossed like leaves in this weather and my dreams are
 sails that I point towards my true north, stretched thin over my rib bones, and pray that it gets
 better but it won't won't, at least I don't believe it will... so I've built a wooden heart inside
 this iron ship, to sail these blood red seas and find your coasts. don't let these waves wash
 away your hopes this war-ship is sinking, and I still believe in anchors pulling fist fulls of rotten
 wood from my heart, I still believe in saviors but I know that we are all made out of
 shipwrecks, every single board washed and bound like crooked teeth on these rocky shores so
 come on and let's wash each other with tears of joy and tears of grief and fold our lives like
 crashing waves and run up on this beach come on and sew us together,
 tattered rags stained forever we only have what we remember

I am the barely living son of a woman and man who barely made it but we're making it taped
 together on borrowed crutches and new starts we all have the same holes in our hearts...
 everything falls apart at the exact same time that it all comes together perfectly for the next
 step but my fear is this prison... that I keep locked below the main deck I keep a key under my
 pillow, it's quiet and it's hidden and my hopes are weapons that I'm still learning how to use
 right but they're heavy and I'm awkward...always running out of fight so I've carved a wooden
 heart, put it in this sinking ship hoping it would help me float for just a few more weeks
 because I am made out of shipwrecks, every twisted beam lost and found like you and me
 scattered out on the sea so come on let's wash each other with tears of joy and tears of grief
 and fold our lives like crashing waves and run up on this beach come on and sew us together,
 just some tattered rags stained forever
 we only have what we remember

My throat it still tastes like house fire and salt water I wear this tide like loose skin, rock me to
 sea if we hold on tight we'll hold each other together and not just be some fools rushing to die
 in our sleep all these machines will rust I promise, but we'll still be electric shocking each other
 back to life Your hand in mine, my fingers in your veins connected our bones grown together
 inside our hands entwined, your fingers in my veins braided our spines grown stronger in time
 because are church is made out of shipwrecks from every hull these rocks have claimed but we
 pick ourselves up, and try and grow better through the change so come on yall and let's wash
 each other with tears of joy and tears of grief and fold our lives like crashing waves and run up
 on this beach come on and sew us together, were just tattered rags stained forever
 we only have what we remember

Red Flesh Heart

Original Poetry Submission

scrape the heart
 like an iron pan
 thick black flakes fall

raw flesh
 raw exposed
 stung by new air

pour fresh clear water
 over the
 red flesh heart

clean and washed
 clean at last
 again



Grill Marks and Paper Umbrellas

Flames, smoothies, and the best fresh, local foods

Start the barbeque grills, freeze some ice cubes, and bring on the sunny weather! Fresh green salads replace savory soups, sizzling steaks override sausage, and refreshing smoothies are substituted for hot chocolate. Read on to find out which foods are in season and for recipes that both adults and chicks will find irresistible.

Seasonal Foods:

Who would want a grainy, bruised tomato when they can have a ripe, red, juicy one? Vegetables and fruits that are out of season require time to ship. In the process, they ripen in their shipping containers, and are devoid of sun and their essential nutrients. On the contrary, fruits and vegetables that are in season supply a fuller, brighter flavor because they ripen in the sun and remain connected to their food source. Other benefits of buying foods that are in season include reduced price and support for local farmers. To keep up with what is in season, check out: <http://www.sustainabletable.org/shop/seasonal/> for any state, or http://www.wisconsinterritories.com/Whats_in_season.htm for Wisconsin's Seasonal Chart.

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Where to purchase the freshest foods:

1. Farmer's Market

Dunn County Fair Grounds
620 17th Street South East
Menomonie, WI 54751
Website: www.westcap.org
Hours: Wednesday 12:00pm-6:00pm; Saturday 8:00am-3:00pm (May through October)
Description: This market has everything from fresh vegetables, breads, flowers, and homemade soap.
Suggestion: Venture to the Farmer's Market during lunch time and buy hot egg rolls, Amish doughnuts, or an Asian stir-fry.

