ALSO IN THIS ISSUE: Energy Drinks History and Effects -page 4

## The Stout Scoop: <br> We duy and now we nug

Testing.
Maturally?
The scoop en natural products


Tune in to Live services on WRJF-LP 101.7 Menomonie and www.jesusfellowshipofbelievers.com - 621 Wilson Avenue, Menomonie, WI 54751


## UW－STOUT CALENDAR

## Academic

Friday，March $13^{14}$
End of Third Ouartet，Spring Break
Begins 5.00 p．m．
Saturday，March $14^{\text {ti }}$－Sunday，March $22^{\text {nd }}$
Spring Break．Week．No Classes
Monday，March $23^{r d}$
Classes Resmme，Begiming of Fouth Ouarter

Tuesday，March $31^{\text {st }}$
Advisement．Das．No Classes
Friday，April $10^{\text {th }}$－Monday．April $13^{\text {th }}$
Spring lloliday，No Classes
Tuesday，April $14^{\text {h }}$
Classes Resume
Friday，May $8^{\text {th }}$
Classes Ind
Saturday，May $9^{\text {th }}$
Commencement
Monday，May $11^{\text {th }}$
Evaluation Week Begins
Friday，May $15^{\text {th }}$
Evaluation Week lnits
Sunday，May $24^{11}$
End of Acadenic Year

## Sporting Events

## February Events

Wednesday， $4^{\text {th }}$
Men＇s Basketball UW－Stevens Point
Menomonie，WII 7 p．m．
Friday， $6^{\text {th }}$
Gymnastics UW．Whitewater
Menomonie．WI 6 p．m．
Wedinesday， $11^{\text {th }}$
Women＇s Basketball UW－Superior Menomonie，Wll pim．

## ETERGY DRHMS

## HASTORY ANO ETFEGTS

## Posilise Ftiects of Pnerma Dumbs


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＂．．WHyhlevet at Mermers

## Neqative Eflects of Enemog Duhls




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 Mutalylim
 eminactima



dollars in 2005 ．With the success of energy drinks，many companies brought in diet sugar－free energy drinks which，according to studies，are selling twice as fast as the regular ones．

What would it be like if we didn＇t What would it be like if we didn＇t
have any energy drinks？Would we be able to survive and stay awake for class on a couple cans of Coke or Dew like the good ol＇days．Thanks Monster， the good ol＇days．Thanks Monster，
Red Bull，and Rock Star for keeping our eyes open and our blood flowing！


There is no doubt that high jolting energy drinks are sweeping across America and the rest of the world．A number of college students，high school students，and，from my own experience，a vast amount of farmers running on very little rest consume these energy drinks．Out of nowhere， these jazzy jolts of jitspah became a big hit among all their sleep－deprived fans．So let＇s do some research and find out what the history and facts are behind the high awakening liquid．

The earliest traces for the energy drink show up in 1901．The Scottish drink was called Iron－Brew，After that， no drink hit the market until the 1960＇s when Japan released Lipovitan．The UK also got into energy drinks when they brought in Lucozade Energy， which was actually first introduced in hospitals in 1929 to＂replenish lost energy．＂Finally，the U．S．jumped into the energy era when PepsiCo introduced Josta in 1995．It would be two years，though，until the world famous and most popular Red Bull would hit the market．

In their early days，energy drinks did not bring in too much money in the U．S．，totaling just 8 million dollars in sales in 2001，but the drink companies stood strong and over the next five years，pulled in $50 \%$ more money every year，totaling over $\$ 3$ billion



There's no need to wonder where the $\begin{array}{ll}\text { flavor's at on } \\ \text { campus; } & \text { we'll }\end{array}$ check it out for you and discover where Stout's hiding that triple scoop, chocolatecovered waffle ice cream cone. After reading this, you will leave completely filled with events and places that put the cherry on top of your college life.

## Stout has Facebools, but what face do they give it?

They give it no face at all. Rather, it is a picture of the clock tower bell, that building with the big " S " on the front of it reminding you every 15 minutes that time is ticking away and you are five minutes late to class! There are some useful things on Stout's Facebook, though, like a link to freecollegemagnet.com. This website allows you to print off some good deals for the growing metropolis of Menomonie. Go to the website, then to "Advertisers Listings", and then click on the Stout icon for an array of coupons from The Silver Dollar Saloon to Hollywood Tan.

Stout Facebook also has photos from all kinds of Stout events. For instance, there are photos from the ' 08 Stout vs. University of Northern Iowa Rugby game. Whoever the photographer was really captured the moment; you can see sweat flying and almost hear the sound of bones crunching. Caleb Peters, a fan of Stout Facebook, also posted pictures and videos of the UW-Stout Baja Invitational and other various events around campus.


## ( s mimued from mise !

Friday, $13^{\text {th }}$
Men's Track and Field Blie Devil Open
Menomonie. WI I p.m.
Women's Track and Field Blue Devil
Open
Menomonie, WI $4 \mathrm{p} . \mathrm{m}$.
Hockey UW-River Fall:
Menomonie, WI 7.30 pm
Saturday, $14^{\text {th }}$
Men's Basketball U W-I a Crosse Menomonie. WII 3 p.m.

Women's Basketball UW-L a Crosse Menomonie, WI S p.m.

Wednesday, $18^{\text {th }}$
Men's Basketball UW-River Falls Menomonie, WI I p.m.

