

2 Blocks From Campus

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## From The Outside

From the outside looking in, it around town that almost anyone could have fun doing. When you get a break from classes and homework does not have you too tied up, check out the following list of activities. Stout actually does have a variety of fun things for everyone.

## On Campus Fitness and Recreation

Let's start with Stout Adventures. It includes a rock climbing wall and offers an opportunity for students to go on an assortment of trips ranging in location and duration. The rock climbing wall is located on the south end of the Johnson Field House. It costs $\$ 5$. for students and $\$ 8$. for community members. There are also semester and year packages for purchase. Another cool thing about Stout Adventures is that they rent a large selection of outdoor equipment. Items that can be rented are kayaks, canoes (and a trailer for them), a lot of camping supplies, rock climbing supplies, and winter items (which includes skis, snowshoes, and inner tubes).

The Health and Fitness Center, located in the Johnson Fieldhouse, offers cardiovascular and weight training equipment. It costs $\$ 55$ for the semester and $\$ 5$ for a daily pass. Memberships can be purchased for the year or semester at the front desk.

The Johnson Field House also is home to a swimming pool, basketball courts, racquetball courts, and an indoor track. Everything is free to Stout students, just bring your student ID. If you need to rent a racquetball racket, it will cost $\$ 1$. recreation office. If you need a ball to play racquetball, one can be purchased at the above office for $\$ 1$.

The Recreation Center, which is found in the Memorial Student Center, offers game type activities. Activities include bowling, air hockey, billiard tables, darts, and foosball. During the school year, there is free bowling and billiards every Thursday, which is adequately named "Thursday Night Out". If you stop by on the right Thursday night, you might even catch a concert.

And last but not least for the sports/game activities, if it's nice outside, and you do not feel like being indoors, there are several volleyball nets and a disc golf course located around Price Commons. For more information on UW-Stout activities, check out www.uwstout.edu/univrec/.

Getting involved with a student organization can be a great way to have fun and meet people at the same time. Streetlevel is just such an organization. They meet on Monday nights at 7:00 pm in Huff's Lounge for Bible study and hanging out time afterward.

Streetlevel also operates a radio station, WRJF 101.7 Jesus Rock Radio. The station offers a large selection of music genres and bible teachings. More information on Streetlevel can be found at www.streetlevel.uwstout.edu.

## (2)

## Off Campus Recreation

Off campus, there are several parks and even a trail that can offer time outside away from campus. The Red Cedar Trail (1) has a paved portion, Stokke Trail, that is great for walking/rollerblading. This is located off of Meadowbill Dr., which is off of Broadway and across from the Public Library. The trail is within walking distance of campus. For more information on parks and other activities in the area, check out www.menomoniechamber.org.

## Movies and Media Entertainment

However, if it's not sunny and warm outside (as it is for about half the year here in Menomonie) and you really do not feel like going outside at all, the Stout library just might be what you are looking for. They just might have an interesting DVD in the documentary mix. At the library you can also check out fun equipment, such as digital cameras, digital camcorders, computer projection units (watch a DVD projected on the wall), and microphones. You be creative with their equipment. For more information UW-Stout Library, check out www.uwstout.edu/lib/.

Now if you have the projection unit, and all you need is a good DVD, the Menomonie Public Library (2) just might be your answer. You do need to have a library card which is free with proof of student status. Also since many of the DVDs are in nearby libraries, you might want to order your DVD ahead of time. For more information on the Menomonie Public Library, check out www.menomonielibrary.org/.

If time and convenience is what you are looking for, you might just want to try Mr. Movies located in the Shops off Broadway Mall on Broadway Ave. If cheap is what you are looking for, Movies Etc., located by Lammers, has a limited variety of $\$ 1$. movie rentals.

## Coffee Shops

Menomonie also has a number of great coffee shops. The Blind Munchies Coffee House (3) is located on Wilson Ave, a block east of Burger King. The Blind Munchies offers free concerts during the school year on some Friday nights. The Blind Munchies Coffee House not only has excellent coffee and espresso, but very good bakery. For more information on the Blind Munchies Coffee House, check out www.streetlevel.uwstout.edu/ theblindmunchies/.

Close to campus, there is the Acoustic Café (4), located on Broadway Ave. The Acoustic Café is also known for their sandwiches and ice cream.

Legacy Chocolates (5) is located on Broadway Ave. This coffee shop offers not only coffee and espresso, but delicious chocolates, letting you pick the percentage of chocolate you desire.

So now you know some cheap ways to have fun around the town, go do it!


Wednesday, Sept. $6^{\text {th }}-$ Classes begin
Saturday, Oct. 14 ${ }^{\text {th }}-$ UW-Stout Homecoming

Tuesday, Oct. 24 ${ }^{\text {th }}$ - Advisement Day, no classes


## UW-Stout Sports

Thursday, August 31
Football vs. William Penn, 5 p.m.
Friday, September 1
Soccer vs. Bemidji
State at Duluth, MN, noon

Volleyball at UW-Eau Claire Invite

Saturday, September 2 Soccer at St. Scholastica, 4 p.m.



Tennis vs. Edgewood College at Eau Claire,
11 a.m.
Tennis vs. St. Norbert College at Eau Claire, 2:30 p.m.
Volleyball at UW-Eau Claire Invite
MW Cross Country Jamie Block Alumni/ Intrasquad, 9:30 a.m.