2. Menomonie Market (Food Coop)

521 2nd Street East
Menomonie, WI 54751
Phone: 715-235-6533
Hours: Monday-Friday 7am-8pm; Saturday and Sunday 8am-7pm
Description: Organic fruit, vegetables, dairy, shampoo, cleaning supplies, medicine, snacks and more.
Suggestion: Original A-Maizing Corn Snack, found in the bulk foods section.

3. Cut Rite Meat Shop

872 North Broadway Street
Menomonie, WI 54751
Phone: 715-232-8435
Hours: Monday-Friday 8am-6pm; Saturday 8am-4pm
Description: Reasonable prices for cuts of beef, pork and chicken, fish, cheese, homemade sausage, pizza and more.
Suggestion: Jalepeño Smoked Sausage

4. Govin's Meat and Berries

N6134 670th Street
Menomonie, WI 54751
Phone: 715-231-2377
Hours: Call to make an appointment
Description: Lamb, beef and chicken are sold year round. Strawberries are available as well. The strawberry season varies between the first week in June through July. Pumpkins are harvested in the fall!
Suggestion: Wait for fall and buy pie pumpkins for pumpkin bowling.

Chick Food Recipes:

After a long winter of fast food and frozen dinners, fresh ingredients make for a flavorful change. Below are a couple of recipes that are light, yet satisfying. Start out by making the curry chicken turnovers. The time these require to prepare doubles as an excuse to talk, laugh, make a mess and then enjoy a great meal your friends. A suitable finale to the night is the berry peach smoothie that will cleanse your palette. Not only are these smoothies delectable but they are also easy to make and delicious when you want a healthier and more creative dessert than just ice cream.

Berry Peach Smoothie (serves 2)

Ingredients:

- 1 cup strawberries
- ½ cup raspberries
- ½ cup peaches
- 1 (6 oz) container of raspberry yogurt (substitute any berry or vanilla)
- 1 to 1½ cups pineapple juice (substitute with orange juice or fruit punch)
- ¼ cup sugar

Directions:

Rinse all fruit and cut strawberries and peaches into small chunks. Put two strawberries to the side to use for a garnish later. Freeze the fruit so that ice cubes are not needed (this will make a thicker smoothie). In a blender, add frozen fruits, yogurt, juice and sugar. Blend on high using the grind option and then press liquefy until smooth. Serve in chilled glasses with a fresh strawberry on the rim.



Curried Chicken Turnover (serves 6)

Ingredients:

- 4 chicken breasts
- 2-3 tbsp. olive oil
- 1 package puff pastry dough (found in frozen food section; follow package directions)
- 8 oz. cream cheese
- 2 tsp. curry powder (red curry for spicier taste, yellow curry for more savory taste)
- ¼ tsp. salt
- ½ tsp. lemon pepper seasoning
- ¼ cup fresh chopped basil

Directions:

Cook chicken in a frying pan over medium heat with 2-3 tablespoons of olive oil. Season both sides with salt and pepper. Cook for 3-5 minutes on each side or until center is no longer pink. Let cool and cut into one inch cubes; set to the side. Preheat oven to 425°; if oven runs hot, cook at 400°. Thoroughly mix cream cheese with spices in a medium bowl. Put 2 tablespoons of the cream cheese mixture in the center of each puff pastry. Add 1/2 cup chicken on top of cream cheese. Sprinkle with fresh basil. Lightly wet the four edges of the wrap with water and fold opposite ends together so filling is enclosed. Repeat 6 times. Place on a greased cookie sheet, leaving enough room for them to rise. If desired, brush tops with melted butter. Bake in oven for 15 minutes or until golden brown. Garnish tops of pastries with basil.



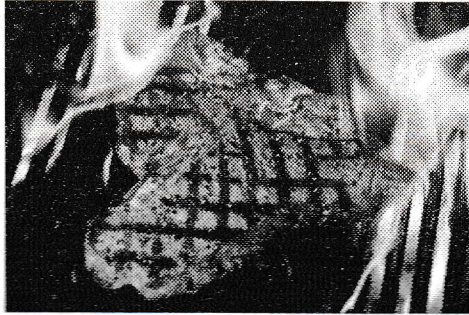
Dude Food Recipes:

There's nothing quite like the feeling of slapping a hunk of red meat onto a sizzling grill. The only thing that could make it better would be slapping a hunk of *marinated* red meat onto a sizzling grill. That is the point of the following recipes. The flaming steak can also be named, "The best steak ever!" Try it for yourself and see how you rate it. If you are planning to cook for a special someone, try the bacon wrapped pork chops and serve them with a side of grilled asparagus. You are guaranteed to get compliments; at least on your cooking.

