

...Kill without question.

... Be a lesson to all those viewing.

AM He, bearing His cross. Went out to a place called the place of the skull, which is called in Hebrew. Golgo THQ, Where they crucified Him, and two others with Him, oneon either side, and Jesus In the Center." John 19:17,18 John 19 John 19: 17.18 John 19:17,18 John 19 1804019 Jahn 19: 17:18 John 19:17, 10 = 17/3hn 148 Pril8 + 17/480

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is a quarterly publication of Street Level Ministries, a UW-Stout student organization. Want to know more? Check out our website—

Any comments or suggestions

please write us:

621 Wilson Ave. Menomonie, WI 54751 or wotsmagazine@yahoo.com

Is God Dead?

een Thinking About: The Day God Died

On April 8, 1966, the cover of *Time* magazine asked in bold black letters, "Is God Dead?" The lead story described the work of several theologians who no longer held to traditional concepts of God. They were alike in concluding that the God of our fathers had not survived the

The Bible also talks about the death of God. The God of the Bible was so deeply moved by the harm people do to one another that He actually *died* because of it. At a moment in time, the eternal God closed his eyes and stopped breathing. Under the weight of wrongs that had hurt those who were dear to Him, His body fell limp

According to the Bible, our Creator endured such an agonizing death not only to show us that He is alive, but that He loves us.

What the death of God tells us about ourselves.

Those of us who are inclined to think of ourselves as victims, rather than offenders, might conclude that Chris[t]'s death probably says more

On April 8, 1966, the cover of Time magazine asked in bold black letters, "Is God Dead?"

dawn of evolution and birth control.

The debate that followed wasn't as much about God as it was about us. We were in the middle of a turbulent decade. Our world was changing. An unpopular war in Vietnam was prompting bumper stickers that said, "Question Authority." Science and technology were improving our lives and making us less aware of our need for a supernatural God.

Other reasons to believe God is dead. Challenges to the traditional view of God multiplied in the decades that followed. Not all

were secular. Consumer fraud in religious broadcasting subjected the God of the Bible to public ridicule. Promises of "blessings for dollars" associated the name of Christ with "get rich quick" or "get thin fast" scams. Most recently, evidence of clergy abuse surfaced in the public media. With these reports came stories of victims, who, because of their abuse, no longer considered the God of the church a live option. Those enlightened by science or disillusioned by religious leaders, however, are not the only ones talking about the death of God.

and lifeless. At that moment God was dead—not just in the perception of others, but in a real time and an actual place.

In making this claim, the Bible goes far beyond the cover and pages of *Time* magazine. Instead of asking, "Is God Dead?" the theology of the Bible leaves us with a mystery that is beyond human comprehension (1 Timothy 3:16).

about the evil of others than about ourselves. We can always point to someone we think gave us an excuse to respond in an unloving way. We get a different picture, however, when we look more closely into the suffering of Christ. If the Bible is right, He didn't just die for someone else's sins. He died for us (Romans 5:8; John 3:16). The pain He endured says volumes

The Bible talks about the death of God

The second Person of a three-in-one God became a real man to die a real death for us (Philippians 2:5-12; John 1:1-3.14).

As this unparalleled drama unfolds, physical death was not our God's greatest sacrifice. Even before breathing his final breath on a Roman cross He endured the hellish darkness of spiritual separation from His Father in Heaven. As the skies darkened in the middle of the day, His anguished cry echoed through the halls of heaven and history: "My God, My God, why have you forsaken Me?" (Matthew 27:46).

about the extreme nature of our own need (Romans 3:10-20). Anyone who wants to be included in Christ's death must admit that, in God's eyes, our own wrongs rise to the level of those who violate federal law with capital offenses. The extent of His sacrifice says that without His intervention we would still be condemned lawbreakers, without hope waiting on "death row" for what the Bible calls "the second death" (Revelation 20:14; Romans 6:23).

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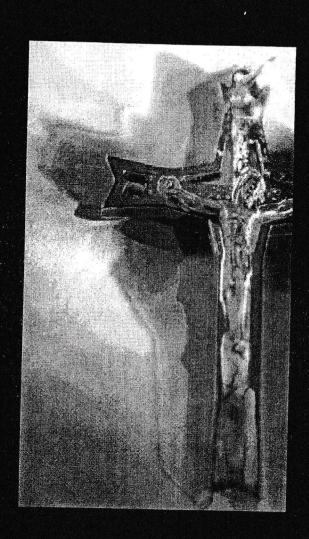
How the death of God can help us find a new life.

The Scriptures offer no hope to those who refuse to believe Christ suffered for them. The Bible offers a whole new life, however, to those who believe that Christ lived and died as their substitute. Like persons who enter a witness protection program, those who find refuge in Christ take on a new identity. Their troubled past is hidden in Him (Colossians 3:3). They assume His name. They receive His Spirit, and become temples of the living God (1 Corinthians 3:16).

Those who allow the Spirit of Christ to be seen in them are an antidote to the opinion that "God is Dead." Their happiness and tears become a quiet showcase for the love, and joy, and peace of a God who is alive and reaching out to others through His people. No one does this perfectly. But few things are needed more than imperfect, troubled, grateful people who are growing in their willingness to let Christ live His life through them (Romans 8:11). How can we come to that surrender? We can begin by watching Jesus our Lord move through the Garden of Gethsemane to the center page of human history. On the way He groans, "Nevertheless, not my will but Yours be done." Then in the middle of a howling mob, on a hill outside of the walls of Jerusalem, He willingly endured the eternal weight of our sin and death-for us.

Father in Heaven, we don't want to ever stop thanking you for the price you paid for us. Yet we are so easily distracted. Please help us this day to renew our gratitude for Your Son's death. Please use the surrender of this moment to let His life, and Yours, be seen in us today.

"Been Thinking About" is a monthly article by RBC Ministries President Mart De Haan.



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WHAT'S THE GOOD WORD? OF THE GOOD WORD? OF THE GOOD WORD? OF THE GOOD WORD?