Tuesday, September 5
Soccer at Bethel College, 4 p.m.
Wednesday, September 6
Volleyball vs. St. Scholastica, 7 p.m.
Friday, September 8
Soccer vs. St. Olaf, 7 p.m. Volleyball at Augsburg Invite

Saturday, September 9
Tennis at UW-Whitewater Invite, 8 a.m.

## Volleyball at Augsburg Invite

Tuesday, September 12
Tennis vs. UW-Eau Claire, 3:30 p.m.
Friday, September 15
Tennis vs. UW-Whitewater, 4 p.m.
Volleyball at Marymount, VA Invite
Saturday, September 16
Football at Upper lowa, 1 p.m.

This summer, members of Street Level embarked on a weeklong journey to Cornerstone Music Festival in Bushnell, Illinois. Cornerstone is a Christian rock fest featuring nearly every genre of music with artists ranging from Indie labels to big name bands. Street Level was asked by the managers of the festival to bring a traveling version of our Blind Munchies Coffeehouse to the fest and serve coffee at the Main Stage. This was no small feat considering there are roughly 30,000 people in attendance.

So we made the trek to Illinois which included a 6 hour tire problem in Iowa, along with a plethora of bizarre lawn ornaments and statues along the way. At the festival, we set up the Coffeehouse and met a lot of awesome people as we served coffee. We were hot, sweaty, dirty and sleepy, but we had a great time with each other and a great time hearing some of our favorite bands.

One of the best parts about the whole thing was the fact that all of our proceeds above cost from the coffeehouse will be sent to a church in India that Street Level supports. So, we felt like we were also working toward a pretty cool goal while we were there.

All in all, the trip proved to be quite the adventure, especially when we got to use an outdoor Biffy for an entire week! Thanks, "Johnny on the Spot!"


Are you sick of all the magazines that only write about muscles, trucks, makeup and food? Let us introduce you to an underground college 'zine called Word on the Street. It is Street Level's quarterly publication that addresses topics relevant to Stout life and contains edgy articles about controversial issues, poetry, artwork, fun facts, and student polls. Look for magazine racks all over campus for the latest issues.


Yeshua-what? No, it's not the sound you make when you sneeze; Yeshuapolooza is the name of our annual outdoor music festival/extravaganza, going 8 years strong. Here you'll be able to kick back and lounge outside in the sun while you listen to 6 live bands of various genres perform onstage. We serve up awesome food and coffee drinks, do henna tattoos, have a wacky photo booth, sell unique merchandise from India, and offer a unique atmosphere for your enjoyment. The festival is going to be held this year at the Wilson Band Shell Park, a block east of Burger King on Wilson Avenue. It all goes down on September $9^{\text {th }}$, from 2 pm till about 10:00 pm. This concert is a chance to bring live, cool Christian music to Menomonie and to raise money for the missions work that we support in India. See you there.


In Street Level, we believe that one of the most important things that we can do is to share the abundance that we have in America with people in other countries. Street Level supports several churches in India, the most recent being a church that we are building in Kanakote, India with the money that was raised over the summer at Cornerstone and in various other fundraising ventures. People from our church and from Street Level also take a yearly trip to India to meet them and help with the work in any way that we can. It's been an awesome chance to connect with some really incredible people on the other side of the planet, and to get a reality shot about life in other countries.

There are three words that you should know this fall: free live music. On two Friday nights each month you can find free concerts in a variety of genres playing at the Blind Nunchies Coffeehouse. Street Level has brought all kinds of bands to Menomonie over the past 9 years. Our favorite at the moment is Flatfoot 56, a Scottish Punk, (yes, Scottish Punk) band from Chicago who pack a mean punch with electric guitars, strong bass vocals, and a wee kilted bagpipe player. They are definitely one of a kind. Look for posters all over campus this year advertising the shows, which are always held down at the Coffeehouse, only 3 blocks from campus, at 7:00 pm on Friday nights. We put on concerts to provide a pressure-free atmosphere for people to enjoy good music.



Astaple of being in Street Level, is the annual woodsy retreat. It's a time to hang out, dig into the Bible, and relax and enjoy one another. Along with all of this is our delicious junk food buffet. Everybody brings something to contribute to the table and the food just mounds up for us to eat over the weekend. While some people are infamous for attempting to bring carrots and whole wheat crackers, there is always an abundance of interesting junk foods. Our favorites are chocolate chip cookies and puppy chow, but some of the more interesting contributions over the years include egg bake loaf and pancakes that were made on Tony's hubcap because the facility didn't have a frying pan for us to use; the finished pancakes had Chevy logos in them. We do these retreats to get away from the busyness of life and to spend time getting to know each other and God better.