Flaming Steak (serves 4)

Ingredients:

- 4 steaks of your choice (We suggest rib eye, New York Strip, or T-Bone)
- 1 cup Cabernet wine (substitute red cooking wine)
- ½ cup grape seed oil (substitute olive oil)
- 2 tbsp. Worcestershire sauce
- 2 tsp. vinegar
- 1 tbsp. soy sauce (to taste)
- ½ tsp. rosemary
- 1 tbsp. minced garlic (substitute ½ tsp. garlic powder)
- ½ tsp. pepper



Directions:

Marinate steak for 24 to 48 hours in wine, oil, and spices. Fire up grill; for best flavor, use charcoal grill, although propane is sufficient. Wait until the coals are glowing hot and more than half white. Place steaks in the center of the grill with ample room for coals to breathe. Pour 2-3 tablespoons of marinade on top. **STEP BACK!** Steak will start on fire and sear to hold in flavor and moisture. Let them cook for 2-3 minutes. Flip and repeat process. Cook to preferred doneness. Remove from grill and let stand for 5 minutes.

Bacon Wrapped Pork (serves 2)

Ingredients:

- 2 (6oz) boneless pork chops
- 6 slices of thick apple-wood smoked bacon

Marinade:

- ½ cup water
- 1 tbsp. Worcestershire sauce
- 1 tbsp. liquid smoke
- 2 tbsp. honey
- 1tbsp. brown sugar
- 1 tbsp. garlic powder
- 1 tbsp. Lawry's seasoning salt
- 1 tsp. ground pepper

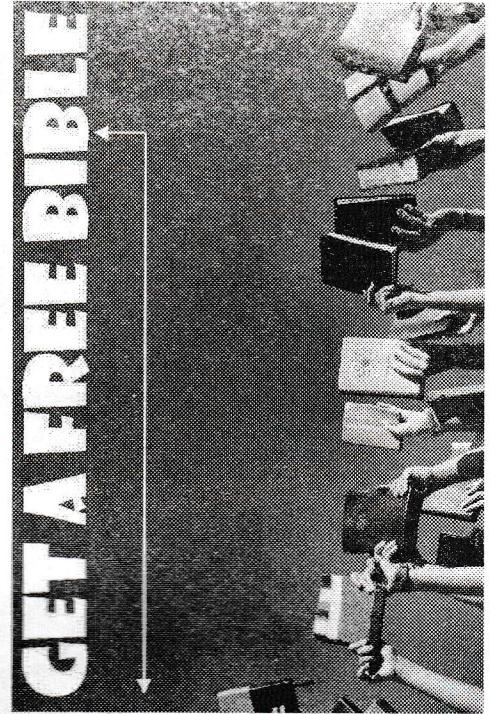
Toothpicks

Directions:

Mix all marinade ingredients together in a bowl. Heat in microwave for 30 seconds to melt the honey. Marinate the bacon and pork chops from one to 24 hours in the fridge. Take three slices of bacon per chop and wrap around uncooked pork. Use toothpicks to hold in place. Grill chops on the edges of the grill and cover, so as not to burn the bacon. Grill for 15 minutes on each side or until pork is 165°, or bake them at 425° for 45 minutes in oven.



Now that we've shed some light on seasonal foods, where to get the freshest selections, and some recipes to utilize these fruits, vegetables, herbs, and meats, the next step is to be courageous and try out these original recipes. One recipe may become your favorite dish, but you won't know until you try.