Morgan Schifere

"I would rather see someone suffer in life, but if there was any, it would be the mass murder of multiple people."



Mike Schaefer

"Murder, because if you're willing to take someone else's life, you're willing to take your own."

Q: If any, what crimes should be punishable by death, and why?



Kim Monaghan

"It would be punishable by death if someone felt absolutely no remorse for their crimes of murder."



Dustin Wayne

"The crimes would be murder and rape because they're wrong."



Priscilla Williams

"Anything that could be considered a heinous crime, for example rape or child molestation accompanied by murder."



Alex Harris

"I would say murder or rape because it seems like these are the absolute worst crimes." A:

Have you ever had a jealous, hateful, or spiteful thought toward someone else, maybe even a friend? Have you ever looked at a girl or a guy, (possibly somebody else's girlfriend, boyfriend, wife or husband), and wished you could sleep with them? Did you ever catch yourself wanting something so badly that it consumed your thoughts? The fact is that we have all been guilty of the above examples. This makes us quilty of murder, rape and theft. Seem

extreme? Read on.

When we think of crime, we picture a mug shot of some kidnapper on the five o'clock news, or a teenage hoodlum with a pistol robbing gas stations. "I would never do that!" you may say, but the Bible tells us that our thoughts alone, and the results of these thoughts, are astronomically evil. Jesus made it a point when he taught to explain this concept to us.

"You have heard that the law of Moses says 'Do not murder'. If you commit murder you are subject to judgment. But I say, if you are angry with someone you are subject to judgment. If you say to your friend, 'You idiot', you are in danger of being brought before the court... You have heard the law of Moses say 'Do not commit adultery'. But I say anyone who even looks at a woman/(man) with lust in his/(her) eye has already committed adultery with her in his heart." (Matthew 5:21-22, 27-28)*

This proves our guilt; what penalty do we deserve for these crimes? "For the wages of sin is death..." (Romans 6:23)

Temptation comes from the lure of our own evil desires. These evil desires lead to evil actions, and evil actions lead to death. James 1:14-15

The penalty of our sins is a death sentence which we deserve for turning our backs on God and living only to please ourselves. Everyone dies, and eternity in hell and separation from the love of God could be our final death penalty, but it doesn't have to be. We have been freed from the penalty of death by one person and one person only. Let's read the rest of the above verse.

"For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord." (Romans 6:23)

Jesus was innocent, but in perfect love, he chose to serve the death penalty in our place so we all could have an opportunity to choose eternal life.

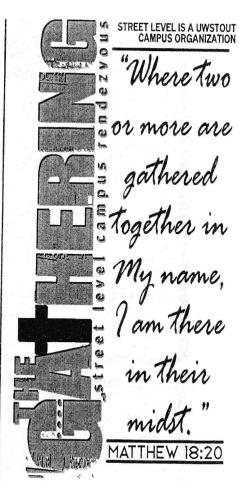
"From prison and trial they led him away to his death, but who among the people realized that he was dying for their sins--that he was suffering their punishment? He had done no wrong, and he never deceived anyone. But he was buried like a criminal..." (Isaiah 53: 8-9)

God's love is a gift-love, and this gift fills the depths of need felt in the lives of every person. God made this love and this gift available to us by the death and resurrection of Jesus Christ. The death penalty doesn't have to be the end. Through the sacrificial death of Jesus, our sins were paid for, and when he rose from the dead, we were given the promise that we can live eternally with him in heaven.

"Since we have been united with him in his death, we will also be raised as he was. Our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. For when we died with Christ we were set free from the power of sin. And since we died with Christ, we know we will also share his new life. We are sure of this because Christ rose from the dead, and he will never die again. Death no longer has any power over him. He died once to defeat sin, and now he lives for the glory of God." (Romans 6:5-10)

Death was swallowed up in victory in Jesus. By accepting Jesus into your heart, you can choose this free payment for the death penalty and begin a new life!

*All Bible verses are taken from the New Living Translation.



STREETLEVEL ON-CAMPUS BIBLE STUDY

Monday Nights 7:00pm

IN:

The Northwoods Room
Memorial Student Center
UW-STOUT

ARE YOU CLEAN?

A merica is getting cleaner and cleaner by the hour. You can now sanitize yourself with wipes, gels, sprays, and lotions. You can bleach your teeth, your hair and even your skin. We have enough cleaners at our disposal that we practically never have to come in contact with germs or dirt again. When did this happen, you ask? I'm not exactly sure. It's like one day I woke up and was surrounded by cleansers. It makes me wonder, "Are there really more germs or are we just more aware of them, afraid of them, and disgusted by them?" It's as if we are trying to sterilize our lives from the outside. Why is it that whenever I come in contact with another person or product I instinctively think, "Should I use sanitizer?" "Did they have a cold? Or germs? Uhhhh..."

Then I started thinking, "Am I as clean on the inside as I am on the outside?" "Is my mind full of germs and bacteria?" "Do I sanitize my thoughts like I do my hands?"

"...No matter how deep the stain of your sins, I can remove it. I can make you as clean as freahly fallen snow..." Isaiah 1.18



ANSWERS TO QUESTIONS

Question:

What does the Bible mean when it speaks of Jesus being the "Son of God"?

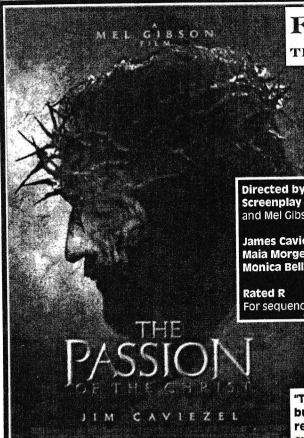
Answer.