Saturday, $21{ }^{\text {st }}$
Women's Basketball UW-Eau Claire
Menomonie, WI 5 p.m.
Men's Basketball UW-Lall Claire
Menomomie. WI 3 p.m.
Friday, $27^{\text {th }}$
Givnastics Hamline University
Menomonie, WI 6 pm .
Saturday, $28^{\text {th }}$
Women's Track and Iield WIAC Indoor
Championships
Menomonie, WI IBA
Men's Irack and Field WIAC Indoor
Championships
Menomonie; WI TBA

## March Events:

## Sunday, ${ }^{\text {tt }}$

Men's Track and Field WIAC Indoor
Championstips
Menomonie, WI IBA
Women's Track and Hield WIAC Indoor
Clampionships
Menomonie, WI IBA

## April Exents

Saturday, $4^{\text {th }}$<br>Sollball UW-Oshkosh<br>Menomonie, WI 2 pm.


kudos.
Q: Did you have to learn any new vocabulary for your professional radio broadcasting?
A: Some terms I knew, like "Spike". I didn't know there were five matches in a game and that whoever wins the first three matches wins the game. "Pancake" was a term I didn't know, but I'm not sure if that was a term.
Q : Were there any accidents or injuries?
A: No, but girls skid across the floor and dive for the ball; you can just feel the burn!

If you happen to be in your dorm room or in you car and want to know the score to the men's basketball game and laugh a little, check out 101.7 Burning Dog Radio. If you didn't know before, now you do.

## Upcoming Radio Coverage:

Saturday, January 17
Men's Basketball vs. UW-Whitewater, 1 p.m. Women's Basketball vs. UW-Whitewater, 3 p.m.

Saturday, January 31
Hockey vs. UW-Stevens Point, 7:30 p.m. Men's Basketball vs. UW-Stevens Point, 7 p.m.

Saturday, February 21
Men's Basketball vs. UW-Eau Claire, 3 p.m. Women's Basketball vs. UW-Eau Claire, 5 p.m.

## The Niche. Your Niche?

Location: Home Economics Building Room 211 Hours: Monday-Thursday, 9-5 and Friday, 9-2

Don't be fooled; these people are professionals! Most of all, since it is a store
where you buy things, there is actually some cute stuff in here! This store is run by a level 400 internship class for students majoring in retail merchandising and management. They select the merchandise to be sold in the store at buying conventions. They also discount items, set up seasonal displays, and all the rest of the stuff that running a store entails.

Student work is also sold. The Kevin Churchill Line delivers polished canvas bags with button clasps: i-pod/cell phone cases $\$ 4.99$, laptop cases $\$ 19.99$, and messenger bags $\$ 34.99$. The Molly Stewart Line offers unique beaded jewelry in very original packaging: earrings $\$ 9.99$ and necklace sets $\$ 24.99$. Who knows? Someday these people might be famous and you will have their original work, worth millions and millions of dollars. All the profits from the store go to the next semester's class except for the student work, which is given back to the artist.

Scarves (\$12.99-\$19.99), sunglasses (\$8.99), hats, purses, shirts, sweatshirts, soda-pop, candy, chips, holiday decorations, and so on fill the rest of the wood panel shelves. So whether you are in a hurry and need a refreshment or you need a new scarf to shield you from the fierce winter winds, The Niche has got it.

Now that you've had your fill, make sure to actually venture out of your dorm to some of these spots. If there are any unique places that indubitably pique your interests, let them pique ours too. Email them to wotsmagazine@yahoo.com with a picture and we may include them in the next issue of Word on the Street. See you shopping at The Niche, at the game, online, or sippin' on some syzzurp at CKTO.


Baseball UW-Platteville Menomonile, WI Noon

Sunday, $5^{\text {th }}$
Baseball UW-Platteville Menomonie, WI Noon

Softball UW-Whitewater
Menomonie, WI Noon
Wednesday, $8^{\text {th }}$
Softball U W-Eau Claire Menomonie, WI 4 pim.

Thursday, $9^{\text {ti }}$
Baseball UW-Oshkosh
Menomonie, WI I p.m.
Friday, $10^{\text {th }}$
Baseball UW-Oshkosh
Menomonie, WI Noon

## Entertainment

## February Events:

Friday, Feb. 6 th
Live Music at the Blind Munchies Colfechouse 7 pm
621 Wilson Ave. Menomonie
wwiv streetlevel aws tout.edu
Saturday, Feb. $7^{\text {th }}$
Karen Savoca \& Pete Ilintzman concent at the Mabel Tainter Theater 8.00 p.m. whw mabeltamtericom

Wednesday, Feb. 11 th 6.30-9.30pm Peter Phippen
Flutist Peter Phippen plays music for ancient and contemporary shakulhachi. Native American. Amasazi, and bamboo flutes that is intimate and insightful. joyous and melancholy.
FREE, 6.30-9.30pm
Shanghai Bistro: Eall Claire: 835-3348

## Sunday, Feh. 22nd

Gaelic Stom
They're back! Their new album "What's the Rumpus?" debuted at II on
Bllboard's World Chart and now Gaelic
Stom is retuming to Fall Claire: "What's
the Rumpus?" is a wild patty of an album, full of colonful characters and outrageous stories, flavored with Gaelice Storm's signature acoustic sound that gets you dancing and never lets you go.
(contimued on pige 19 )

receive Jesus as your savior and repent of your sin so that He can change your heart. Let Him change you from the inside out. There is this free gift he has waiting for you: salvation. According to Ephesians $2: 8$, "For by grace are ye saved through faith; and that not of yourselves: it is the gift of God." (KJV) Once you offer your sin to God's forgiveness, the Holy Spirit possesses us. Then He begins to change us from the inside out; how we live, how we operate, our desires... everything.