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Cover Art

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The Baseball Inquisition

INTERVIEW WITH STOUT FIRST BASEMAN GREG SMOLINSKI ON BASEBALL, SCHOOL AND LIFE



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Greg Smolinski

Year: Senior

Major: Service Management

Position in UW-Stout Baseball: 1st baseman/Designated Hitter

The crack of the bat, a slide into home base, and eating hot dogs in the stands are the first things that come to mind when baseball is mentioned, but this nine inning game is only a glimpse into the sport. Greg Smolinski, a senior and first baseman on the Stout team, reveals his victories, hardships, lessons, and the team mentality that goes along with playing college ball.

What made you want to play college baseball?

I have always wanted to play college baseball. It has been a dream of mine since I could remember. During my sophomore year of high school, I realized it was possible.

What are the pressures of being a 1st baseman?

I do anything to stop the ball. We are the last line of defense, the second captain on the field. The catcher relays the plays, and then 1st baseman relays them to the rest of the team. We practice together all the time, so the team knows each other and what player will do what. We are friends off the field too so we know each other well.

How does baseball equip you for everyday life?

There are so many things you learn. Baseball takes up 30-40 hours a week—lifting, practice, study tables, and team meetings. It is like working full time and going to school. Time management is something that you have to have. In season, we are on the road every weekend, playing a double-header on Saturday and a double-header on Sunday. That is four, nine inning games back to back. I learned a lot from past players and how they do things. I am one of three team captains, so you have to be quick on your feet, on and off the field. It gets hard to separate baseball from my personal life.

When does baseball season start, and how was the 2010 season for you guys as a team?

The games start in the spring, but we start practice first day of school. In 2010 we learned a lot about ourselves and had a down year. It was frustrating because I was injured all season and couldn't play. This year, we are in a better position and farther along than we were last year.

What is the batting order? Where are you at in the line up?

There is a lot to it. Here is the easiest way to explain it: 1st and 2nd up to bat are the lead-off guys that are quick and will get on the base. 3rd, 4th, 5th, and 6th batters are called RBI's. They are there to drive in runs. 7th, 8th, and 9th batters are there to get on base for the top of the order. In the past years I have been in the 4th, 5th, and 6th positions in the line-up.

Have you ever had a home-run?

I have had nine home-runs in the college career, three each year. There's that one spot on the bat when you know you have hit a ball well; it's an incredible feeling.

How have you balanced baseball and classes? Are there any tricks to keeping up with both school and sport?

Any free time I have is for homework. The team GPA last semester was 3.1. The goal for Coach Maier is to have a team GPA over 3.0. That is why there is a study table.

What is the most memorable moment in your baseball career so far?

My most memorable moment of my baseball career was when I was a freshman, and I hit a home-run. The most memorable moment for the team was also my freshman year. It was the first year in a while since we made the conference tournament. We played Oshkosh. They were #1 seed and we were #4. It was great because we all had one mission to win. Coach Maier was a senior then so I played with him. In the top of the 1st inning, we scored 6 and ended up winning the game.

What advice would you give a student who is considering playing baseball?

You have to be mentally tough to play any college sport. You have to be able to manage your time well between lifting, practices, team meetings, games, study table, and classes. If you have time management and are mentally tough, then you can do it.

Is this your last season in college baseball? What do you want to contribute to the team this season?

As a team, the goal is to make the conference tournament. In this year's core, everyone gets along. That's what is really going to help us down the road this season. My individual goal is to be a good leader, lead by example, stay positive and help the team out as much as I can.

Do you have plans to continue your baseball career?

I definitely want to keep baseball in my life. Right now, I am considering working for the Texas College Baseball League and coaching baseball for any age. During the summer in my hometown, I coach little league right now.

Christianity. I always assumed this was a title, much like "Mr. or Mrs." I thought that if you tacked on the word "Christian," you would immediately be one of the masses of alleged "good people" in this country. This was life as I knew it. Christianity was nothing more to me than a label. I was a "good church person," and that was enough to get me into heaven, no strings attached. I was raised in a small town in southern Wisconsin where everyone was Lutheran and warmed a pew on Sundays. To me, church was routine, a day robbed of extra sleep and an hour I would never get back. Stand, sit, pray with the pastor, eat a donut, go home, and scramble to make the most of a shortened day.