First of all, it is important to understand that the One who was born of Mary existed in heaven as the son of God from eternity past; He did not become the Son of God by virtue of becoming a human being or by being an offspring or a creation of God. "For God so loved the world that He gave His only begotten Son" (John 3:16). He was already the Son when God sent Him down into this world. The one we know as Jesus was with God and was God from eternity, from before the beginning of time (John 1:1). In fact, the Bible tells us that "All things were made by Him" (John 1:3; Colossians 1:16; Hebrews 1:2). But let us return to the question of why Jesus is called "the Son of God"? The expression "son of" is used in everyday speech as a metaphor and does not

necessarily imply a physical relationship. For example, in the Bible, the disciples James and John were known as "the sons of thunder" (Mark 3:17); wicked men were sometimes called "sons of Belial" (Judges 19:22; 1 Samuel 2:12; etc.); and the inhabitants of Jerusalem were called "precious sons of Zion" (Lamentations 4:2). The term "Son" as applied to the Lord Jesus Christ implies the intense, eternal love that bound Him and His Father together (John 1:18; 5:20; 15:9; 17:23,24,26) it also implies the likeness, unity and harmony that have always existed and always will exist between the Father and the son (as well as with the Holy Spirit)—a unity of attributes, abilities, thought, purpose, and action.

*This is an excerpt from Answers to Questions by Muslims about the Bible. Christian Literature, 706 Hilton Ave., Baltimore, MD 21228-5820





FLICK GLIMPSE:

THE PASSION OF THE CHRIST

hangings portray. I thought for certain that it would stray from the original text of the Bible to make it palatable for everyone.

what I saw, though, is a lot different. It is definitely not what you (or any critics) would call a "family movie." The whole movie is a portrayal of an execution. In a word, it is brutal, Just when you think it's over and that

Directed by: Mel Gibson **Screenplay by:** Benedict Fitzgerald and Mel Gibson

James Caviezel Jesus Christ Maia Morgenstern Mary Monica Bellucci Mary Magdalene

Rated R
For sequences of graphic violence

you get the point, there is more, and then even more. Some people have cringed after seeing it, saying it is too graphic, too gory, too over the top. I say, "Yes, it is and life is R rated." In reality crucifixion was the worst form of torture the Romans could come up with, and that's exactly why they used

The movie is also very un-Hollywood. I kept finding myself looking for the big drama scene of overacting or the crazy, unexpected twist that is at the end of every movie these days. I had to keep reminding myself that

"The Passion" (taken from the Latin for suffering, but also meaning a profound and transcendent love) refers to the agonizing and ultimately redemptive events in the final 12 hours of Jesus Christ's life

-www.thepassionofthechrist.com

picture above: Copyright 2003 Icon Distribution, Inc

The Passion of the Christ by director Mel Gibson is definitely this year's most talked about film and it just may be the most controversial of the century. There has been a constant buzz in the air about this film ever since it

first began. It's hard to find someone who doesn't have an opinion about the Passion. Either they say it's anti-Semitic or anti-Roman or they say it's too grotesque and violent or that it didn't need the R rating. Still some even want to

and violent or that it didn't need the R rating. Still some even want to critique it so much that they turn it into a big money maker by selling books and paraphernalia.

I personally had many reservations. How could the fullness of God coming to us in human form be wrapped up in a two hour Hollywood production? I went in expecting a clean, fluffy, sanitized version of the last 12 hours of Christ's life like so many of our pictures and wall

it's not that kind of movie. Jesus was very un-Hollywood, and any movie about his life should be in that light. I was very pleased to find that Mel Gibson chose to keep the film on the main topic and close to the original Biblical text. It is more real to life than I expected. I'm sure the actual event was even more tragic and heart wrenching; I didn't make it through the movie without tears. However, it isn't the violent beatings or the blood that got to me. It is the reason why Jesus came that was so painful. It's always been hard for me to watch an innocent person be beat to a bloody pulp and not fight back, but it was too much for

"It's as if Cibson is measuring Cod's love by the amount of blood he shows on the screen."

-- Glenn Whipp, LOS ANGELES DAILY NEWS

me to handle when I knew he was doing it for me. I've decided to stay away from the 1-5 star rating with which I usually end the reviews. I highly recommend this movie; it's a powerful work of art.

WHAT THE PEOPLE HAVE TO SAY ABOUT THE PASSION OF THE CHRIST:

he cool night is bluishblack, and a man is kneeling, visibly anguished and intensely embroiled in conversation, asking in the guttural language of Aramaic for "this cup" to be taken from him

In the darkness, a gaunt. hooded woman appears.

"Do vou really believe one man can bear this burden?" she taunts. "No one man can carry

el Gibson's the Passion of the Christ will

be one of the most influential films in history. This film tells the story of the last 12 hours in the life of Jesus, on the day of his crucifixion in Jerusalem Director and co-writer. Mel Gibson, one of Hollywood's most respected actors and directors, has

wonderfully

\$25 million

of his own

funds The

became the

unique vision

the details of

researched

his Savior's

eternal gift

"Making this film has been

to us all.

Passion

Oscar-

actor's

as he

winning

captured the last 12 hours of Christ's life on Earth, based on the gospels of Matthew. Mark, Luke and John.

Through this project Gibson invested 12 years of his life and

> When asked what was going on with him 12 years ago that made him ask questions and renew his faith in a Reader's Digest interview. Gibson responded: "We usually come to these things in times of trial and pain. I might look like I'm living the high life, making movies and jetting around the world. But true happiness resides within. I was spiritually bankrupt, and when that happens, it's like a spiritual cancer afflicts you. It starts to eat its way through, and if you don't do something, it's going to take you. So I simply had to

draw a line in the sand. But it wasn't so much about me making a decision as being backed into a wall."

Source: Reader's Digest March 2004 pg. 90

done." Gibson told Outreach Magazine. "Watching it is not easy to do. It's difficult, because Christ's Passion was difficult. In watching The Passion, I've found it's actually purged me. It somehow heals me to watch it. It's a strange thing. I've

the most difficult thing I've ever

never experienced a film like it."

Excerpt from Calvary Chapel Atascadero

6955 Portola Road Atascadero, CA 93422

(805)466-3354 Email: servant31@hotmail.