We are a full-on Jesus Rock station in Menomonie, Wisconsin. Pumping out 100 watts, our broadcast signal reaches you through the concrete at Stout and many local communities. Our call letters are WRJF-LP 101.7 fm . Tune in when you are in Menomonie for a diverse mix of Jesus music ranging anywhere between folk and reggae to electronica and hip hop to even punk and metal. We also offer live DJ shows, weather, current events and Bible teachings throughout the week. On Wednesday nights at $7: 00 \mathrm{pm}$ and Sunday Mornings at 10:30am you can tune in for live worship music and a verse-by-verse Bible study. We're sure you'll enjoy listening.
 magine yourself doing homework in your stinky dorm room with your roommate blaring reruns of Friends. This could happen to you. That's where the stadent-friendly Blind Munchices Coffeehouse comes in. We've got free wireless internet connection, cspresso drinks, coffee, Jones and Stewart's bottled soda, homemade bakery and other goodies along with comfy seating and a retro interior. It's the perfect place to get away from the dorms and relax, play pool, do homework, or bring friends. It's located close to campus at 621 Wilson Avenue, one block down from Burger King. It's in the lower level of the Jesus Fellowship of Believers church, but be warned because this is no ordinary churchlady basement!


On $6^{\text {th }}$ street, behind the Applied Arts building, there is an old church building with a lot of character on the outside and a lot of characters living inside. This is our disciples' house, full of an eclectic bunch of twentysomethings. The disciple part means that the people living there are committed to live a life in love with Jesus and to be used for his purposes. It's a place where the group can be challenged, encouraged, and enjoy one another through everyday life. It's dorm-style living for about $10-$ 15 guys and gals. If you're ever walking down $6^{\text {th }}$ street and see the large white church building, it's pretty cool on the inside. We probably have one of the only homes around with 25 foot tall ceilings!


Soccer at UW-Oshkosh, 3 p.m.
Tennis at UW-Stevens Point, 9 a.m.
Volleyball at Marymount, VA Invite
MW Cross Country at UW-Parkside Invite, noon

Wednesday, September 20
Soccer at UW-Eau Claire, 4 p.m.
Tennis at UW-River Falls, 3:30 p.m.
Friday, September 22
Tennis ITA Championships
Volleyball at UW-Stevens Point, 7 p.m. Saturday, September 23


Football vs. Whitworth College, 1 p.m.
Soccer vs. UW-La Crosse, 7 p.m.
Tennis ITA Championships
Volleyball at Lakeland College, 1 p.m.
Volleyball vs. Northland College at Sheboygen, WI, 3 p.m.
MW Cross Country at Roy Griak Invitational at Minneapolis, MN, TBA

Wednesday, September 27
Volleyball vs. UW-Superior, 7 p.m.
Saturday, September 30
Football at UW-Plateville, 1 p.m.

YeShuapolooza 2006 September 9th $2 p m-10 p m$ - Artist Info page.


Longtime friends in the music world, Angry Atom teams up again with Street Level to cause crowds to get crazy and jump around. These guys are loved by The Blind Munchies and are played frequently on Jesus Rock 101.7 fm . We have a long history together. You just gotta see them!
www.myspace.com/angryatom

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## SATURDAY SEPTEMBER OTH - 2PM-10PM Whison park bandshell. menomonie, wi

## FOMFEEDMAN

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Mors Info: www.strastlevel.uwstout.adu OR 715-235-8300 Broadeast Live on 101.7FM - Hog Roast - The Blind Munehies Rain-sitg @ The Great Hall •UWSTOUI

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## YESHUAPOLOOZA 2006 September 9th $2 p m-10 p m$ • Artist Info page.



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These guys were a crowd favorite at the Blind Munchies from last year's concert line-up. Their sound is a blow back to power rock parallel with artists like The Who, Elvis Costello and Aerosmith. Their sound isn't entirely retro but carries a strong modern power rock flair found today as well. Take a listen at:
www.myspace.com/wannabehasbeens


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Dazzling the fans with his delta blues and Americana roots sound, Tom Feldmann is sure to be quickly rising to the top in the unique music category he is part of. There are not many artists in the Christian circles who take up this sound but Tom Feldmann uses this style to connect with the listeners and convey truth to a down world. Check his tunes out at:
www.myspace.com/tomfeldmann


## 

What does a keytar, a safety helmet and the phrase "Oh wa oh wa a oh. YEAH!" have in common? This slightly strange but very cool artrock group called Runway 36 . In their brand of modern rock features at times a circus-y key board, harmonious vocals and groovy beats they pound out a great message and look like they enjoy what they do. They were loved by The Blind Munchies audience this last year. Peel your easy:

an you member your first day of kindergarten? You wondered what was the matter with your mother for waking you up while it was still dark outside. Your concern for her continued to grow as she frantically rationed various food items, hastily put them into a brown sack, and thrust it into your hand. The tension in her voice as she tried to explain to you what would soon be happening made you nervous.
experience will certainly be miserable if everybody hates you. However, some people get so worked up about it that they resort to bringing their old teddy bear with them for consolation, knowing that even if the entire campus unites against them, they'll at least have Teddy, and Teddy never disappoints. I assure you, you'll find better friends at college than Teddy Ruxpin. Knowing that the majority of incoming students feel this way should put you at ease. If you are desperate for friendship and they are desperate for friendship, things will be dandy, even if you're both extremely antisocial. It won't do you much good, however, to sit back and allow your friends to be chosen for you. Be proactive and bold in your search for peers. Be natural. Don't be discriminating or partial. Practice these things now and you'll have no problem when you arrive. The easiest way to make friends is to do a lot of listening. People like to talk about themselves a lot, so if you ask them lots of questions about themselves, and can pretend to look interested, you'll soon have a hard time prying yourself away. At any rate, try to keep from being so zealous for companionship that you end up doing

## Be proactive and bold in your search for peers. Be natural. Don't be discriminating or partial.

You were informed that you'd be going to a place with other kids, that you should listen for the alarms that sound every hour to tell you when to go to another room, that the nurse would be giving you a shot in the arm soon, and to remember to raise your hand before going to the bathroom or talking. For some mysterious reason she walked you out to the end of the driveway where she said goodbye. You noticed that there were tears in her eyes. Realizing that you may never see her again you began to sob. A giant yellow vehicle stopped in front of you, the doors parted, and inside was a fat man with teeth as yellow as the bus he drove. You clung to your mother, but she pushed you into the vehicle and the doors shut tightly behind you. You looked at her through the window as she waved goodbye. All of a sudden, you realized that she and the fat man had this whole thing planned.