In the back of my mind, I knew God was real. I tried to do good things and was always a little worried that God would inflict something bad upon me or those I loved if I messed up. I prayed the same monotonous prayer every night before I went to bed. This was merely out of obligation instead of passion for the One to whom I was praying. I could still repeat those empty words back to you today; they were so habitual. It wasn't until my second year of college that my prayer changed.

All I said were five little words, "God, help me find you." I told Him that I didn't know why, but I knew I needed Him in my life. That's all, no magic incantation, just a desperate cry for help. And He heard me.

I was "the perfect kid" throughout most of my school years. I got ideal grades, listened to my parents, and hung out with the right crowd. I started dating my first serious boyfriend at the end of my sophomore year of high school, and we ended up spending almost four years together. But after transferring to UW Stout, everything began sliding downhill. I began to embrace the college lifestyle by going to parties and getting involved in things I knew I shouldn't have been doing. I started spending the night with my boyfriend more and more, throwing myself into a relationship that had begun to crumble years ago. We began talking about engagement, but I steadily grew unhappier. Eventually, I ended our relationship even though the thought of being without him scared me to death. I went home for a month over winter break and, for awhile, seemed to be doing just fine on my own.

I returned to school one week early for a job interview. No one was in the dorms, and I spent that week all by myself. Slowly, I began to realize that I had no one. All of my "friends" I had known only through my boyfriend, and they couldn't care less about me. I had invested so much of my life in him that I hadn't made an effort to create any real friendships. Truthfully, it all came down to me being selfish and wanting only what made me happy in the moment. I couldn't have cared less about anyone else around me. I sat in that dorm room alone, depressed, scared, and hopeless. No one even knew or cared that I was there. I tried everything that week to lift my spirits and create some illusion of happiness. I watched my favorite movies and listened to my favorite music, but none of it made me feel better. I had hit rock bottom.

One night that week, I decided to pray instead of cry myself to sleep. But I didn't pray the empty, dull prayer I had been repeating my entire life. All I said were five little words, "God, help me find you." I told Him that I didn't know why, but I knew I needed Him in my life. That's all, no magic incantation, just a desperate cry for help. And He heard me.

A few days later, I found myself at a Street Level Bible study. I showed up scared and intimidated, but what I found was much different than I had imagined. Within the first ten minutes of my arrival, I had met almost everyone in the room. They showed me more love than I had ever received



from my alleged "friends" before. We studied from 1 Peter that night. I didn't even have a Bible, but I listened and I finally heard. I heard that God wanted a personal relationship with me. I heard that Jesus died on the cross for me. I had been going to church my entire life and had never once been told that Christianity was about relationship. I walked home that night full of happiness, joyful because I knew that the Creator of the universe cared about me. He wanted to know me. My entire life changed in that moment when Jesus gave me a new heart.

It didn't take me long to realize that Christianity isn't an easy path to walk. Being born-again means continual testing in faith and obedience. I didn't suddenly become sinless, but I do know that Jesus died for all of my sins then, now, and those to come. I know that when God looks at me, He sees only His perfect Son instead of my ugly sin. My entire life is about Jesus. I want to live and breathe Christ, sharing the good news of salvation with everyone. There is a long, tough road ahead, but for every trial and test comes even greater blessing and intimacy with my Father in heaven.

God loves you so much, and He is desperate to know you. Are you listening?

Job 23:10-12 - "But He knows the way that I take; when He has tested me, I shall come forth as gold. My foot has held fast to His steps; I have kept His way and not turned aside. I have not departed from the commandment of His lips; I have treasured the words of His mouth more than my necessary food."

Coke® Smuggling

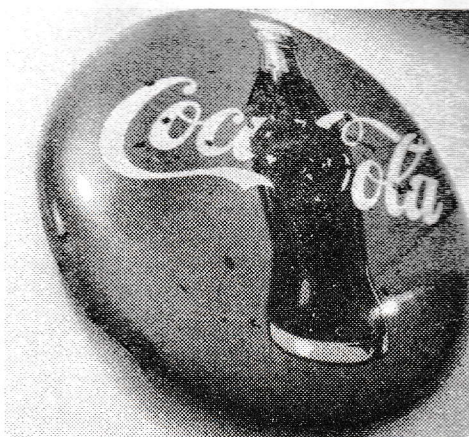
Hope for Coke fiends trapped on a Pepsi Campus.