Gibson's goal was to make the most authentic film about Christ ever made. He feels that the story of Jesus' death and resurrection has never been filmed

"I simply argue that the Cross should be raised at the center of the marketplace as well as on the steeple of the church. I am recovering the claim that Jesus was not crucified in a cathedral between two candles: but on a cross between two thieves; on the towns' garbage heap; at a crossroad, so cosmopolitan they had to write his title in Hebrew and Latin and Greek... at the kind of place where cynics talk smut, and thieves curse, and soldiers gamble. Because that is where He died. And that is what He died about. That is where church-men ought to be and what churchmen ought to be about."

accurately according to the four

saying "My hope is that this movie

with a message of faith, hope, love

Gospels, Mr. Gibson is quoted

will affect people on a very profound level and reach them

and forgiveness."

-Celtic spiritual leader George McLeod

It's tough not to describe without using the word "powerful." For pure cinematic artistry it's a masterpiece showing man's inhumanity to man, or in this case, the Son of Man" -- Michael Szymanski, ZAP2IT.COM

this burden. It's too heavy. Saving their souls is too costly "

A snake slithers from her robe toward the man who, for the first time, has diverted his eyes to this enemy. Suddenly, and without warning his foot comes down, crushing the serpent's head.

In this dramatic two minutes. Hollywood heavyweight director Mel Gibson sets the stage for the horror, beauty. brutality and ultimate victory of the crucifixion, as retold in what is arguably the year's most talked about film release. "The Passion of the Christ."

Excerpt taken from the article "Witness to the Passion" by Lind Warrren for Outreach Magazine

www.outreachmagazine.com





Medical Aspects of The Crucifixion: The Agony of Love

by Dr. Mark Eastman

n the evening before His crucifixion Jesus was gathered with His disciples in the upper room, sharing with them some of the most intimate truths of His entire ministry. As He discussed the love of the Father and His love for His disciples he declared:

Greater love hath no man than this, that a man lay down his life for his friends. John 15:13

Though they did not realize it at the time, the disciples were only hours from the practical realization of this truth. One of the subtle evidences of the supernatural origin of the Biblical text is that astonishing events are often described in extremely brief narratives.

This is perhaps best illustrated in the matter-of-fact way in which the crucifixion of Jesus Christ-the most pivotal event in the history of the universe-is described in the Gospel accounts.

After Jesus was examined and

declared to be without fault by the Roman Procurator Pontius Pilate, he delivered Him to be judged by the assembled crowd. When the opportunity arose to decide the destiny of Jesus, the crowd and the Jewish leadership cried out saying, "Crucify Him, crucify Him." 1

The horrifying events of the next six hours were preceded by the simple words:

Then delivered he Him therefore unto them to be crucified. And they took Jesus, and led him away. John 19:16

"Great Drops of Blood"

The physical suffering of Jesus began in the Garden of Gethsemane on the evening before His crucifixion. While the disciples slept, the Gospel of Luke records that the LORD "being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground."²

The notion that someone could actually sweat blood seems contrived. However, there is a rare but recognized condition called hematohydrosis, in which capillary blood vessels that feed the sweat glands rupture, causing them to express blood. This usually occurs under conditions of extreme physical or emotional stress. Jesus wasn't sweating blood because he was afraid of the physical pain of the cross. Indeed, the book of Hebrews tells us that Jesus looked forward to the cross:

Looking unto Jesus, the author and finisher of our faith. who for the iov that was set before Him endured the cross. despising the shame, and has sat down at the right hand of the throne of God Hebrews 12:2

The Trials

After Jesus' arrest they led Him away to the High Priest Caiaphas, where the Scribes and elders were assembled. During this inquisition we are told that "some began to spit on Him, and to blindfold Him, and to beat Him, and to say to Him, 'Prophesy!' And the officers struck Him with the palms of their hands."

Beatings about the face received by a blindfolded individual cause even worse trauma because the victim cannot "roll with the punches." In the hours that followed Jesus received two additional beatings at the hands of Roman soldiers.⁴ Severe disfigurement of the face would certainly have resulted from the brutal treatment. It is likely that the eyelids were swollen shut as a result of such beatings. This was done in fulfillment of Isaiah 52:13-14:

Behold, my servant shall deal prudently, he shall be exalted and extolled, and be very high. As many were astonished at thee: his visage was so marred more than any man. and his form more than the sons of men

The Scourging

After His trial before Pontius Pilate, Jesus was scourged (flogged) by the Roman guards. This process typically involved a whip with numerous leather thongs, 18-24 inches long, with bits of metal, bone or glass embedded in the leather. At times they would use an iron rod to beat the prisoner. According to beat the prisoner. According to Jewish custom, a prisoner was usually flogged 39 times (Forty minus one was a sign of Jewish mercy!)

Scourging was an extreme form of punishment. The skin on the victim's back was usually shredded, thus exposing the underlying muscle and skeletal structures. Severe blood loss and dehydration were the rule. Many victims died from such scourging.

After the scourging of Jesus, the Roman soldiers beat Him a second time with their hands and with a reed. Then they put on him a "crown of thorns"

Jesus had not drunk since the night before, so the combination of the beatings, the crown of thorns, and the scourging would have set into motion an irreversible process of severe dehydration and cardiorespiratory failure. All of this was done so that the prophecy of Isaiah would be fulfilled:

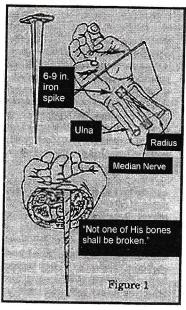
I gave my back to the smiters, and my cheeks to them that plucked off the hair: I hid not my face from shame and spitting. Isaiah 50:6

And:

But he
was wounded
for our
transgressions,
he was
bruised for
our iniquities:
the chastisement
of our peace
was upon him;
and with his
stripes we are
healed.
Isaiah 53:5

Crucifixion

Crucifixion was invented by the Persians between 300-400 b.c. It was "perfected" by the Romans in the first century b.c. It is arguably the most painful death ever invented by man and is where we get our term "excruciating." It was reserved primarily for the most vicious of criminals



The most common device used for crucifixion was a wooden cross, which consisted of an upright pole permanently fixed in the ground with a removable crossbar, usually weighing between 75-100 lbs. Victims of crucifixion were typically stripped naked and their clothing divided by the Roman guards. In Jesus' case this was done in fulfillment of Psalm 22:18, "They divide My garments among them, and for My clothing they cast lots."