Entering into the college atmosphere can be equally daunting as you plan to jump head-first into a brand new lifestyle. One that can very easily take you off guard if you don't know what to expect. The publishers of this magazine would like to offer some helpful insights into the challenges that lie ahead for the higher education novice who has just "left the nest".

The biggest priority (and perhaps the biggest worry) for most students seems to be the issue of "fitting in" and making friends. Your college
something foolish in order to gain acceptance. College seems to be a breeding ground for this kind of desperation. Don't let anyone pressure you into doing things you don't agree with. You'll regret it later, or even worse, you won't.

Finding a church may be least important on the list of priorities for an incoming student, if it has even made the list at all, but can be a great place to make some very down-to-earth friends. For many students, church may be important, but the outside pressures and the inconvenience of doing any actual seeking will prevent them from finding a good church. For others, church is uncool, unneeded, and simply boring. Coming to a Bible study at all is out of the question because of the already too-heavy



Style, 10 a.m.
Wednesday, October 4
Soccer vs. UW-River Falls, 4 p.m.
Volleyball at UW-Eau Claire, 7 p.m.
Friday, October 6
Volleyball vs. UW-La Crosse, 7 p.m.
Saturday, October 7
Football vs. UW-Oshkosh, 1 p.m.
Soccer at UW-Whisewater, 4 p.m.
Soccer vs. UW-Superior, 7 p.m.
Tennis at UW-La Crosse, 2 p.m.
Tennis vs. UW-Oshkosh, 10 a.m.

Tuesday, October 10 Soccer vs. MSOE, 7 p.m.

Wednesday, October 11
Volleyball vs. UW-
River Falls, 7 p.m.
Saturday, October 14
Football vs. UW-Eau
Claire, 1 p.m.


Soccer at St.
Catherine, 1 p.m.
Women's Cross Country at Tori Neubauer Invitational in La Crosse, WI, TBA

credit load. Another "class" is the last thing in the world they would want, especially one that won't earn them any credit. There are, however, a few who will fight the pressures and distractions in order to find a good church. These students know that their lifestyle should determine their peer group, and so they are quick to establish a solid foundation of church attendance, good study habits, proper nutrition, and other disciplines. They are wise in not allowing their peer group to determine their lifestyle.

The writers/distributors of this magazine are a group of college-aged people who attend an on-campus Bible study called "The College Study". This group meets weekly for a "come-as-youare", open format study that goes through the Bible verse by verse. Street

Chances are good they will be just as nervous about who you are as you are about them. Oftentimes, a roommate can become your best friend throughout college and beyond. Let your relationship develop naturally. Don't try too hard to become best friends with them, nor would it be wise to ignore them altogether. At any rate, your best bet is to just relax. The horror stories are few and far between.
Another issue to consider is finances. How will your education be paid for? Have you gotten scholarships? Loans? Will your family be paying for you? Will you be working to pay your way through? Scholarships are great because everyone knows that college isn't cheap. It is also nice if you receive financial help from your family, but knowing that they have invested their money into your education may put you into a position of having that held "over your head". In other words, your family may have more say in which direction you go than you do. Having help from your folks, however, may be incentive enough to put forth the extra effort in your studies. To waste away your potential future by being irresponsible is to also waste someone else's money, and lots of it. Working to pay your way through college can be done, but may be an idealistic approach to funding your studies. While there are many options, it seems that loans are the most prevalent means of financial support. Take some time and sit down to figure out how much your total debt will be upon graduation. This will help you to keep perspective over the next 4-6 years as many students are caught unaware when all is said and done. It's easy, when the loan checks are coming in, to forget that you will be paying that

## Will they snore? Do they have poor hygiene? Have they done prison time?

Level is a campus ministry which is part of a church called Jesus Fellowship of Believers located at 621 Wilson Avenue. Services are held at 10:30am on Sundays, and 7 pm on Wednesday evenings. All services are broadcast live on 101.7 fm (along with some of the most eclectic Christian music you've ever heard) for anyone who's too bashful to be seen at church, but excellent coffee and bakery await the thrill seekers who venture out into the mysterious world of church attendance. Many of us are more fun to be with than a teddy bear.

Another of the many concerns for the freshman may be the seemingly random method of placing you with a good roommate. At this point it may seem like you'd have more luck with the Powerball lottery than with getting a decent roommate. After all, you will be sleeping only a few feet from a complete stranger. Will they snore? Do they have poor hygiene? Have they done prison time? There are two possible solutions to this dilemma. The first is to make a pre-emptive strike. Instead of being intimidated by your roommate, do some intimidating of your own. If they appear to be crazy, make yourself out to be even crazier. If they shower only once a week, make it a point to shower only once every two weeks. If they wear pink pajamas to bed and sleep with a doll, wear a clown costume to bed and sleep with a batchet. Be creative.