One Who Obeys God. It doesn't stop with being born again. The Christians in the Bible were recognized for acting like Christ. What does that mean today? It means we need to surrender every aspect of our lives to Christ. This includes everything from how we act at work, to the thoughts we think, and even how much we want to please ourselves through entertainment, shiny cars, and whatever else catches our eye. God also wants us to move. We can't make merely a head decision; if we decide to surrender every aspect of our life, it won't be done sitting down.

One Who Reads the Bible. Since following Christ is referred to as a walk, there are three things which make up the main foundation and help you continue to move: studying the Bible, communicating with God through prayer, and keeping yourself in the accountability of fellowship with other believers in a church. Of these three, studying the Bible should be a regular occurrence. Take on a simple amount like one or two chapters a day. This will help you to know God more daily. In addition, you can read a commentary to help you understand what is going on in your daily reading. The more you know Jesus through the word the more you will know who God is and how God works.

One Who Prays. In 2 Thessalonians 1:11, Paul says to the that church, "Therefore we also pray always for you that our God would count you worthy
of this calling, and fulfill all the good pleasure of His goodness and the work of faith with power." Prayer should occur on a regular basis as well. Today, most people tend to pray only when they are in a crisis or when they want something for the wrong reasons, but this is not how it was intended. Prayer is a two-way communication between you and God. That means after you run through your gamut of needs and wants, you should also listen to what God has to say for your life. Don't worry, I don't necessarily hear voices either. God speaks to our spirit. He communicates clearly to the heart of a saved person. You know you are hearing from Him because what He speaks to you will be confirmed by the Bible and by the counsel of godly believers who know you. You will make better choices with your life when you pray, seek counsel and then do.



## What is a Christian?

## (Continued from page 9)

Who is Involved in Their Church. Fellowship is best described as seeking fellowship and accountability from Christian brothers and sisters in your local church body. 1 Corinthians 1:9 says, "God is faithful, by whom you were called into the fellowship of His Son, Jesus Christ our Lord." We cannot expect to learn all we can about God at home; we need to be part church to do so. Paul encourages us to be "part the body" of Christ and then goes on to describe that the connection between believers a local church should be unified like your hand your wrist or your foot to your ankle. Church attendance should be a regular occurrence. If you don't have a group of Christian friends, begin going to a church and get to know people. This way, you can have a base of people you can share your problems with and offer a listening ear to their problems. Be sure not to pick someone who is just going to tell you what you want to hear, though. When looking for wise counsel, you want to seek someone who is either as far as you or further along in their Christian walk. The Bible tells us that there is


Now it's up to you! Take away one final verse to think about as you look for a church to start attending regularly. Jeremiah $4: 3$ states, "...Plow up the hardness of your hearts; otherwise the good seed will be wasted among the thorns." (This basically means, change your attitude and then see what happens.) Do you check the "Christian" box on a survey as easily as you would the "Caucasian" box? Have you been fronting that you are a Christian to get a better job, a girl, a guy, to be looked at a certain way, or to make yourself feel better? Do you really think that's going to get you anywhere? Nothing is worse than a person living a lie they think is true when everyone else who looks at them sees it's not.


living my own faith,
letting God speak to
me through his word,
I was simply living
off my parents' faith."

Iwas always the one in Sunday school who knew the answer. Classmates would fight over who would "get Bekah" on their team during Bible quizzes and so on. Growing up, my parents taught us about the Bible, God, and going to church. Looking back now I'm very grateful for their godly example and for the upbringing I had, but there were times during it that I was bitter. I said "the prayer" to "get saved" when I was about 5 years old. I remember praying that prayer over and over when I was little because I thought it would expire; I thought God would only "save" me for that one day. I didn't know then that it's not the words you say, but how you live that determines whether you are following after God. Throughout my childhood we moved a lot which was hard, but it shaped me into the person I am today. One such move in middle school was really hard for me. We moved from a nice house in town to a rundown farm house. I was mad at God and mad at my parents for making us move again. Although subtle, this anger continued through my early teenage years. I still went to church with my family but instead of living my own faith, letting God speak to me through his word, I was
simply living off my parents' faith. I was rebellious and didn't want to have to depend on God for anything. I was independent and just fine doing things my own way. Then when I was 16 , I went on a mission's trip to Romania. That month really changed my life and I realized then that I wanted to give my life to God because I really couldn't do it on my own. I was a sinner, capable of only sin, while my Savior was perfect and wanting to change me and, amazingly enough, use me for His glory. I wanted to live out my faith and not settle for anything. God has taken me through so much since then. Through each stage in my life, He has proven to me that although hard, His path is the best. Coming to Stout and moving out of my parents' house was another step which God has used to grow and change me. I am very blessed to have found a great church here which has really helped me stay the course. Even though I am continually messing up and having to repent of $\sin$, I know God will never leave me or forsake me. My favorite verse is currently 1 Corinthians 12:51: "But earnestly desire the higher gifts. And I will show you a still more excellent way." This verse gives me hope. Keep God at the center, seek his higher gifts, not settling for anything else, and he will show you a still more excellent way. I pray that you find that way.

## A

As a college student, you've graduated from High School, been accepted into higher education, and are taking classes that end with the suffix "ology". You may even be thinking that your intelligence is just slightly above that of the Average Joe. Now it's time to test your knowledge of those things that everyone should know. When asked the following questions, most $5^{\text {th }}$ graders can answer correctly ${ }^{1}$. Can you?