As a gesture of "Roman kindness" the prisoner was offered a mixture of vinegar (gall) and wine as a mild anesthetic. This anesthetic was refused by Jesus.⁵ Consequently, He bore it all! The Apostle Peter stated of Jesus:

Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

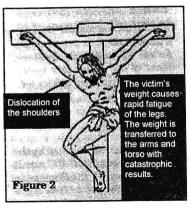
The victim was then placed on his back, arms stretched out and nailed to the cross bar. The nails, which were generally about 7-9 inches long, were placed between the bones of the forearm (the radius and ulna) and the small bones of the hands (the carpal bones). (Figure 1.)

The placement of the nail at this point had several effects. First it ensured that the victim would indeed hang there until dead. Secondly, a nail placed at this point would sever the largest nerve in the hand called the median nerve.

The severing of this nerve is a medical catastrophe. In addition to severe burning pain the destruction of this nerve causes permanent paralysis of the hand. Furthermore, by nailing the victim at this point in the wrist, there would be minimal bleeding and there would be no bones broken! Thus scriptures were fulfilled:

I can count all my bones: they look and stare upon me. Psalm 22:17 He keepeth all his bones: not one of them is broken. Psalm 34:20

The positioning of the feet is probably the most critical part of the mechanics of crucifixion. First the knees were flexed about 45 degrees and the feet were flexed (bent downward) an additional 45 degrees until they were parallel the vertical pole. An iron nail about 7-9 inches long was driven through the feet between the 2nd and 3rd metatarsal bones. In this position the nail would sever the dorsal pedal artery of the foot, but the resultant bleeding would be insufficient to cause death.



The Catastrophic Result

The resulting position on the cross sets up a horrific sequence of events which results in a slow, painful death. Having been pinned to the cross, the victim now has an impossible position to maintain. (Figure 2)

With the knees flexed at about 45 degrees, the victim must bear his weight with the muscles of the thigh. However, this is an almost impossible task-try to stand with your knees flexed at 45 degrees for 5

minutes. As the strength of the legs gives out, the weight of the body must now be borne by the arms and shoulders. The result is that within a few minutes of being placed on the cross, the shoulders will become dislocated. Minutes later the elbows and wrists become dislocated. The result of these dislocations is that the arms are as much as 6-9 inches longer than normal.

With the arms dislocated. considerable body weight is transferred to the chest, causing the rib cage to be elevated in a state of perpetual inhalation. Consequently, in order to exhale the victim must push down on his feet to allow the rib muscles to relax. The problem is that the victim cannot push very long because the legs are extremely fatigued. As time goes on, the victim is less and less able to bear weight on the leas, causing further dislocation of the arms and further raising of the chest wall, making breathing more and more difficult.

The result of this process is a series of catastrophic physiological effects. Because the victim cannot maintain adequate ventilation of the lungs, the blood oxygen level begins to diminish and the blood carbon dioxide (CO₂) level begins to rise. This rising CO₂ level stimulates the heart to beat faster in order to increase the delivery of oxygen and the removal of CO₂.

However, due to the pinning of the victim and the limitations of oxygen delivery, the victim cannot deliver more oxygen and the rising heart rate only increases oxygen demand. So this process sets up a vicious cycle of increasing oxygen demand-which cannot be metfollowed by an ever increasing heart rate. After several hours the heart begins to fail, the lungs collapse and fill up with fluid, which further decreases oxygen delivery to the tissues. The blood loss and

hyperventilation combines to cause severe dehydration. That's why Jesus said "I thirst" 5

Over a period of several hours the combination of collapsing lungs, a failing heart, dehydration, and the inability to get adequate oxygen supplies to the tissues cause the eventual death of the victim. The victim, in effect, cannot breath properly and slowly suffocates to death. In cases of severe cardiac stress, such as crucifixion, a victim's heart can even burst. This process is called "Cardiac Rupture." Therefore it could be said that Jesus died of a "broken heart!"

To slow the process of death the executioners put a small wooden seat on the cross, which would allow the victim the privilege of bearing his weight on his buttocks. The effect of this was that it could take up to nine days to die on a cross.

When the Romans wanted to expedite death they would simply break the legs of the victim, causing him to suffocate in a matter of minutes. At three o'clock in the afternoon Jesus said, "Tetelastai," meaning "it is finished." Then He gave up the ghost. When the soldiers came to Jesus to break His legs, He was already dead. Not a bone of Him was broken!

How Should We Then Live?

I realize that it is difficult to read of the details of Jesus' physical sufferings. And yet, when we realize that He looked forward, on our behalf, to the cross, we are overwhelmed with His practical demonstration of love and, hopefully, a personal realization of our unworthiness. How should we then live? I believe that the Apostle Paul said it best

Let this mind be in you which was also in Christ Jesus, who, being in

the form of God, did not consider it robbery to be egual with God hut made Himself of no reputation taking the form of a bondservant and comina in the likeness of men And beina found in appearance as a man. He humbled Himself and became obedient to the point of death, even the death of the cross Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord to the glory of God the Father, Philippians 2:5-11

www.khouse.org

This article was originally published in the April 1998 Personal Update NewsJournal.