The second option, however, is to make contact with them before your arrival. Get their phone number or e-mail address beforehand and find out what they are like.If possible, arrange a time and place to meet for lunch.
money back one day, with interest. One single dollar you can afford to pay up front is one less dollar you will be charged interest on later, and everybody knows, "it's the interest that kills you." It would be wise to look for at least part-time work during your time here. Also, prepare to be bombarded with credit card applications, another way to rack up debts and interest charges. Taking on a part-time job will keep extra spending cash in your pocket creating less of a need for such temptations that these cards provide. Check out the numerous jobs available on campussometimes your boss will even let you do some of your homework at work. Also, keep in mind that prospective employers after graduation will look favorably upon a history of work, even if it is not in your field.


Invitational in La Crosse, WI, TBA

## Friday, October 20

Volleyball at UW-Whitewater, 7 p.m.
MW Cross Country at Lake Wissota Invitational, 4 p.m.

Safurday, October 21
Foorball at UW-River Falls, 1 p.m.
Soccer at UW-Stevens Point, 2 p.m. Tennis WIAC Championships at Madison
Yolleyball at UW-Oshkosh, 1 p.m.
Sunday, October 22
Soccer at Wartburg Coliege, 2 p.m.
Tennis WIAC Championships at Madison


Tuesday, October 24
Volleyball at Northwestern, 7 p.m.
Friday, October 27
Soccer vs. UW-Plafeville, 7 p.m.
Volleyball at Illinois Wesleyan Invite
Hockey vs. Lawrence University, 7:30 p.m.
Saturday, October 28
Football vs. UW-La Crosse, 1 p.m.
Volleyball at Illinois Wesleyan Invite
MW Cross Country WIAC Championships at La Crosse, WI, 11 a.m.

Tuesday, October 31

For many, college is seen as a place where the prevailing focus, and the largest amount of effort is placed into your studies. While this may be the case in some private schools, it hardly seems to be the case here at UW-Stout. In fact, it seems fighting the distractions that attempt to keep you from your studies can consume more of your time and energy than the actual homework. On the whole, it inn't hote betore thents ane mede ated groaps are formed, after which your entire social life is apt to be challenged and/or changed. Though you may feel that it will be hard to make friends, and that no one will like you, be prepared for just the opposite. You may find more friends here than you've had in high school. Coupled with the fact that mom and pop aren't around anymore to impose any kind of curfews or rules, you may find yourself being rapidly pulled away from that which you came here for. It happens often.
The disciplines you have * learned in your life thus far,多 instilled by your parents and others close to you, will be a determining factor in how well you study, how involved you will be, with whom you will spend time, and what you will spend your time doing. Many are required by their parents to hold a job throughout high school, do chores, go to church, be home by 11 pm , and clean their room. Discarding these disciplines is a temptation that most will face. It's always easier to eat junkfood in your room than to walk across campus to eat at the cafeteria. It's much more fun to stay out until 2:30am on a weekday and miss your 8am Friday class, than it is to leave your friends and go home early. It's much more exciting to play video games in your spare time than to get a part-time job. Many of the choices you make will be influenced by the people you spend the most time with. Sometimes saying "no" to a friend is more difficult than taking final exams.

What about going home on weekends? It may be difficult at first to resist the temptation to return, but how can you fully immerse yourself in the college experience if you're never around? In fact, it is the weekends, away from the classroom, where some of the most meaningful relationships can develop. Perhaps you've got a girlfriend or boyfriend back home that you miss. Try to bring them to you. Introduce them to your new friends. Let them be part of your new life. Make Menomonie your new home. Eat at Tom and Jo's chicken on Tainter street. Go to the stock car races at the Red Cedar Speedway. Introduce yourself to the owners of the flower shop. Play checkers against Jeff and Jim.

I graduated from college nearly nine years ago, and upon reflection, there are some things I would have done differently if I were to do it again. Of course, there are many things I wouldn't change such as the time my
housemates and I decorated the tree in our yard with two garbage bags full of bagels. I wouldn't change the time I went to class dressed like a Pepsi vendor. I also have fond memories of the time I waddled through campus with a big plastic pineapple stuffed in my pants. If there was one thing I could go back in time to change, it would be all of the times I wasn't more solid in my moral convictions. I was taught phitusophies and ideas that were, and still are, contrary to my beliefs, but I swallowed those giant chunks of doctrine without contest. College is a place where people of all kinds are looking to find the right path through life, whether it be financially, morally, or ethically. Many decide on a particular path by piecing together a belief system with bits of information collected from a host of varying sources: friends, peers, systems, media, etc. I have learned the important lesson in college that not even the instructors have necessarily found the right path, nor do they always know what direction to point you. If the teacher doesn't know where to go, how can the student find out?

Welcome to college life. For the next four years of your life you will be immersed in a culture all its own. Keep your head on straight. Think clearly and make no hasty decisions. If you're looking for friends, come around and introduce yourself sometime at Street Level. Who knows, maybe you'll find your first few.