## TTHE COURE:

1. What is the fastest bird on foot?
A. Flamingo
B. Penguin
C. Emu
D. Ostrich
E. Turkey

. What planet is closest to the sun?
A. Venus
B. Earth
C. Mercury
D. Mars
E. Jupiter
2. Which of the following is NOT one of the Great Lakes?
A. Alberta
B. Huron
C. Michigan
D. Ontario
E. Superior
3. A heptagon is a shape with how many sides?
A. 4
B. 6
C. 7
D. 8

## YOUR ANSWERS:

$=$| 1. | 11. |
| :--- | :--- |
| 2. | 12. |
| 3. | 13. |
| 4. | 14. |
| 5. | 15. |
| 6. | 16. |
| 7. | 17. |
| 8. | 18. |
| 9. | 19. |
| 10. | 20. |

5. How long is one regular term for a U.S. Representative?
A. 1 year
B. 2 years
C. 3 years
D. 4 years
E. 6 years
6. What is the compound word in this sentence? -- The bus driver took an alternate route to the airport.
A. Driver
B. Alternate
C. Route
D. Airport
(Continued on page 17)


There are those who call themselves Christians... Sure, they act like they know God.

Sure, they hit church once in a while.

## THEN THERE ARE THOSE WHO ACTUALLY...



WHAT AREYOU DOING MONDAY NIGHT? College Bible Study-Cedar-Maplewood Room @ 7pm YOU WANT TO GET HARDCORE WITH YOUR FAITH?



Summer 2009 brings our 4th trip to:
Cornerstone Festival in lllinois It's 1 week of intense fellowship, devotions, and serving coffee to thousands. Join Street Level and join us at Cornerstone 2009!

Summer 2010 brings our 1 st all Street Level trip to: Philippines. There we will host a Filipino
Christian Rock Band for 2 weekend tours
through local villages ministering the Philippines. There we will host a Filipino
Christian Rock Band for 2 weekend tours
through local villages ministering the Philippines. There we will host a Filipino
Christian Rock Band for 2 weekend tour
through local villages ministering the gospel to the locals

CORNERSTONE FESTIVAL


## 

(Continued from page 12)
7. Which of the following states is NOT on the Gulf of Mexico?
A. Georgia
B. Texas
C. Florida
D. Alabama
E. Louisiana
8. What is the lowest prime number?
A. 0
B. 1
C. 2
D. 3
E. 5
9. On what continent is the chimpanzee's natural habitat?
A. South America
B. Asia
C. Africa
D. Australia
10. What is the largest South American country by area?
A. Argentina
B. Brazil
C. Chile
D. Mexico
E. Peru
11. Which one of the following states is NOT part of the Four Corners?
A. New Mexico
B. Utah
C. Colorado
D. Nevada
E. Arizona
12. Who was the first person to step foot on the moon?
A. Neil Armstrong
B. Edwin 'Buzz' Aldrin
C. John Glenn
D. Sally Ride
E. Alan Shepard
13. 'Carefully' is an example of what type of word?
A. Adjective
B. Noun
C. Verb
D. Adverb
14. What animal classification is a turtle?
A. Amphibian
B. Fish
C. Reptile
D. Mammal
15. In the northern hemisphere, in what month is the autumnal equinox?
A. August
B. September
C. October
D. November
16. Emma has 2 yard sticks. She also has a 12-inch ruler. She laid them end-to-end in a line. How many feet long is the line?
A. 3 Feet
B. 5 Feet
C. 7 Feet
D. 9 Feet
E. 11 Feet
17. Inca civilizations were concentrated on what continent?
A. South America
B. Africa
C. North America
D. Asia
E. Europe
18. What state is the Grand Canyon in?
A. California
B. Arizona
C. North Dakota
D. New Mexico
E. Utah
19. Who was the first president of the United States?
A. John Adams
B. Abraham Lincoln
C. Thomas Jefferson
D. George Washington
20. What is the element symbol for chlorine?
A. Ch
B. Cl
C. Cr


Correct Answers: (Don't peek before you answer!)


# Jestins . . . Maturally 

Becently, Word on the Street magazine had a mind to sponsor one lucky individual to investigate the wide variety of natural body cleansing products. Put to the test were Dr. Bronner's Castile Soap, Yogi Bedtime Tea, Zand Colon Cleanse, and Jason's Deodorant. He wasn't all too thrilled to be tested like an animal, but he didn't have a choice! That lucky individual was me. (Insert best impression of an evil laugh here.)


## DR. BRONNER'S MAGIC SOAP

18-in-1 Hemp Eucalyptus
Item Description: There's more tiny writing on this bottle than I read during the duration of my high school career. The bottle says, "To simplify \& enjoy life more, dilute $1 / 2 \mathrm{oz}$. or 2 squirts of this pure castile soap with 2 gallons or sink-ful hot water, then towel massage, then wring towel out and fingertip massage your hair and scalp. Enjoy the creamy emollient lather on baby, bath, beach, body, dentures, deodorant, shaving, aftershave - silk - wool - pers - diapers - car - hand and foot soap."