Notes: [RETURN TO TEXT]

- 1. John 19:6.
- Luke 22:44.
- Mark 14:65.
- Matthew 27; Luke 23.
- Matthew 27:34.
- 6. John 19:28



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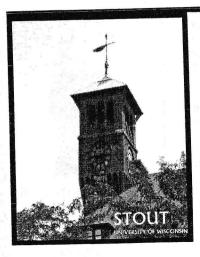
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- Sat., April 3
 Softball at Augustana Tourney,
 Rock Island, III, TBA
 Gymnastics at NCGA
 Championships, Cambridge,
 Mass, TBA
 M & W Track at Washington
 University Invite, St. Louis, Mo,
 10 a.m.
 Baseball at UW-Oshkosh, 12 p.m.
- Sunday, April 4
 Baseball at UW-Oshkosh, 12 p.m.
- Tue., April 6
 Baseball vs. St. Scholastica,
 2 p.m.
 Softball at Hamline University,
 3 p.m.
- Thur., April 8
 Baseball vs. UW-Whitewater,
 1 p.m.
 Softball at UW-River Falls,
 3 p.m.
- Fri., April 9
 Baseball vs. UW-Whitewater,
 12 p.m.
 W Track at Gustavus
 Adolphus Invite, 10 a.m.

- Sat., April 10
 M Track at UW-LaCrosse
 Invite. TBA
- Mon., April 12 Softball vs. UW-Eau Claire, 4 p.m.
- Wed., April 14
 Tennis at St. Benedict's, 4 p.m.
 Baseball vs. UW-La Crosse, 1 p.m.
 Softball at UW-Superior, 3 p.m.
- Thur., April 15 Tennis at St. Mary's, 3:30 p.m.
- Friday, April 16
 M Track at Carleton Invite, TBA
- Sat., April 17
 W Track at St. Olaf Invite, 12 p.m.
 Baseball vs. UW-Stevens Point, 12 p.m.
 Softball at WIAC Cluster Tourney, at Platteville, vs. Platteville, 3 p.m., vs. Whitewater, 5 p.m.
- Sun., April 18
 Baseball vs. UW-Stevens
 Point, 12 p.m.
 Softball at WIAC Cluster
 Tourney, at Platteville, vs.
 Oshkosh, 12:30 p.m., vs.
 Point, 2:30 p.m.
- Mon., April 19
 Tennis at UW-River Falls,
 4 p.m.

- Tue., April 20 Tennis at Hamline, 4 p.m.
- Wed., April 21
 M Track at Macalester Twilite,
 5 p.m.
- Thur., April 22
 Baseball vs. Viterbo (1-9), 3 p.m.
 Softball vs. UW-La Crosse, 4 p.m.
- Fri., April 23
 M Track at Drake Relays, TBA
- Sat., April 24
 W Track at UW-La Crosse Classic, 1 p.m.
 M Track at Drake Relays, TBA
 Baseball vs. UW-Platteville, 12 p.m.
 Softball at WIAC Cluster
 Tourney, at La Crosse, vs.
 Oshkosh, 11 a.m., vs. Point, 3 p.m.
- Baseball vs. UW-Platteville, 12 p.m.
 Softball at WIAC Cluster Tourney, at La Crosse, vs. Whitewater; 8:30 a.m., vs. Platteville, 10:30 a.m.
- Tue., April 27
 Tennis at Martin Luther
 College, 3:30 p.m.

UW-STOUT Athletic Calendar APRIL- MAY

· Fri. April 30

Baseball at St. Thomas, 3 p.m. W Track at UW-La Crosse, 4 p.m. Softball at WIAC Tourney, at River Falls, TBA

Sat., May 1

Softball at WIAC Tourney, at River Falls, TBA

Sun., May 2

Tennis at St. Scholastica, noon Baseball at Upper Iowa, Fayette, Iowa, noon

Wed., May 5

Baseball vs. Waldorf College, 1 p.m.

Fri., May 7

M & W Track at WIAC Championships, Eau Claire, 11 a.m. Baseball at UW-Superior, 1 p.m.

· Sat., May 8

M & W Track at WIAC Championships, Eau Claire, 11 a.m. Baseball at UW-Superior, 12 p.m.

Fri., May 14

Baseball at WIAC Tourney, TBA

Sat., May 15

M Track at North Central Qualifier, Naperville, III.. TBA Baseball at WIAC Tourney, TBA

Thur., May 20

Baseball at NCAA Division III Regionals, TBA

Fri., May 21

M Track at NCAA Qualifier, La Crosse, TBA Baseball at NCAA Division III Regionals, TBA

Sat., May 22

M Track at St. Thomas Qualifier, TBA W Track at Oshkosh Last Chance, noon Baseball at NCAA Division III Regionals, TBA

Sun., May 23

Baseball at NCAA Division III Regionals, TBA

May 27-29

M & W Track at NCAA Division
III Championships, Decatur,
III, 10 am.

May 28 -June 1

NCAA Division III Baseball World Series, Grand Chute, TBA

STOUT ADVENTURES

April 5 10 pm: Movie Monday At the Climbing Wall

April 16 –18
Devil's Lake, WI
Rock Climbing
Sign up by: Fri. Apr. 9
Mandatory Pre-trip Meeting:
Tue. Apr. 13, 7 pm
Price: \$50 UWS/\$65 COM

April 23-25
Superior Hiking Trail Section
Hike, MN
Sign up by: Fri. April 16
Mandatory Pre-trip Meeting:
Tue. Apr. 20, 7 pm
Price: \$50 UWS/\$65 COM

May 4th 9pm: Full Moon Paddle Sign up by: Mon. May 3 Price: Free

May 8th
Barn Bluff Rock Climbing,
Red Wing, MN
Sign up by: Fri. Apr. 30
Mandatory Pre-trip Meeting:
Tue.. May 4, 7 pm
Price: \$12 UWS/\$15 COM



STOUT

APRIL 17, 2004
Family Weekend
Concert/Jazz Band
11:00 A.M.
Great Hall

MAY 8, 2004
Graduation Ceremonies
Concert Band
Johnson Field House
8:30-11:30 A.M.
1:30 + 4:30 P.M.