Soccer WIAC First Round
Hockey vs. Concordia-Moorhead 7:30 p.m. (tent)
volleyball WIAC Quarterfinals

## Music/Entertainment

September 8-October 29, Barefoot in the Park, Fanny Hill Dinner Theater, Eau Claire

September 8, Seventh Day Slumber, Last Tuesday, Brotha Tone in concert, Club 3 Degrees, Minneapolis, MN, 8pm

September 9, Street Level presents Yeshuapolooza, Wilson Park, 2pm-10pm, see ad in this 'zine for more info


September 15-17, Oktoberfest, Northern Wisconsin State Fairgrounds

September 22, Family Force 5 in concert, Club 3 Degrees, Minneapolis, MN, 9 pm

September 22-23 Punky Manor Challenge of Champions, Red Cedar Speedway, Menomonie

October 7, Parade of Colors Fall Hike on the Ice Age Trail, Chippewa Moraine Visitors Center

October 28, Barlow Girl, Matthew West, and Downhere in concert, Club 3 Degrees, Minneapolis, MN, 8pm

## A Life Changing Experience



T had high hopes that college would be my golden ticket to a great job, marriage, plenty of money, and a comfortable future. But my life took an unimaginable turn. This is my story.

- Life before college
- Life at UW-STOUT
- Life as I know it today


## Life before college

I grew up on a rural farm with chickens, cows, corn, and alfalfa. My life consisted of chasing girls, cross country, track, baseball, 4-H, playing drums, surfing porn, playing video games, arguing with my mom, and going to church on Sundays. I was always looking, hoping, and expecting something big out of life. My life's dream was to be a computer programmer, marry a hot woman, and have as much fun as I could before checking out. College would be my conduit to all my life's dreams, so I thought.

## Life at UW-STOUT

Finally, life had begun. I was on my own with new friends, few responsibilities, late nights, and an endless chasm of opportunity just beyond my grasp. My first three years consisted of dorm living, chasing girls, playing intramural sports, surfing porn, playing video games, and going to church most of the time with my roommate. But there was little self control and a little too much alcohol in my life. My emotions began to rule my life. My own entertainment began to ruin my life. By the third year, with the help of a relationship that went south, I found myself unstable, suicidal, psychotic, and often uncontrollable. I would sleep little and sometimes gag dry heaves over my apartment's shared toilet many nights. It wasn't the alcohol that was bothering me so much as the realization that my hopes and dreams would never materialize.

## Life as I know it today

After 15 months of living in a miserable state of lethargy, I realized my life needed to change. Going to church on Sundays wasn't enough to keep me on the "straight and narrow" so I tried a then flourishing ministry called Campus Crusade on Thursday nights. After the singing program, some of the "crusaders" went to The Blind Munchies Coffeehouse. I followed them a

few steps behind. That night I started a
 conversation with a young couple who were from the church that owned the coffeehouse. I saw joy in their life and genuine love for me and concern for my situation. We talked for hours about God, the Bible, and Jesus. By the end of our talk, there was a spark of hope that returned to my life, not for my life's dreams, but simply for the peace that they had.

It has been over six years since that conversation. The spark that was started that cold February night has been kindled, and rekindled through a simple Biblebelieving church, studying the Bible, and a close family-like group of believers. Over several years, my dreams were voluntarily surrendered and replaced with God's far better dreams for my life. I now have peace, stability, joy, and a firm grasp on God's dreams for my life. I found the "golden ticket." But it wasn't at UW-STOUT. It was found only a few blocks away, where I began a life with Jesus Christ.



1) What brought you together as a band in the begiming? (I'm not a band, so I just answered it on how I started.)
I started playing guitar when I was about a senior in high school and almost immediately started writing really bad songs. I'm not sure I even made a conscious decision to become a songwriter...it was just sort of a natural progression. I mean, I just didn't want to sing what someone else had written. So, I said what I wanted to say instead.







2) If you had to pick a favorite movie or TV show from before 1990 , what would it be? Buck Rogers or Knight Rider... equally terrible and lovely.





3) Are there times in the past when you have felt discouraged and wanted to quit? If so what made you keep going?

As a musician and an artist, I have the natural born tendency to be a little narcissistic about myself. I mean it still amazes me that people want to listen to me. So when I have an "off" night, I automatically want to take my guitar and bash my face in. As far as quitting, I guess it's just never occurred to me that it's an option.





7) What is the best snack food to have with when traveling to do a show?

Salted cashews and a Snickers Marathon bar.









Run, don't wall. to the nearest music store to pick up the newest (and first) album by an up-and-coming band from Wales. The new album. As Far as the Eye Can See, by People in Planes has already landed in your favorite music store. If you ve ever wanted to know a band before they got big, his is one to check out. People in Planes is classified as Progressive Alternative Rock. Their album is a finky mix between Beck and Coldplay. Other similar artists include. Radiohead, Ash, The Strokes, The Rakes, Biffy Clyro, and Razorlight. ${ }^{1}$ This is not scream rock, so don't worry about not understanding the lyrics. They are tunes you can sing to while driving your car, riding your bike, or into a brush while getting ready in front of you bathroom mirror. This album also includes a rat beat that will get your toes tapping, if not your whole body. The band consists of Gareth Jones on vocals, Peter Roberts on stitiar Kris Bight on bass, John Maloney on drums, and Ian Russell on the keyboard. The band essentially started when Peter and Gareth were 13 and 14 and on a family vacation. If you think their music sounds familiar, it's because they used to go by the name Tetra Splendour. They made one album, but then were dropped by their label. The band recorded most of the new album, As Far As the Eye Can See, during the summer of 2004. ${ }^{2}$ Factors such as age and maturity have produced better songwriting and the band has also been inspired by a Welsh band called Super Furry Animals. ${ }^{3}$ We are sure to see great music from this band is the future. They are making a name for themselves and creating a whole new fan base. It's awesome to hear a new sound come olt among all the drabness in the musie world today. Visit www.peopleinplanes.com for more info.
Notes:

1. http://music.aol.com/artists/the-interfacs/ieop/e:ulanes
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Zao, who has pioneered the way and acted as a mifor influence for many modern day hardcore and metalcore bands, has just released a new work. With breakthrough records like Where Blood, Fire Bring Rest, and Liberate Ex Inferis, the pressure to refine and soffen must be great. Zao's latest album, The Fear is What Keeps Us Here, takes another step in the direction that only Zao can go. That is, anyone else trying to follow will be tagged instantly as unoriginal and a poser. It is not the most imaginative work Zao has ever completed, meaning, you could take their last three albums, stir them up in a pot and you'd have The Fear. This album is ultimately Zao doing what the heck they want because they're Zao and they know they can get away with it. This album has the rockability of The Funeral of God with the head-smashing intensity of Where Blood and Fire Bring Rest. It also spotts Daniel Weyandt grinding out the same intensely brutal and agonizing sound he's always been known for. There seems to be a greater range of vocalizing from the high end that sounds like boiling a pis in water to his tornired. guttural refinement that comes at the hands of recording legend. Steve Albini (Nirvana, Led Zeppelin, Netrosis). Other than that, though, this album experiences no loss of brutality. It is comforting to see a band that will stick with its own style rather than change what it does for the sake of self preservation. This atbum can be purchased online on the album's official website, http://www.zaoonline.com/ or in a music store near you.



The last child of the entire human race was born 25 years ago. You will never get the chance to see the miracle of birth, hear the cry of baby again, or have a snuggling ball of joy fall asleep to beat of your heart. No one has been able to find the cure for this bizarre, world-wide infertility. Mankind, who once thought itself immortal as a race, will die out and no longer be. The hope of 'survival of the fittest' has passed as the world realized that we are not the fittest. Will the scientists we once deemed as gods ever find a cure?

This is the setting for the movie Children of Men, due out in theatres on September 29, 2006. It is based on the sci-fi novel written by P.D James. It is set in the year 2027 when man can no longer reproduce and the youngest world citizen has died at the age of 18 . Scientists soon discover that a woman (played by Julianne Moore) has become pregnant, something that hasn't happened for more than 20 years. She is moved to an island to be protected by male lead, Theo (Clive Owen) while scientists try to continue to determine why one woman was able to become pregnant, even though it has come to be thought of as impossible. Michael Caine also appears in the film. Alfonso Cuaron (Harry Potter and the Prisoner of Azkahan) will direct, with Marc Abraham and Eric Newman producing. If the movie is as richly detailed as the book in its imaginative qualities, than it is sure to be a success. The movie industry has lacked an original sci-fi film that isn't somehow based on another movie previously released. The movie has been classified as a sci-fi adventure thriller and has yet to be rated.
Info source: www.amazon.com


Everything is Illuminated is not what you would expect in a movie about WWII. Most movies based on this war are very graphic, disturbing, and about what happened then. Not so with this 2005 film directed by Liev Schreiber. Schreiber shows the audience how those past events are connected to the here and now as well as the future. From the start of the film the viewer realizes the main character, Jonathan Safran Foer (played by Elijah Wood) is peculiar. He is a collector, but not your typical collector. He collects objects that once belonged to or were used by his family, such as his grandmother's dentures. This odd collecting takes him on a lifechanging journey to find the woman who saved his grandfather during WWII. The expedition takes place in Ukraine and the cinematography is brilliantly done. Kudos to this film's originality and unbelievably awesome soundtrack The movie is not confusing, but the ending is actually quite shocking as the viewer realizes how all of the characters are connected. There are also $\$$ some great quotes made by the break-dancing character named Alex (played by Eugene Hutz) such as, "Make sure to secure the door when I am gone. There are many dangerous people who wanna take things from Americans, and also kidnap them. Good night!" The movie is rated PG13 , and is available
 in the "Indie" section. Don't miss out on the chance to give your brain some extra visual and auditory stimulation.


Ramen noodles originated in China, where all noodles seem to have come from, and are called "Lo-Mein" in Chinese, which means boiled noodles. "Ra-men" is the Japanese pronunciation of the Chinese Characters for Lo-Mein.
This Chinese-style noodle became such a great favorite in Sapporo, the capital of Japan's northernmost island of Hokkaido, that it is now considered to be their regional dish. Ramen is to Sapporo what baked beans are to Boston. In other countries, the word for Ramen may be different, too. For example, they are called "Maggi Mee" in Singapore.

The process for turning the traditional Ramen noodles into the now familiar instant, packaged noodles was pioneered by Momofuku Ando, the founder of Nissin Foods in Japan. In 1970, Nissin Foods introduced "Top Ramen" to the United States and, as the saying goes, the rest is history.