The Rundown: That's just wonderful. I can feel my inner skipping hippie girl just bursting to come out, and I'm a guy! To be honest, let's look at what it actually does. I took a shower with it and guess what? It cleaned my body of dirt and stink. Any soap that does that gets an "A" in my book, but I'm pretty unsure about supporting an industry that posts this much sacrilege on their bottle. Even though I haven't spent all the time it requires (probably 10 man hours of reading) to get through this novel of a label, I can already tell there is a ton of mis-written, mis-quoted garbage on here. If you're using it as soap, then more power to you! Just don't put it in your hair unless you want a tangled

## ZAND QUICK CLEANSE

Colon Cleanser
Item Description: "Periodic cleansing is essential for rejuvenating the body and maintaining optimal health. We expose our bodies to daily stress, food additives and environmental toxins, and over time our ability to 'self cleanse' is reduced. Zand Quick Cleanse program is designed to work naturally with your body to cleanse the liver and colon and eliminate unwanted toxins from your system to bring back the balance you have lost."

The Rundown: That statement is followed with the disclaimer that the product hasn't been evaluated by the FDA. My own disclaimer: if you are a reader weak at heart (stomach, bowels, etc.), you might want to skip reading this, skip using it, and maybe even just skip it in general. I took this product assuming I was going to get diarrhea for the first two days. I didn't get it at all. Don't get me wrong, I want to skip that as much as the next guy, but it was a bit of a let down that it never happened. I don't feel like it cleaned me out, I don't feel any better, my stomach doesn't look any flatter, and I don't feel "cleansed". This is where the faint of heart should stop reading. I looked at the "results" to see if they were even bigger or longer or showing that the \$16 I spent was working at all. One time it was bigger and longer, but otherwise it was nothing all too impressive. A quote from a friend who is a liberal user of natural products brings me to a conclusion on this "cleanse": "Those things don't ever work anyway." If you're going to try this, make sure you "drink plenty of fluids" because apparently that's the key to unlocking your bowels.


## YOGI TEA

Bedtime Organic
Item Description: "Tuck yourself into bed and get a restful night's sleep with a cup of our Bedtime tea."

The Rundown: This stuff tastes great. I'm no tea drinker, but this stuff = wow! You don't even need sugar like with other tea. As for putting me to sleep? Doubtful. I drank it at 5:00 AM and was wide awake for the rest of the day. I also drank it right before bed and then I fell asleep. It will probably affect you differently if you aren't drinking it presuming that it's not going to work.

## JASON

Naturally Fresh Deodorant
Item Description: "Jason naturally fresh for Men Deodorant stick is formulated without Aluminum Chlorohydrate or Parabens."

The Rundown: Let's get the story straight here. If you need to use organic deodorant because of health reasons, then by all means, please do it. If you are using it to be more "earthy", "hippie", "new-agey", "hip", or whatever else you can think of that you would use a $\$ 5.39$ stick of deodorant, then GET REAL. I don't take showers daily. It's just how I operate. Before this, I used Arm \& Hammer Fresh Scent; it lasted two days without allowing me to smell of "wild-beast". This stuff didn't last all day before I smelled like I was rolling around on a wrestling mat. This, of course, left me feeling pretty torn as to whether or not I would use it again because it slides on easily, requiring less and it left me feeling fresher, but it didn't do the job like my other deodorant.

## TOM'S OF MAINE



## Natural Deodorant (Apricot)

Item Description: It has an amazing apricot scent, it's clear, and leaves no residue on clothing. It goes on sheer, so it lasts longer, giving you more for your money.

The Rundown: This is not your best bet if you are looking to not sweat a drop during your basketball quarter-finals, but for everyday cleanliness with a fresh apricot scent, this natural alternative is up to the task. If you find you are still smelling a bit bad, just use patchouli to cover the scent like everyone else does.
n conclusion, natural products have their place. It's not a bad idea to buy cloth bags and re-use them at the grocery store; it's not bad to buy local at all. If you're going to boycott Wal-Mart, then you can shop at Target. So, if you need natural products because you have allergic reactions to synthetic materials, then by all means use them. If, however, you use them to tote around this holier-than-thou attitude because you are "all natural", keep it to yourself. Or better yet, open up your horizons a little because people are laughing at you, this writer included.
( ontmued fom page 7)
7:30pm
\$35 box seats
State Theatre : Eall Claire : (715)832. 2787

## Monday, Feb. 23rd

UWEC Artists Series: Robin and Linda WIllams and Their Fine Group
Robill and Linda Willians are like your next-door neighbors-asstiming your neighbors are the salt-of-the-earth and top-tlight performers to boot. One minute yourre borrowing a cup of sugar from them: the next, you're completely stumned by their talent. 7:30-9:30pm $\$ 17$ general. $\$ 15$ seniors, $\$ 7$ kids under 17 students In Advance: $\$ 3.50$ kids under 17 students
Schofield Auditortum, UWEC 836-4833
Fehruary 26, 27, 28.
and March 1, 5, 6, 7, 8
Menomonie Theater Guild presents
"Joseph \& the Amazing Technicolor
Dreamcoat" at the Mabel Tainter
Theater www mabeltainter com

## March Events:

## Friday, March 6th

Live Music at the Blind Munchies
Coffechouse 7 pm
621 Wilson Ave.
www streetleveluwstout.edu
Thursday, March $12^{\text {th }}$
Eau Claire Children's Theatre "House at Pooh Comer" at the Mabel lainter
Theater 7.00 p.m.
www mabeltainter com

## Saturday, March $14^{\text {th }}$

Calliomia Guitat Trio at the Mabel Tainter Theater $8: 00$ p.m.
www. mabeltainter.com

## Saturday, March 21st

Blue Max (Rockin' electric blues) at the Mabel Tamter Theater 8 pm www mabeltainter. com

Friday, March 27th
Grand Derangement (Acadian band and dancers) at the Mabel Tainter Theater 8000 p.m. wwh. mabeltainter com
(commutel an puge 26)

Afew weeks ago I received a card that told me I could get out of hell free. As you can see from the image provided, it is the Monopoly man with wings of an angel escaping what can only be construed as the fiery pits of hell. The Minnesota Atheists, whose motto is "Positive atheism in action", have been pinning the modified cards up in the student center. What is this card? Where did it come from? Is it accurate?