In the year 2000, UW-Stout signed its fate into the hands of the corporate dynamo known as Pepsi-Cola. A \$1.5 million dollar "pouring rights" contract sealed the deal, restricting the university to the exclusive distribution of Pepsi products on campus. UW Stout cannot sell or distribute any other soft drinks or bottled water on campus. What does this mean for students? No Coke.

22 Coca-Cola has become an unobtainable jewel in a sea of mediocre soft drinks. Stout students have no choice but to resort to drastic measures in an effort to obtain this prized beverage. The Merriam-Webster dictionary defines contraband as "prohibited traffic in goods." How, then, will Coca-Cola be restored to this deprived campus? In the only way it can: as an illicit contraband in the underground trafficking practice known as **Coke smuggling**. Read on to discover how you can gain access to covert Coca-Cola products without traveling too far off campus.

South Hall, CKTO, HKMC

Luckily, there are many places nearby where Coke can be found. For those of you who live in the South campus dorms, Dairy Queen is going to be your best bet. While this will limit you to fountain Coke,



it's still a quick resource when you need a delicious pick-me-up. According to Google Maps, your Coke is only 0.06 miles away. A one minute walk or 14 second car ride will bring you into the land of refreshment. Spring is here, so those who prefer to take their bicycle will find themselves with a Coke in hand in only 30 seconds.

Kwik Trip is only a few feet further with a wider variety of Coke products including Diet Coke and Cherry Coke for those who like a little embellishment in their beverage choices. Here, you will find Coke in liter bottles or 12-packs. Whether you like your Coke flavored, bottled, canned, or in a 64 oz. Mega Buddy cup, there is a little something for everyone.

North Hall

Not to worry - refreshment is only a mere 446 feet away in the Cenex gas station just across Broadway. A one minute car or bicycle ride or two minute walk will put you in Coca-Cola paradise. Crossing at the stoplights can sometimes cause significant delays, so it is recommended to stock up once you get there. **An extra perk of having Cenex as your Coke supplier is their Patron Points program. This is a free card you can show the cashier every time you purchase something from the store. As you get more points, you will receive**



free rewards, for example, more Coke! That's right. Sometimes you won't even need to purchase your soda, which means one more obstacle in your quest for illicit Coke products has been eliminated.

Red Cedar, Wigen, Fleming, Hovlid, JTC Hall

North campus is a completely different environment that must be taken into consideration when smuggling Coke products into dorms. The closest Coke can be found at Fortune Cookie Restaurant. Fountain soda means plenty of ice, making your tasty beverage even more refreshing. If Chinese isn't your thing, Subway is right next door with both regular and Diet Coke. Although the food is probably better for you, we can't guarantee that the Coke is going to be any healthier. Regardless of its origin, smuggled Coke always tastes sweeter.

Best places in Menomonie to get Coke

For those of you who consider yourself Coke connoisseurs, we've compiled a list of the best places in Menomonie to find Coke products. Coke dealers around town provide a variety of options if you are willing to go a little farther. Whether you are looking for variety, quality, or allure, your needs will surely be met.



Widest Variety

Your widest variety of Coke can be found at (no surprise here) the grocery stores around town. Wal-Mart offers a multitude of options such as caffeine free, diet, cherry, lime, and Coke Zero. If the container is what draws you in, they have a selection of bottles in various sizes (2 liter, 12 oz., 8 oz., 7.5 oz.). You can obtain your Coke in plastic bottles, glass bottles, or cans. If you drive on down to Marketplace, they will supply you with a rare vanilla Coke if you are lucky enough to snag a case. If you prefer your beverage chilled, all of these venues have ice cold 20 oz. bottles of Coke right next to the registers.