ACADEMICCALENDAR

Friday, April 9 Spring Holiday, No Classes

> Wednesday, May 5 Classes End

Thursday, May 6 Study Day, No Classes

Friday, May 7 - Thursday May 13

Evaluation Week

Saturday, May 8 Commencement

Monday, May 24 - Saturday, June 13 Pre-Summer Session

> Monday, May 31 Memorial Day, No Classes

Monday, June 14 - Friday, August 6 Eight- week Regular Summer Session

Monday June 14 - Friday July 9
First 4-week session

Monday, July 5 Independence Day Observed, No Classes

Monday, July 12- Friday, August 6 Second 4- week Session

Saturday, August 7 - Sunday, August 29 Post-Summer Session

LOCAL AREA UPCOMING EVENTS

April 2004

4/3 Crash Course Pastels Workshop -Date: April 3, Ages: 16 & up, Cost: \$50 (does not include supply), Time: 9 a.m. to 4:30 p.m For info call 715-235-1998

4/9-10 Spring - AAU Boy's GLS Sanctioned Basketball Tournament. Held at Johnson Fieldhouse, UW-Stout, Menomonie. For more info visit www.wiaahoops.com

4/15 The Glen Miller Orchestra. To be held in the Great Hall on the UW-Stout Campus. A dance floor will be set up. Performance begins at 7 p.m. Tickets: \$21 Adult; \$19 Students. For information or to purchase tickets call 715-235-0001.

4/15-16 Tri-Mart Spring Fling at the Dunn County Rec. Park, 620 17th Street, Menomonie - Call Tri-Mart at 715-235-2151 for more information

4/16 Red Cedar Racing Season Opener – racing starts at 7 p.m. at the Red Cedar Speedway, Menomonie. For more info visit http://www.redcedarracing.com

4/16-4/18 Family Weekend at UW-Stout. For more info visit www.uwstout.edu/housing/irha/familyweekend.htm or email: familyweekend@uwstout.edu

4/17-18 Regionals - AAU Girl's Sanctioned Basketball Tournament at Johnson Fieldhouse, UW-Stout, Menomonie. For more info visit www.wiaahoops.com

4/18 Stout Auto Show at the Dunn County Rec. Park, 620 17th Street, Menomonie - Call Nick at 715-608-963-9198 for more information

4/24 Red Cedar Auto Club's Annual Spring Show - Colfax Fair Grounds, 9-3:30 p.m.

4/24-25 2004 AAU Girl's State Finals Sanctioned Basketball Tournament. Held at Johnson Fieldhouse, UW-Stout, Menomonie. For more info visit www.wiaahoops.com

May 2004

5/1-2 Spring Great Lakes Shootout - AAU Girl's Sanctioned Basketball Tournament. Held at Johnson Fieldhouse, UW-Stout, Menomonie. For more info visit www.wiaahoops.com

5/7-8 Missoula Children's Theater presents "The Frog Prince" at the Mabel Tainter Theater, Menomonie. Time: Friday, 7 p.m. and Saturday, 2 p.m., Cost \$7 Adults; \$6 Seniors & Students; \$4 Children To reserve call the Ticket Office at 715-235-0001.

5/12 Greater Menomonie Area Chamber of Commerce Golf Outing will be held at Whitetail Golf Course, Colfax. Noon Shotgun start.

5/14 Reading Round-up at the Dunn County Rec. Park, 620 17th Street, Menomonie - Call Stephanie Beyer at 715-665-2131 for more information

5/28-31Memorial Day Classic -AAU Boy's Sanctioned Basketball Tournament. Held at Johnson Fieldhouse, UW-Stout, Menomonie. Contact Keith Noll at 715-231-4000 for more information or visit www.wiaahoops.com

5/29 Wakanda Water Park will be open daily 11 a.m. to 8:00 p.m. through Labor Day

5/29-5/30 2004 Memorial Day Classic - AAU Girl's Sanctioned Basketball Tournament. for more information visit www.wiaahoops.com Concert Scope

*The Blind Munchies Coffeehouse

621 Wilson Avenue-2 blocks from Campus Menomonie, WI mail ifb@vahoo.com www.streetlevel.uwstout.edu



All concerts start at 7pm and there is No Cover ever

April 2nd The Roosevelt's (punk)

April 16th TRA

April 30th Leper (gothic)

*Rock Solid

75 West 3rd Street Level Winona, MN 507-452-2125 All Concerts-8pm-No Cover April 3rd Stentorian

www.stentorianmusic.com Windsor Airlift

www.windsorairlift.4t.com

April 10th

The Roosevelt's www.theroosevelts.net

Runaway 36 www.runawavthirtvsix.com

April 17th

Words of Grace WWW.Wordsofgrace net

Moxie Bliss www.moxiebliss.com

April 24th

Ellen Marvin-Unplugged www.ellenmarvin.com With Special Guests Mike Kramer & Nathan Ray

*Gingko Coffeehouse

721 N. Snelling Avenue St. Paul. MN 1-651-645-2647 www.gingkocoffee.com

Kathy@gingkocoffee.com Open Mic: Every 1st and 3rd Wednesday of the month. Sign up by 6:30pm Bluegrass Jam session: Every 4th