The card is a modification of the original by Mr. Randy Cassingham, who is the author of weird news, This is True. A "self-appointed" moralist informed Cassingham that he was going to hell for one of the stories he related. Cassingham then reasoned that if anyone can condemn you to hell, anyone could get you out of it too, and so the card was born. Sold for $\$ 5.00$ for a sheet of 50 , the get out of hell free card has become an interesting gift to flabbergast your friends or just make someone laugh. ${ }^{1}$ So, I'm not exactly sure what results the Atheists are trying to obtain from the card distribution, striking up curiosity or conversation, maybe?

The truth is, according to the Bible, no one can condemn you to hell or get you out of hell. That is a decision each one of us gets to make. In fact, the biggest decision we have to make on this earth is whether we are going to believe in Jesus Christ and follow Him or if we are going to do our own thing. If we choose to have a relationship with Jesus Christ, we will get to spend eternity with Him in heaven. Personally knowing and trusting Jesus to save us from our sins is the only way to heaven. If we choose our own way, we will get a free ticket to hell. That's the bottom line. It is up to each of us individually not our parents, friends, the guy sitting next to us in class, or the Minnesota Atheists.


From the backwoods to right here.
It's time for...


## Today's topic:

 WHAT'S THIS HERE FAGEBOOK?1ts seems as if the tatest craze is this Facebook. Now I don't know if this Facebook has been out for some time, but I just found out the other day that this Facebook is something that is on the World Wide Web. They say that you go on there and type what you want to talk with people and put pictures up and comment on what people have to say. And they can say what they feel and instead of goong to the local hangout and just talk and hang out like they did in the good old days. I actually found out the udder day that most of my friends have this Facebook. I don't know if I was too upset or not but I kind of feel like a loner out here, you know. So I went on the World Wide Web the other day and ried to fit in this Facebook and turns out everyone wants to be my friend. Even Sergio Cartmeness from Liberia wants to be my friend. But I really don't know how this works because I thought a friend was/someone who kills things like deer and milks cows and doesn't talk about the stock market or those men in business suits. Anyway this Facebook isn't something that is good enough for me and it better not stand between me and fishing, you know. If I call up Earl and say, "Let's go fishin", and he says, 11 can't I Im chatting on that Facebook." Well, I might just have to go to his hit and take a maul to

his computer and burn down his hut. That's got me thinking that I might just have to hang out with Amish people more. They do fun stuff like play baseball and go to the bathroom in the cold, and cut trees down with a saw, and walk and ride horse and buggy everywhere. Well, I guess that don't sound too fun, but that's beside the point. Anyways.

## Real Energy Saving Tips

These nine suggestions cost nothing and will save you money:

|  | CO $_{2}$ Saved (lbs/year) | \$ Saved (\$/year) |
| :---: | :---: | :---: |
| Lower water heater <br> temperature to 120 F | 214 | $\$ 12.12$ |
| Lower thermostat in <br> winter by 2 F | 353 | $\$ 19.04$ |
| Wash clothes in cold <br> water | 327 | $\$ 18.58$ |
| Turn off unneeded <br> lights | 376 | $\$ 21.04$ |
| Turn off home-office <br> equipment | 137 | $\$ 7.68$ |
| Unplug extra fridge in <br> garage | 448 | $\$ 25.04$ |
| Use energy-saving <br> mode on appliances | 769 | $\$ 43.04$ |
| Increase AC <br> thermostat by 3 F | 339 | $\$ 18.90$ |
| Air dry clothes during <br> summer | 779 | $\$ 43.60$ |
| TOTAL |  | $\mathbf{\$ 2 0 9 . 0 4}$ |
| TOTAVED PER <br> YEAR: |  |  |



## Mad LyliciStS produce Mad LyricS.

As I listen to the radio, I hear a familiar tune, "Come on Eileen". I'm singing along, bobbin' my head, "Oh Eileen. Come on Eileen, Eileen, blah, blah, blah, blah." I have absolutely no idea what they are saying at this point, so I make up words: "Come on, Eileen duru I day, Eileen duru I day, Eileen duru I, oh Eileen." (How pathetic am I? Of course, I only sing like this in the private of my room or in the shower; that's always fun.) So I looked up the song on the internet and got the band name, Dexy's Midnight Runners. Even though the band name is a complete mystery to me, all the lyrics are there:

## (Come on, Eileen taloo-rye-aye

Come on, Eileen taloo-rye-aye)
Now you are grown, now you have shown, oh, Eileen
Said Come on, Eileen taloo-rye-aye (repeat in background)
(You've grown so grown) Show, how you feel

## Now I must say more than ever

Things 'round here have changed
I said too-ra-loo-ra-too-ra-loo-rye-aye.(1)
Okay, so I wasn't too far off. Sometimes song lyrics don't make sense and sometimes they do. I also tend to sing along to songs without registering the words that are spewing out of my mouth. Let's delve into a few songs that have hidden meanings and rather difficult words to follow.