Convenience

Not everyone has the time or resources to travel on down to the local grocery store for a cold Coca-Cola. In fact, sometimes the craving for a Coke occurs on occasions such as a casual stroll around town. If you find yourself on the corner of 9th and Main Street, there just so happens to be a Coca-Cola vending machine right outside of the Village Dry Clean and Laundromat. If you are in a hurry, every gas station in town carries Coke products in multiple flavors and styles.

Best Experience and Coolest Bottles

Those looking for a little class with their Coke would be wise to stop down to the Blind Munchies Coffeehouse. Retro bottles turn your Coke experience into a blast from the past. You won't find any twist tops here! Luckily, there is a bottle opener nearby. For the true Coke junkie that requires an authentic, old-school Coke encounter, pop open a cold one down at 621 Wilson Avenue, one block from Burger King.

Foreign Coke

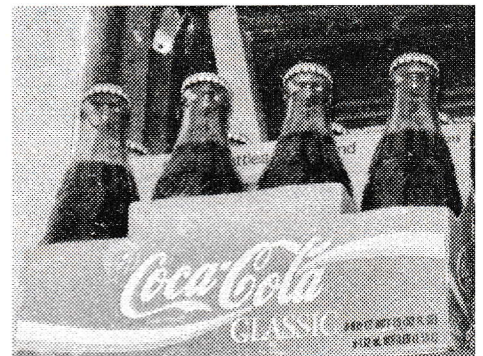
While our goal is simply to smuggle Coke on campus, these Coke products have literally been smuggled -or at least imported - into the country. Both Marketplace and Lammers carry authentic Mexican Coke in 12 oz. glass bottles. What's the difference between Mexican and American Coke, you may ask? The answer lies in the ingredients. American Coke uses high fructose corn syrup as one of the main ingredients, where as Mexican Coke uses real cane sugar, a more natural alternative. Although it may be a stretch, we like to think Mexican Coke is a slightly healthier fix.

Trafficking the Coke

Once you have procured your "priceless" Coca-Cola contraband, the next step is transporting it onto campus, which is easier said than done. Pepsi Nazis may be lurking around every corner with their eyes peeled for Coke bandits. They could have even infiltrated the student body for all we know! There is always the classic stick-it-under-your-jacket move, but we've all seen that one go wrong. For those who want to avoid risking detection, guzzling it all down before even reaching campus is always an option. Your best bet, however, is going to be a secret covert operation under the cover of night. Careful planning and precise execution will ensure you get your Coke fix STAT.

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All of your Coke desires can be met if you know the right places to look. Whether you're seeking a classic Coca-Cola experience or just the convenience of ice cold refreshment, Menomonie's local Coke dealers have you covered.



Sources

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http://www.uwstout.edu/careers/careerco_emp_food.cfm
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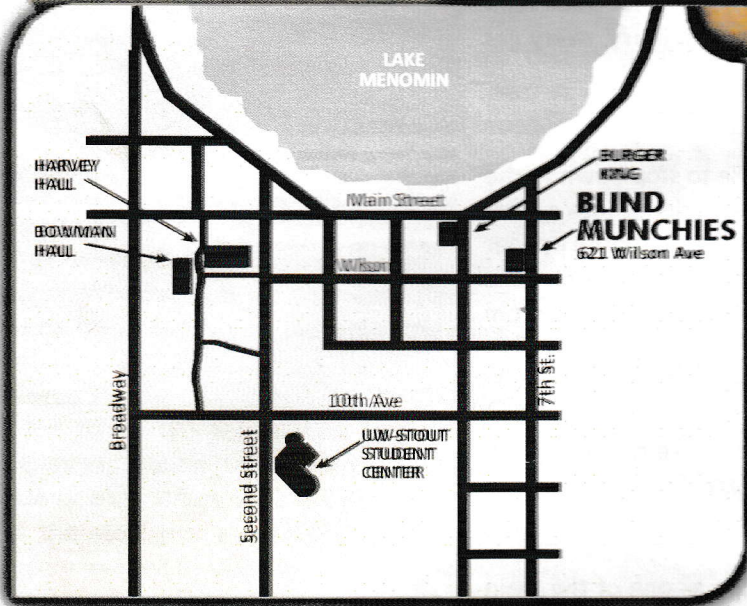
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