Wednesday

GINKGO COFFEEHOUSE

espresso e cappucino e teo e live music



*Soiourner's Café

1406 White Bear Lake Ave South St. Paul. MN 1-651-771-9614 Various Artists Call for schedule

*Dreamcoat Cafe

these "fav" bands Check out

at a venue

215 S Main Stillwater MN 651-430-0615 Various kinds of Acoustic Music Call for schedule

*Club 3 Degrees

113 North 5th Street Mols MN 1-612-781-8488 info@club3degrees.com www.club3degrees.com

April 1st

Kutless & Thousand Foot Krutch

April 2nd Music Tournament Round 3

April 3rd Karen Clark Sheard

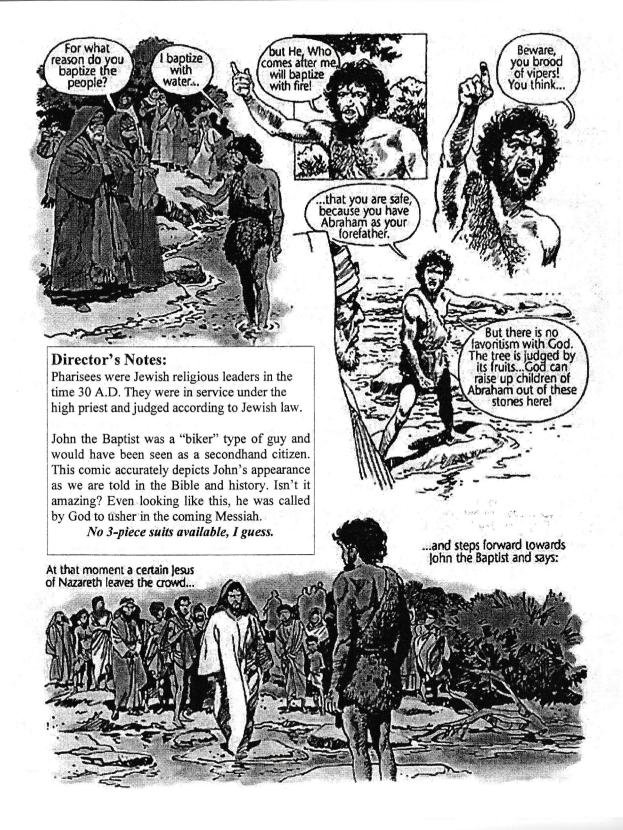


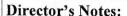
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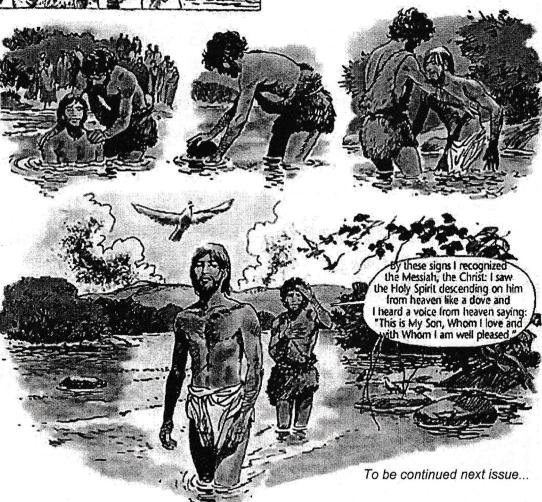




What stuck out about John the Baptist was his character. He wasn't a lying, cheating, scum-bag but was humble before God and spoke with authority concerning the truth. He was real, man.









Beautiful Scapdalous Night

Go on up to the mountain of mercy To the crimson perpetual tide Kneel down on the shore Be thirsty no more Go under and be purified

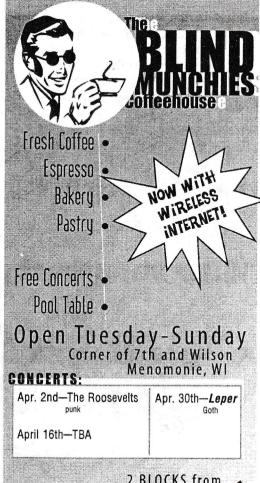
Follow Christ to the holy mountain Sinner, sorry and wrecked by the fall Cleanse your heart and your soul In the fountain that flows For you and for me and for all

At the wonderful tragic mysterious tree On that beautiful scandalous night you and me Were atoned by His blood and forever washed white On that beautiful scandalous night

On the hillside you will be delivered At the foot of the cross justified And your spirit restored By the river that pours From our blessed Savior's side



Words by Steve Hindalong, Music by Derri Daugherty Thechoir.net and adaxy21music.com



2 BLOCKS from The UW-STOUT Campus

The Blind Munchies Scoop:

"The Munchies" is a groovy retro coffeehouse decked out in antiques and old couches. It is a comfortable place to come and chill out with the books, play a quick game of pool, or just listen to the cool music playing in the background. Our coffee and food items are priced as suggested donation. The coffee is the best gourmet coffee you will find in town. With flavors such as "Heart of Darkness", "Jet Fuel", "French Roast", and "Velvet Hammer", it's sure to get you going in the morning or keep you up for that late night cramming session. We also serve a full line of espresso and specialty drinks like mochas, lattés, and Italian sodas. More good news: we serve fresh bakery daily. On Sundays and Wednesdays we serve hot food like pizza, chili, soup, or sandwiches. While Stout is in session. there is also live music twice a month. The music is eclectic: everything from acoustic to punk and there's no cover ever! We are generally open from 9:00 a.m.-10:00 p.m. Tuesday through Friday and are located at 621 Wilson Avenue in Menomonie, one block east of Burger King. Need a place to chill? Come on down. More info?

Hotline: 715-235-9300

To the nomadic tribes everywhere, the very ones the world looks down upon:

atheists, bunks. . skins. artists. musicians poets misfits, unwanted the suicidal even the mental. God has a plan for you: it's a very personal plan, one between you and Him. The very worldly system you despise and hate, with all its bigotry, violence. and greed, its corruption. lies and hypocrisy: that is the same system you have allowed to form your opinion about God, THE WORLD'S PROPAGANDA about God's son, Jesus, 1S FALSE. It's God who loves you, it's God who sent his only Son to die for all your sins, and if you believe that very fact, it will be God who will receive you into



Heaven. THE WORLD'S PROPAGANDA IS FALSE

Yes! There is heaven: there is life after death Don't die without Christ as your Savior, Don't allow this worldly system to continue formina your opinion about God. If you really want to know the truth, ask God. Simply say this. "God if You are real reveal Yourself to me, show me who You are."

Jesus was the nicest person ever to step foot on this planet! The only people He ever raised his voice against were the self righteous, religious hypocrites. He did it for you, so that you would know truth, and that very truth would set you free.

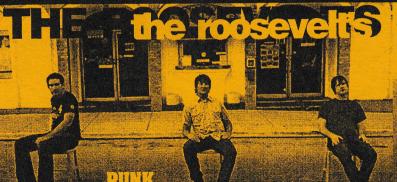
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www.theroosevelts.net

gothic

http://fundsites.com/leper/index2.htm

APRIL 30th, 2004 NO COVER CHARGE! 7:00PM

www.streetlevel.uwstout.edu Click on "Concerts"