With a superfluous amount of genres to choose from, everyone may have their own weird song and their own interpretation of it. "Goliath" by The Mars Volta is a song that really digs deep. Goliath is three names in one; the names of three "spirits" that visited and spoke with the band members via a Ouija board they purchased in Jerusalem. Some of the lyrics were also from poems that were attached to this Ouija board. Now the board is buried in the ground somewhere because they believe it has cursed their band. Just check out their nearly 10 minute video on YouTube and you'll be thoroughly entertained. Another interesting song is "Rosetta Stoned" by Tool. This song is about a stone in Rosetta, Egypt, that had hieroglyphics on it along with the Greek translation. It was discovered by Napoleon's troops and it was the first time they could decipher the meaning of the bieroglyphics. To find out more interesting, useless information, go to www.songfacts.com.

It's pretty entertaining to make up words when they are hard to understand or purposefully sing the wrong words. Alternate renditions of songs can be much more appealing like, "I'm Blue" by Eiffel 65. Let's make up our own lyrics: "I'm blue, if I were green I would die, if I were green I would die, if I were green I would die". Obviously it's not that. It's more like: "I'm blue, da ba dee da ba die". That's not as fun, though, is it? Or, with "Beast of Burden" by Rolling Stones, you can sing: "I'll never leave your pizza burnin'. Never, ever, never, ever, never, ever, ever leave". Isn't that more interesting? I challenge you to do this if you don't already. You will laugh a lot, alone maybe, but you will laugh nonetheless.

It is easy to find any lyrics you are curious about just by using a search engine. For example, type in "Black Betty lyrics" and then you can hear the song and get the lyrics. What a deal! Whether it's an old nursery rhyme about a loved one leaving ("You are my Sunshine" by Jimmie Davis) or the retelling of Frankenstein from the scientist's point of view ("New Frontier" by Iron Maiden), each song has its own story and prescribed lyrics. How is one to know what they are singing along to unless one knows what they are singing along to?

## - 1 - 1 - -

If you're like me. sometimes you hit a wall when it eomes to finding quality rourees in the purfuit of new and interesting music. Here are a few siter $I^{\circ} \mathrm{ve}$ found that might hook you up with some good leads on new artiok.

Him mngazine: A bi-monthly offering geared toward harder Christion music. If's chock full of music review, that you can read online and artift profiles. www,hmmagazine.com

ASTHMATIC KITTY RECORDS: This quirky, independent Inbel features releases from Sufjan Stevens. Viva Voce. Half-handed

CD BABAY: h virtual buffet of independent artidt. Here you'll find the great, the good and the ordinary, but it's worth the time it fakes to geareh through and listen to artists eategorized by genre. I found some real gems amongst these listed, such as Josh Garrels (featured in the music reviews

2) Mur Monday Night studies are broadcast live on Burning Dog Radia 101.7 fm
3) Arevinus Bible Studies are avallable for download on our websitie.
4) Pastor Tom makes up new wirts almast every week.

[^0]
# Tuneage Review 1: 

## Word On The Street Reviewer Rating:



After a name change, a style change, and a change of heart, State of Isaac is out with a new 4-track EP full of introspective lyrics, clever rhythms, and lots of guts.
The band, composed of two brothers and one cousin from Chicago, formerly gained their following as the hard alt-rock band "Fire by Nite", but within the last year decided to leave the name, the musical genre, and the former label behind in order to pursue a style that they feel is more genuinely them and more accurately communicates what they are about as a band. Lead singer, Jonny Bruno, says about the band's decision to change:
"We started writing new material and took it upon ourselves to be honest about musicianship, performance, heart and the reality of God in our lives. The new material was beginning to prove itself different from all that Fire by Nite was ever about. It was just becoming more real and honest."

The new sound has lost a bit of the hard edge, but holds onto the passionate drive that the group is known for. They have effectively tapped into the art of dynamics in their music, drawing similarities in style with groups such as Incubus and Staind. For example, in the song "Their Eyes Say They've Realized" the verses are stripped down to a minimal instrumental with lyrics only to slam into the chorus with full-on power chords and punchy drums. "The Forest King" draws you in with a staccato guitar riff and the lyrics paint a vivid picture:

I've cut down many a tree to rise up belief in me.

Though my design not cheap; was not much a scene.

If you could have seen people pass across
and point out the fool in a hut of branch and moss.

But here I am; making paper of leaves and strapping some skins to my feet.

Soon I'll dig my moat deep and begin to furnish my history.

People pass across and point out the fool in a hut of branch and moss.
But here I am king!


## CD: State of Issac

Artist: State of Issac
Availability: MySpace or direct from the band


The group is off to a great start with an EP packed with promise and musical creativity. This is a great album for driving or to keep you motivated while studying. Their lyrics are too intricate to relegate it to the category of background music, so take a close listen and appreciate this new talent! You can download their music or purchase their CD at their MySpace site: http:// www.myspace.com/stateofisaac.

# Tuneage Review 2: 



## CD: Jacaranda Tree

Artist: Josh Garrels
Availability: www.joshgarrels.com
the lyrics and instrumentals of "Jacaranda". This album in particular is the first of his recordings where he really sounds free and not confined to recorded audio.

One highlight of the album is the second track, "Don't Wait for Me", a stirring ballad about not looking back to a life he left behind.

Showcasing Josh's richly textured musicality and creativity is "The Rabbit and the Bear", a song full of imagery reminiscent of C.S. Lewis and a joyful underlying freedom. This song pulls out all the stops and introduces a variety of instruments, both conventional and non.

As for imagery, the symbol of the Jacaranda tree finds its way into the heart of the album. Garrels states about the tree:
"Jacaranda is the name of a tropical tree, native to the jungle of Peru where my wife grew up. When Michelle moved to Indiana to marry me, she knew she would be "a jacaranda tree in Indiana, green-housed but sung to". This tree has become a strong symbol in this album and in our family as well, of welcoming displacement as we wander the earth."