Many other companies introduced Top Ramen clones and even such industry giants such as Lipton and Campbell's began to experiment
with Ramen-like products. Fierce competition notwithstanding, Nissin still controls slightly less than half of the U.S. Ramen market and fifteen percent of the world Ramen market of about ten billion dollars annually. At this writing, the average wholesale price for a package of Ramen in the U.S. is only twelve and a half cents.

Because of their enthusiastic acceptance in the market place, it wasn't long before instant Ramen skipped over national boundaries and became an international phenomena. Factories that make Ramen noodles can now be found not only in Japan and the U.S., but in Europe, Korea, China, Singapore, Thailand, Malaysia and Indonesia.

Each country's Ramen noodles reflect their own particular flavor preferences. Korean Ramen is highly spiced and often contains packets of black bean sauce. China makes Ramen in Szechuan flavors. Thailand makes very thin, delicate noodles with very hotly spiced packets. Japan prefers the flavor of seafood and mild spices. In the U.S, they are usually available with meat flavors, mushroom flavors or mild spices often referred to as "Oriental flavor".

From The Book of Ramen Copyright © 1995 by Ron Konzak -- All Rights Reserved $\mathrm{http} / / \mathrm{www}$. konzak.com/ramen/ramhist.html

## Gakusei Ryori:

1Pkg, Ramen Noolles (don'tine: Havor packet
3/4 cup Milk

## "student cuisine"

3/ cup Grated Cheddar Cheese
2 tsp: Cornstarch
Sall and pepper to taste

In a small. satcepan. boil noodles in 2 cups of water for five minutes. When noodles are done, put into a strainer, rinse with warm water and let drallif for a few minutes. While noodles are cooking, grate the cheese. Put the milk into a saucepan and mix in the cornstarch while still cold. (Cornstarch is aluosl impossible to dissolve.in hot liquid. Put in the grated cheese and heat, constantly stirring so as not to burn on the bottom of the pan, until thickened. Put in the drained noodles and mix together. Steamed broccoli flowerets are a great complement to this dish. Serve them separately,zgarnish over the noodles or mix with them.

The above recipe is from the Book of Ramen by Ron Konzak available at amazon.com


## Where to get the best deal on Ramen in Menomon(ie)... WAL-MART!!!

Single plastic noodle packs- $\$ 0.10$ (generic), $\mathbf{\$ 0 . 1 6}$ (brand name), Cup o ramen- $\$ 0.25$ (generic), $\$ 0.33$ (brand name), multi-packs - 6 for $\$ 0.93$ (brand name)

$$
\text { Multi-pack—12 for } \$ 1.29 \text { (generic) }
$$

## Who has the best Ramen selection?

1. Lammer's: check out the roast chicken flavor or California vegetable
2. Marketplace: check out the creamy alfredo or spicy chicken

## RAMEN MEXICAN CHILI CHEESE

Cook 4 pkg. Ramen. Drain. Add 1 can chili. Mix well. Add 2 cups shredded Monterey Jack cheese. Add hot sauce to suit your taste. Mix and enjoy.

## RAMEN CHICKEN ALFREDO

Cook 1 pkg . Ramen. Drain. Add $1 / 2$ cup Alfredo Sauce and the flavor pkt. Mix well. Add 1 small can cooked chicken. Heat. Serve.

## References:

Photos (cover and College 101): clown: www.chron.com, bus driver: www.alumnisandstorm.com, school bus: www. nps.gov, crying child: www.seattlest.com, teddy ruxpin: www.news.com.com, money: www.furnace-eng.co.nz, hitchhiker: www.simonreeves.co.uk, "off to college": www. wally.wa.funpic.de
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## There's more to life than being good.

## Read the Bible to get the whole truth.



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GIANT GUMBALLS ARE FALLING FROM THE SKY...REALLY

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Sunday
Jesus Rock Radio on Sunday Morning
7-10:30 am
Live Sunday Service
10:30 - Noon
Live D.J.
$6-8 \mathrm{pm}$
Mon d a y
Wildcard (Bible Study)
8 am
Rock the Flock (Bible Study)
Noon
Wildcard (Bible Study)
5 pm
DJ show-Jeremy Kadinger-
Segues 11 pm
Tues day
Live DJ show-Jeremy Jones-
Jones'n in the Morning 7-10 am
Wildcard (Bible Study)
8 am
Rock the Flock
Noon
Get a Life (Bible Study) 5 pm
We d nesday
Wildcard (Bible Study)
8 am
Rock the Flock
Noon
Wildcard (Bible Study)
5 pm

Live D.J.
5:45-6:45 pm
Live Underground Bible Study
7 pm
DJ show-Jeremy Kadinger
Segues 12 am
Thurs day Wildcard (Bible Study) 8 am
Rock the Flock
Noon
Get a Life (Bible Study)
5 pm
Frid a $y$
Live D.J. show-Josh \&
Travis Morning Show 6:30-8 am
Wildcard (Bible Study) 8 am
Rock the Flock
Noon
Wildcard (Bible Study)
5 pm
DJ show-Jeremy Kadinger-
Segues 10 pm - 12 am
All concerts at the Blind Munchies Coffeehouse are broadcast live starting at 7 pm!