A personal favorite is "Desert Father", a soulful and thoughtful track with a great backbeat that dares you not to nod your head. The lyrics are equally stirring:

We're marching on
To a spirit song
That no man can cage
In lands of dead wood
That reject the good
From our old Father's hands
But we run free
And weep gracefully
In a world
Dark and cold
Hold on
All you
Who wait by the blue shores
For Him
Thankfully, Josh Garrels is one of those rare artists that defies genre and marks a path all his own. Jacaranda is a must-buy. Visit www.joshgarrels.com to have a listen.

Word On The Street Reviewer Rating:


Mintmulthom page ly):

## Saturday, March $28^{\text {th }}$

Polydream (Comiemporary rock band from Madison) at the Mabel Tainter Theater $800 \mathrm{pm}$. ww w mabeltainter com

## April Events:

## Friday, April 3rd

Live Music at the Blind Munchies
Coffechouse 7 pm
62. Wilson Alve. Menomonie
whw streetlevel luwstout edu.
Thursday, Sunday, April 16-19
Witi A pliy by the Menomonie Theater Guild at the Mabel Tainter Theater wis. inabeltainter.

## Recreation

## Stout Adventures Schedule

hify:Imec invstout ectuladventures/
Trips Schedule
Dog Sledding Snow Shoe Feb 20-22
Spring Break Lake Powell \& Arches
N.T. March 13-22

White Water Rafting - Peshtige River-
April 24-26
Clinies Schedule
1 ead Climbing Class - Feb 10. March 24. April 21 (7pm-8:30pm)

Kayukers Open Pool- Feb 3 \& March 3 ( $8 \mathrm{pm-10pm}$ )
Deep Water Safety Course - March 10
(8pm-10рm)
Dutch Oven Cooking March 25
(6pm-8pm)
Full Moon Ilike at llotinan llillsApril 9 (7 pm-10 pm)
Kayak Roll Clinic - April 14 \& 15 (8pm. 10pm)

## Pages of God

I have only flipped through the first few pages of Your love.
I have only heard a whisper of Your truth. I have only felt the faint breeze of Your peace. I have only seen one petal of Your beauty. I have only taken in one breath of Your mercy. I have only touched the outside layer of Your grace.

How will this story end? What are the notes to follow? How does this story end? Lord, write the words and I will follow.

And when my life comes to a close, I will still have only...

Flipped through the first few pages of Your love.
I have only heard a whisper of Your truth. I have only felt the faint breeze of Your peace. I have only seen one petal of Your beauty. I have only taken in one breath of Your mercy. I have only touched the outside layer of Your grace.

How will this story end? What are the notes to follow? How does this story end? Lord, write the words and I will follow.

Write my story, Be my song,
Be my voice, stay with me Lord. Write my story, Be my steps,
I am Yours with every breath.
And in Heaven, when I get home...
I will know the story, Hear the whole song, Be blown away by You, Be blown away by You.

## YOU IRR \& MIST

I must go to You for safety. I must go to You for strength. I must go to You when I am tempted. I must go to You when I succeed. You are the arms that hug me when I cry. You are the fingers that wipe away my tears.
You are the moonlight that guides me home safely.
You are my life when I achieve.

## WHERE WAS I?

Where was I when Your sunrise rose?
I was wasted, passed out in the cold. Where was I when Your sunset passed? I was selfish, I put You last.
Lord, where were You when we flipped and crashed? You were with me.
Lord, where were You when I needed You most? You were with me, You were so close.

And I won't forget that You are with me now. I won't forget, don't let me forget. You are my sunrise and my sunset. I won't forget, don't let me forget.
You are the feet to stand and the shoulder to lean. I won't forget, don't let me forget.

Where was I when Your sunrise rose?
I was with You wrapped in Your arms of gold. Where was I when Your sunset passed? I was with You, with my Father at last. Lord, where are You when the people cry? You are with them, so alive.
Lord, where are You when the people sing? You are with them, singing to the end.

-There are mine muscles in your ear:
The naxel divides the body of a riewhort baby into two equal parts:

If the average male never shated, his beard would be 13 feet long when he died.
-Experts say the himaz bedy has 60.000 miles of blood vessels

The tongue is the only miscle attached at one end:
Fetuses can liceup.
-Your brain uses $40^{\circ}$ of of the oxygen liat enters your blcodstream:
-Men without hair on theif chests are more likely to get cirthosis of the liver that men with hart:

The longest recorded bout of hiccups lasted for 65 years.

The lotegest recorded sneezing fill lasted 978 days.
-Your stomach has 35 million digestive gland.
At the moment of conception, yoll spent about half an tour as a single cell:
-There is about one fillion bacteria on cach of yout flee.
-Side by side: 2000 cells froll: the human body coilid coner about one square inch.
-There are no tuo tongue prints that are alike:
-Your body contains aboul four ounces of sall:
-Ifjured fingernals grow faster than minured ones:
-Thomen blink twice as much as mer:
-tis is impossible to sneere with your eyes operi.
-The average person's skin weighs twice as minell as their brain.

Whan you are looking al someone youl fove: your pepils dilate, they do the same when you are looking at someone you hate:

At takes twice as long to lose new mincle if you stop araking out than it did to gain if




[^0]:    MONDAY nights at 7PM * In the Cedar/Maplewood Room * Memorial Student Center

